



The Brazilian Journal of INFECTIOUS DISEASES

www.elsevier.com/locate/bjid



Original article

New laboratory perspectives for evaluation of vivax malaria infected patients: a useful tool for infection monitoring[☆]



Eduardo Rodrigues Alves-Junior ^{id} ^{a,b,*}, Luciano Teixeira Gomes ^{a,d},
Thaís Caroline Dallabona Dombroski ^b, Andréia Ferreira Nery ^{a,d,e},
Samuel Vandresen-Filho ^a, Luciano Nakazato ^c, Cor Jesus Fernandes Fontes ^{a,d,e},
Fabrício Rios-Santos ^a

^a Universidade Federal de Mato Grosso, Faculdade de Medicina, Cuiabá, MT, Brazil

^b Centro Universitário de Várzea Grande, Departamento de Ciências da Saúde, Varzea Grande, MT, Brazil

^c Universidade Federal de Mato Grosso, Hospital Veterinário e Laboratório de Microbiologia e Biologia Molecular Veterinária, Cuiabá, MT, Brazil

^d Hospital Universitário Julio Muller, Cuiabá, MT, Brazil

^e Faculdade de Ciências Biomédicas, Cacoal, RO, Brazil

ARTICLE INFO

Article history:

Received 28 December 2019

Accepted 1 April 2020

Available online 23 April 2020

Keywords:

Plasmodium vivax

Laboratory biomarkers

Acute phase

Prognosis

Clinical status

ABSTRACT

In recent years, the number of cases with severe *Plasmodium vivax* malaria has shown an increasing trend. It is, therefore, important to identify routine laboratory markers that best characterize the acute disease phase and can serve as a tool for clinical follow-up of patients. In a cohort study, we followed 87 patients with acute *P. vivax* mono-infection acquired in an endemic region of the Brazilian Amazon. Forty-two different biochemical and hematological parameters frequently tested in clinical routine were evaluated at the acute phase and the convalescent phase. A total of 42 laboratory tests were performed: biochemical parameters measured were serum lipids levels, aminotransferases, bilirubin, amylase, glucose, urea, creatinine, albumin, globulin, uric acid, C-reactive protein, and alpha-1-acid glycoprotein. Hematological parameters included total and differential white blood cell and platelet counts, hemoglobin concentration, mean platelet volume, platelet width distribution, and plateletcrit. Our results show that several biochemical and hematological parameters were associated with acute phase *P. vivax* malaria and these parameters reverted to normal values in the convalescent phase. The use of these parameters during diagnosis and follow-up of the infection is a useful clinical tool to evaluate the clinical course and therapeutic response of patients with uncomplicated vivax malaria.

© 2020 Sociedade Brasileira de Infectologia. Published by Elsevier España, S.L.U. This is an open access article under the CC BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>).

[☆] This work was performed at: Universidade Federal de Mato Grosso, Faculdade de Medicina, Cuiabá, Mato Grosso, Brazil.

* Corresponding author.

E-mail address: eduardo.rodrigues@univag.edu.br (E.R. Alves-Junior).

<https://doi.org/10.1016/j.bjid.2020.04.001>

1413-8670/© 2020 Sociedade Brasileira de Infectologia. Published by Elsevier España, S.L.U. This is an open access article under the CC BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>).

Introduction

Worldwide, malaria is one of the major parasitic diseases. It affected 219 million people in 2017 and was the cause of 435,000 deaths, making it a major public health problem.¹ Currently, 40% of the world's population is exposed to malaria, with 2.9 billion individuals, especially those living in tropical and subtropical regions, likely to acquire *Plasmodium vivax* malaria. In Brazil, the transmission of malaria is mainly concentrated in the Amazon region (99.9% of all reported Brazilian malaria cases are from this region), with *P. vivax* accounting for 90% of these cases.²

P. vivax infection has been considered to be an uncomplicated disease for many years. However, recently, numerous cases of severe disease course and deaths have been reported, with complications in several organs as were not observed previously. Studies have shown that the risk of malaria complications varies substantially across the world, and there is a regional disease profile.^{1–7}

In view of the new clinical picture of *P. vivax* malaria, some new laboratory parameters, which were not previously evaluated in the medical routine, are being evaluated as biomarkers for disease assessment.^{8–12} To contribute to the assessment of patient with the infection, it was necessary to investigate new laboratory parameters associated with the acute phase of vivax malaria. Significant changes in these markers from acute to convalescent clinical phases might be useful in monitoring the clinical evolution and the initial patient response to malaria treatment.^{13–15} This study reports some new laboratory markers associated with the acute phase of *P. vivax* malaria and we, hereby, suggest that they are useful tools in the management of patients with vivax malaria infection.

Material and methods

This was a descriptive historical cohort in which 189 patients from the Brazilian Amazon Region diagnosed with *P. vivax* mono-infection by microscopic¹⁶ and molecular¹⁷ methods who attended the Reference Center for Diagnosis and Treatment of Malaria in the state of Mato-Grosso, Brazil from 2010 to 2016. Of these, a total of 87 (46%) patients had clinical and laboratory results from both acute and convalescent phases in the database and were included in the study. Information from the convalescent phase was collected at the time the patients returned to check for cure between 7 (25th percentile) and 12 days (75th percentile) after diagnosis and treatment initiation.

Patients with comorbidities, diagnosed with mixed malaria, used antibiotics in the last seven days prior to care, or already on treatment at the time of care were not included in the study.

Forty-two different laboratory parameters (Table A1) were analyzed in both clinical phases; these included lipid profile, liver function, renal function, coagulation factors, total protein and fractions, hematological parameters, including hemoglobin concentration, total and differential white blood cell counts, platelet count, and related parameters, conventional acute inflammatory markers, and concentrations of uric

acid, amylase, and glucose. Determination of alterations in these parameters was based on the reference intervals established for each test (Table A1).^{18–22} All the hematological and biochemical exams were performed using automated equipment, following the standards of laboratory quality control (Pentra 80 Hematology Counter Horiba Medical, Montpellier, France; and CT 600i Automated Analyzer Wiener Laboratories, Rosario, Argentina).

In this cohort study, the above mentioned hematological and biochemical parameters were compared during acute and convalescent phases of disease. Therefore, a control group was not considered necessary.

require a, since the patient's outcome in the acute phase is being compared with himself in the convalescent phase using the normal range limit as a cutoff point.

The present study was not intended to gather information regarding severe vivax malaria, but to describe what was found in the population studied. This laboratory information represents the profile of these Brazilian Amazon patients treated at a reference center during the period described.

Statistical analysis

The statistical analyses were performed using Stata Analysis and Statistical Package version 12 (StataCorp LC, Texas, USA) software. Descriptive analysis of all variables was performed as the quartile distribution. To investigate the changes in the values of the laboratory parameters between acute and the convalescent phases, the data (all non-parametric, because of non-normality in the Shapiro–Wilk test) were compared with the Wilcoxon matched pair signed-rank test. The Wilcoxon test is more appropriate when it comes to comparative results, as is our case with results at two moments, one in the acute phase and one in the convalescence phase.

The cutoff point of each parameter for change identification was established within the normal range limits.^{18–22} The proportion of patients with values above or below the selected cut-off point was compared between the groups of acute and convalescent phases of vivax malaria. This analysis was performed in a 2 × 2 table and the results of chi-square test and the 95% confidence interval of the odds ratio were compared between the groups. For all statistical analyses, the level of significance was 5% (α error = 0.05).

The sample number of the present study represents the population at a confidence level of 95% with a sampling error of 8%.

Ethical considerations

Ethical and methodological aspects of this study were approved by the Ethical Committee of the Julio Muller School Hospital in Cuiabá, Mato Grosso, Brazil (protocol # 1.001.158/2015), according to the National Brazilian Health Council (Resolutions 196/96 and 466/12). All participants were informed about the objectives and procedures of the study, and participated voluntarily by giving written informed consent.

Table 1 – Characteristics of 87 patients with acute *Plasmodium vivax* malaria.

Features		(%)
Sex	Male	82
	Female	18
Age (years)	0–5	3
	6–11	1
	12–17	2
	18–39	44
	≥40	50
Place	Pará	54
	Rondônia	31
	Mato Grosso	12
	Amazonas	3
Profession	Mine prospector	22
	Truck driver	17
	Other (46 professions)	61
Number of previous malaria episodes	0	23
	1–2	34
	3–4	12
	≥5	31
Parasite density (/μL)	<5000	57
	5000–10,000	18
	10,000–50,000	23
	>50,000	2

Results and discussion

Participants

The patients included in the study were mostly male (82%), with a mean (\pm SD) age of 40 (\pm 15) years. The majority were occupationally involved in risky activities for malaria transmission, such as mining and truck driving. All cases were from the Brazilian Amazon, a region endemic for malaria, and 23% were prime-infected; the other cases reported at least one previous malaria episode at the time of diagnosis. The median parasite density was 4000/mm³, ranging from 1500/mm³ (percentile 25) to 10,000/mm³ (percentile 75) (Table 1).

Most patients had fever, chills, myalgia, headache, epigastric pain and vomiting, the classic symptoms of malaria. According to WHO¹³ criteria there were no cases of severely ill patients. Jaundice and enlarged spleen and liver, classic clinical signs of malaria, were present in some cases.²³

Laboratory parameters

Out of the 42 laboratory parameters analyzed, 22 were varied significantly from acute phase to convalescent phase. Odds ratio above 1.0 meant a greater the probability of an abnormal result in the acute phase, whereas odds ratio below 1.0 meant a greater the probability of an abnormal result in the convalescent phase. The 10 laboratory parameters that were altered in the acute phase and returned to normal in the convalescent phase were C-reactive protein (CRP), plateletcrit (PCT), lymphocyte count, platelet count, total (TB), direct (DB) and indirect bilirubin (IB), neutrophil-to-lymphocyte

ratio (NLR), α -1-acid glycoprotein (AGP), and eosinophil count (Tables 2 and 3, and Fig. 1).

As described for other inflammatory diseases,²⁴ CRP was also increased in acute malaria and this increase was confirmed to be associated with the *P. vivax* acute phase in the present study. The median CRP in the acute phase dropped from 91 to 6.6 mg/dL in the convalescent phase ($p < 0.001$). The proportion of patients with increased CRP levels in the acute phase was 50-fold higher (95%CI: 20.8–136.7; $p < 0.001$) than in the convalescent phase (Table 3 and Table A3). Similarly, α -1-acid glycoprotein (AGP) and erythrocyte sedimentation rate (ESR) were significant higher in the acute phase compared to results in the convalescent phase. These findings suggest that CRP, AGP, and ESR could be used to establish the “baseline” in *P. vivax* malaria that could be subsequently used to monitor the therapeutic response of patients.²⁵ In the present study lactate dehydrogenase (LDH) presented a later clearance and remained altered in the convalescent phase, and creatine phosphokinase (CPK) did not change in any of the phases (Table A3).

The probability of a low platelet count in the acute phase was 25-fold higher (95%CI: 13.3–50.2; $p < 0.001$) than in the convalescent phase. The probability of patients with low PCT in the acute phase was 39-fold (95%CI: 16.5–98.2; $p < 0.001$) higher. In addition, a platelet distribution width (PDW) above normal was 2.4-fold (95%CI: 1.2–4.8; $p = 0.006$) more likely in the acute phase (Table 2 and Table A2). Compared with the PDW, the mean platelet volume (MPV) was significantly higher in the acute phase ($p < 0.001$). All these platelet parameters are indicative of early production of larger and more efficient platelets. In fact, one study showed that platelets with larger volumes are functionally more active.²⁶ Both PCT and platelet count can also help in the clinical evaluation of patients with acute vivax malaria.

Mechanisms have been proposed to explain thrombocytopenia during malaria episodes, including platelet destruction by immune mechanisms; low medullary platelet production; low thrombopoietin synthesis; platelet sequestration in the spleen; and systemic sequestration. These changes are transient and patients usually recover completely after malaria treatment. In addition, thrombocytopenia is associated with a higher risk for hemorrhage.^{27–29}

The WBC count in malaria could be normal but several studies have shown that malaria patients have leukopenia associated with relative increase of neutrophil count in peripheral blood.^{30,31} The probability of low lymphocyte and eosinophil counts were 28-fold (95%CI: 8.8–141.6; $p < 0.001$) and 7-fold (95%CI: 2.9–21.5; $p < 0.001$) higher in the acute phase. On the other hand, the probability of an increased NLR was 16-fold (95%CI: 16.6 (7.5–41.1); $p < 0.001$) in the acute phase. In our study, the median of the NLR changed from 2.5 in the acute phase to 1.4 in the convalescent phase (Table 2 and Table A2).

Because of a decrease in the number of lymphocytes and increase in neutrophil count in *P. vivax* malaria, the NLR index is considered to be a novel inflammatory biomarker in malaria, indicating poor prognosis; greater the difference between these parameters, more severe is the disease.³² However, in our study, the evaluation of lymphocyte number alone was better as an acute phase marker than the NLR index.

Table 2 – Comparison of the proportions and percentile distribution of hematological parameters in 87 patients in acute phase of *Plasmodium vivax* malaria.

Parameter (in the acute phase)	Cut-off	Change in cut-off point OR (95%CI)	p ^a	Percentile distribution			p ^b
				p25	p50	p75	
ESR (mm/h)	>15	1.9 (1.2–3.2)	0.006	13	22	38	<0.001
Platelet count (/μL)	<150,000	25.5 (13.3–50.2)	<0.001	75,000	108,000	166,000	<0.001
PDW (%)	>15.7	2.4 (1.2–4.8)	0.006	16.5	20.3	21.8	<0.001
PCT (%)	<0.14	39.5 (16.5–98.2)	<0.001	0.07	0.10	0.12	<0.001
Leukocytes (cell/μL)	<4000	3.9 (1.5–11.9)	0.002	4410	5210	6500	<0.001
Lymphocyte (cell/μL)	<1000	28.0 (8.8–141.6)	<0.001	862	1545	2161	<0.001
NLR	>2.6	16.6 (7.5–41.1)	<0.001	1.1	2.0	4.3	<0.001
Monocyte (cell/μL)	>800	3.7 (1.5–10.3)	0.001	307	469	663	0.006
Eosinophil (cell/μL)	<40	7.3 (2.9–21.5)	<0.001	43	74	113	<0.001
Reticulocyte (%)	>1.5	0.4 (0.2–0.6)	<0.001	0.6	1	1.7	<0.001

^a Comparison of the changes in cut-off points between acute and convalescent phases, as determined by odds ratio (CI95%) and chi-square test.

^b Comparison of the values of parameters between acute and convalescent phases, as determined by Wilcoxon matched pair signed-rank test
Abbreviations: ESR, erythrocyte sedimentation; PDW, platelet distribution width; PCT, plateletcrit; NLR, neutrophil-to-lymphocyte ratio.

Table 3 – Comparison of the proportions and percentile distribution of biochemical parameters of blood in 87 patients in acute phase of *Plasmodium vivax* malaria.

Parameter (in the acute phase)	Cut-off	Change in cut-off point OR (95%CI)	p ^a	Value distribution			p ^b
				p25	p50	p75	
AGP (mg/dL)	>120	13.3 (7.0–25.7)	<0.001	118	134	174	<0.001
CRP (mg/dL)	>8.0	50.3 (20.8–136.7)	<0.001	39.5	91.2	113.4	<0.001
TB (mg/dL)	>1.0	15.0 (7.4–32.5)	<0.001	0.7	1.0	1.7	<0.001
IB (mg/dL)	>0.7	17.3 (7.9–42.9)	<0.001	0.5	0.7	1.1	<0.001
DB (mg/dL)	>0.3	10.4 (5.0–23.6)	<0.001	0.2	0.3	0.5	<0.001
Cholesterol (mg/dL)	≥200	0.2 (0.1–0.7)	0.002	101	132	153	<0.001
LDL (mg/dL)	≥100	0.2 (0.1–0.4)	<0.001	44	72	101	<0.001
Non HDL (mg/dL)	≥130	0.2 (0.1–0.4)	<0.001	84	106	131	<0.001
Albumin (g/dL)	<3.5	0.3 (0.1–0.7)	0.003	3.7	4.0	4.2	<0.001
Sodium (mEq/L)	<136	1.9 (1.0–3.8)	0.047	135	138	141	0.010
Potassium (mEq/L)	<3.5	4.1 (1.1–22.3)	0.020	3.8	4.0	4.2	<0.001
Amylase (U/L)	>125	0.2 (0.1–1.0)	0.027	38	51	67	<0.001

^a Comparison of the changes in the cut-off points between acute and convalescent phases, as determined by odds ratio (CI95%) and chi-square test.

^b Comparison of the values of parameters between acute and convalescent phases, as determined by Wilcoxon matched pair signed-rank test.
Abbreviations: AGP, α-1-acid glycoprotein; CRP, C-reactive protein; TB, total bilirubin; IB, indirect bilirubin; DB, direct bilirubin; LDL, low density lipoprotein cholesterol; non-HDL, non high density lipoprotein cholesterol.

Our data is in line with a study conducted in Colombia in 2015 wherein *P. vivax* malaria patients with clinical complications had decreased leukocyte, lymphocyte, and eosinophil counts, and showed an increase in monocyte and neutrophil counts.³³

In our study the basophil count showed a significant decrease in the acute phase. So far, this had not been reported in malaria; in the literature, this reduction has been described in association with depression,³⁴ urticaria,³⁵ bladder cancer,³⁶ hyperthyroidism, and allergy.³⁷

Reticulocyte count was in the normal range in the acute phase and increased in the convalescent phase; this shows a late response of this marker, which is not good for an acute phase marker. Hemoglobin and hematocrit are also considered by WHO as criteria for the severity of malaria.^{13,29} Although hemoglobin and hematocrit values in the acute phase were decreased, they were not significantly different from those in the convalescence phase, which could be

explained by the delay in the erythropoiesis response after erythrocyte disruption (Table A2).

During infection, there is an obvious loss of infected red blood cells due to parasite maturation, but many uninfected red blood cells are also destroyed due to antibody sensitization, membrane alterations, increased reticuloendothelial activity in the spleen and suppression of erythropoiesis, contributing to the reduction in red blood cells.^{38,39}

Regarding biochemical serum parameters, other markers were higher in the acute phase of *P. vivax* malaria such as IB (OR: 17.3, 95%CI: 7.9–42.9; $p < 0.001$), DB (OR: 10.4, 95%CI: 5.0–23.6; $p < 0.001$), sodium (OR: 1.9, 95%CI: 1.0–3.8; $p = 0.047$), and potassium (OR: 4.1, 95%CI: 1.1–22.3; $p = 0.020$). On the other hand, serum total cholesterol (OR: 0.2, 95%CI: 0.1–0.7; $p = 0.002$), LDL (OR: 0.2, 95%CI: 0.1–0.4; $p < 0.001$), non-HDL (OR: 0.2, 95%CI: 0.1–0.4; $p < 0.001$), albumin (OR: 0.3, 95%CI: 0.1–0.7; $p = 0.003$), and amylase (OR: 0.2, 95%CI: 0.1–1.0; $p = 0.027$) were reduced in the acute phase (Table 3 and Table A3). Total

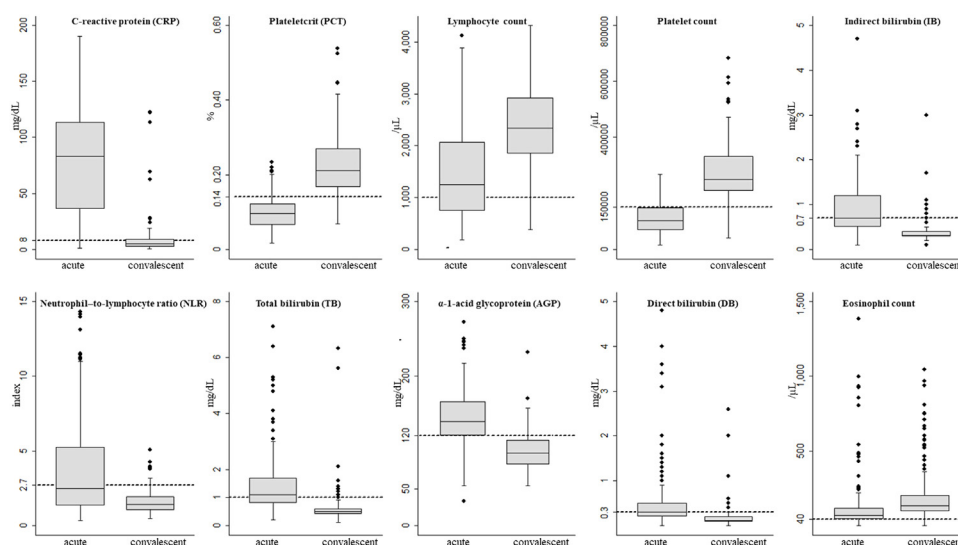


Fig. 1 – Distribution of the values of 10 laboratory parameters that showed greater changes in the cut-off points (dashed line) between the acute and convalescent phases of vivax malaria.

bilirubinemia is one of the markers for severity of *P. vivax*,¹³ but indirect hyperbilirubinemia, the fraction produced due to hemolysis, was better correlated with the *P. vivax* acute phase in the studied patients, compared to DB and TB.

The differences found in lipid profile are in line with other reports.⁴⁰⁻⁴² Total cholesterol and its fractions, LDL, non-HDL, and HDL, decreased in the acute phase, whereas triglyceride values were increased (Table A3). It has been suggested that lipid changes are part of an acute phase reaction, which can be attributed, in part, to plasma leakage induced by increased capillary permeability and hemozoin formation.^{43,44} Another possibility is that cell division of parasites during blood schizogony, to form new merozoites, is highly dependent on the intra-erythrocytic cholesterol. Thus, to ensure their development, malaria parasites must extract lipids from their hosts.⁴⁵

In the present study, the patients had lower albumin levels ($p < 0.001$) in the acute phase, but had normal globulin levels (Table 3). Probably, this hypoalbuminemia is caused by hepatic impairment in malaria, as albumin is synthesized in the liver. Similarly, the prothrombin time (PT) was higher in the acute phase and prothrombin was also synthesized in the liver ($p = 0.001$).^{13,46} Other liver parameters showed no changes in the present study.

There was no difference in creatinine ($p = 0.541$), urea ($p = 0.062$), and blood glucose ($p = 0.080$) levels between acute and convalescent phases. In fact, only one patient showed glycemia below 60 mg/dL; this is not frequent among patients with *P. vivax* malaria from the Amazon region. In our research, levels of convalescent phase amylase were higher than in the acute phase, demonstrating late increase of this enzyme or decrease in the acute phase, which has not been reported so far. The mechanisms leading to amylase change in malaria have not yet been elucidated.⁴⁷ Sodium and potassium levels were significantly more reduced in the acute phase compared to that in the convalescent phase. Decreased levels of sodium and potassium have been reported in other studies on severe *P. vivax* malaria^{48,49} (Table A3).

The results of the present study clearly showed that several hematological and biochemical parameters are altered in the acute phase of vivax malaria, but they revert to normal values in the convalescence phase.

Conclusion

The 10 most relevant parameters for evaluating patients in the acute phase of *P. vivax* malaria were C-reactive protein, indirect bilirubin, neutrophil-to-lymphocyte ratio, total bilirubin, α -1-acid glycoprotein, and direct bilirubin, which increased expressively in the acute phase. In contrast, plateletcrit, lymphocyte, platelet and eosinophil counts were significantly reduced in the acute phase. All these parameters reverted to normal values during the convalescence period. Considering that these blood parameters are widely used in medical routine, these findings suggest that these parameters could help physicians in the first clinical evaluation and during therapeutic follow-up of uncomplicated vivax malaria infected patients.

Funding sources

The present research was funded by governmental sources: Fundação de Amparo a Pesquisa de Mato Grosso (FAPEMAT) and the Conselho Nacional de Desenvolvimento Científico e Tecnológico (CNPq).

Conflicts of interest

The authors declare no conflict of interest.

Acknowledgments

We thank colleagues from the Univag University Center, Federal University of Mato Grosso and Julio Muller School Hospital, who collaborated in various phases of this study.

Appendices.

Table A1 – Reference values used as cut-off points, considering a population that best represents the study sample.

Parameters	Reference value	Cut-off	Ref.
<i>Inflammatory markers</i>			
α-1-acid glycoprotein – AGP (mg/dL)	60–120	>120	22
C-reactive protein – CRP (mg/dL)	<8.0	>8.0	18
Creatine phosphokinase – CPK (mg/dL)	55–170	>170	18
Erythrocyte sedimentation – ESR (mm/h)	0–15	>15	18
Lactate dehydrogenase – LDH (U/L)	80–225	>225	18
<i>Platelet parameters</i>			
Platelet count (n/μL)	150,000–450,000	<150,000	18
Mean platelet volume – MPV (fl)	8.4–11.4	>11.4	20
Platelet distribution width – PDW (%)	8.7–15.7	>15.7	20
Plateletcrit – PCT (%)	0.14–0.24	<0.14	20
<i>Total leukocytes and fractions</i>			
Leukocytes (cell/μL)	4000–11,000	<4000	21
Neutrophil (cell/μL)	2000–7500	>7500	21
Lymphocyte (cell/μL)	1000–4000	<1000	21
Neutrophil-to-lymphocyte ratio – NLR	–	2.6	a
Monocyte (cell/μL)	200–800	>800	21
Eosinophil (cell/μL)	40–400	<40	21
Basophile (cell/μL)	0–100	>100	21
<i>Hematometric parameters</i>			
Reticulocyte (%)	0.5–1.5	>1.5	18
Hemoglobin (g/dL)	14–18	<14	18
Hematocrit (%)	42–50	<42	18
Total bilirubin – TB (mg/dL)	0.3–1.0	>1.0	18
Indirect bilirubin – IB (mg/dL)	0.2–0.7	>0.7	18
Direct bilirubin – DB (mg/dL)	0.1–0.3	>0.3	18
<i>Lipidogram</i>			
Cholesterol (mg/dL)	<200	≥ 200	18
Triglyceride (mg/dL)	<150	≥ 150	18
High density lipoprotein cholesterol – HDL (mg/dL)	<40	≥ 40	18
Low density lipoprotein cholesterol – LDL (mg/dL)	<100	≥ 100	18
Non-high density lipoprotein cholesterol – non-HDL (mg/dL)	<130	≥ 130	19
<i>Liver function</i>			
Proteins (g/dL)	5.5–9.0	<5.5	18
Albumin (g/dL)	3.5–5.5	<3.5	18
Globulin (g/dL)	2.0–3.5	>3.5	18
Prothrombin time – PT (seconds)	11–13	>13	18
Activated partial thromboplastin time – APTT (seconds)	25–35	>35	18
Aspartate aminotransferase – AST (U/L)	10–40	>40	18
Alanine aminotransferase – ALT (U/L)	10–40	>40	18
Alkaline phosphatase – ALP (U/L)	30–120	>120	18
<i>Renal function</i>			
Urea (mg/dL)	8–20	>40	18
Creatinine (mg/dL)	0.7–1.3	>1.3	18
Sodium (mEq/L)	136–145	<136	18
Potassium (mEq/L)	3.5–5.0	<3.5	18

Table A1 (Continued)

Parameters	Reference value	Cut-off	Ref.
<i>Other parameters: uric acid, amylase, glucose</i>			
Uric acid (mg/dL)	3.0-7.0	<3.0	18
Amylase (mg/dL)	25-125	>125	18
Glucose (mg/dL)	70-99	<70	18

^a There is no reference value for the neutrophil-to-lymphocyte ratio, the 70th percentile was used as cutoff.
Ref: References

Table A2 – Comparison of the changes in cut-off points and the percentile distribution of hematological parameters of 87 patients in acute and convalescent phases of *Plasmodium vivax* malaria.

Parameters	Clinical Phase	Cut-off	Change in Cut-off point OR (95%CI)	<i>p</i> ^a	Percentile distribution			<i>p</i> ^b
					p25	p50	p75	
ESR (mm/h)	Acute	>15	1.9 (1.2-3.2)	0.006	13	22	38	<0.001
	Convalescent				09	19	34	
Platelet count (/μL)	Acute	<150.000	25.5 (13.3-50.2)	<0.001	75,000	108,000	166,000	<0.001
	Convalescent				225,000	258,000	344,000	
MPV (fl)	Acute	>11.4	1.6 (0.4-7.7)	0.507	8.4	9.5	10.4	<0.001
	Convalescent				7.4	8.3	9.3	
PDW (%)	Acute	>15.7	2.4 (1.2-4.8)	0.006	16.5	20.3	21.8	<0.001
	Convalescent				14.0	17.3	19.2	
PCT (%)	Acute	<0.14	39.5 (16.5-98.2)	<0.001	0.07	0.10	0.12	<0.001
	Convalescent				0.18	0.22	0.27	
Leukocytes (cell/μL)	Acute	<4000	3.9 (1.5-11.9)	<0.002	4410	5210	6500	<0.001
	Convalescent				5700	6560	7700	
Neutrophil (cell/μL)	Acute	>7500	0.8 (0.1-4.3)	0.732	2317	3100	3998	0.182
	Convalescent				2805	3276	4037	
Lymphocyte (cell/μL)	Acute	<1000	28.0 (8.8-141.6)	<0.001	862	1545	2161	<0.001
	Convalescent				2006	2443	2917	
NLR	Acute	>2.6	16.6 (7.5-41.1)	<0.001	1.1	2.0	4.3	<0.001
	Convalescent				1.05	1.4	1.9	
Monocyte (cell/μL)	Acute	>800	3.7 (1.5-10.3)	0.001	307	469	663	0.006
	Convalescent				260	411	610	
Eosinophil (cell/μL)	Acute	<40	7.3 (2.9-21.5)	<0.001	43	74	113	<0.001
	Convalescent				102	154	246	
Basophile (cell/μL)	Acute	>100	0.6 (0.3-1.6)	0.293	1	45	62	<0.006
	Convalescent				41	61	77	
Reticulocyte (%)	Acute	>1.5	0.4 (0.2-0.6)	<0.001	0.6	1	1.7	<0.001
	Convalescent				1.0	2.0	3.1	
Hemoglobin (g/dL)	Acute	<14.0	0.9 (0.5-1.4)	0.555	12.0	13.1	14.3	0.124
	Convalescent				11.8	13	14.2	
Hematocrit (%)	Acute	<42	0.7 (0.4-1.2)	0.222	35.9	38.5	41.8	0.221
	Convalescent				35.3	38.5	41.3	
PT (sec)	Acute	>13.0	1.8 (0.7-4.3)	0.157	13.6	14.3	15.2	0.011
	Convalescent				13.1	13.6	14.5	
APTT (s)	Acute	>35.0	1.2 (0.5-3.1)	0.651	35.0	37.5	39.5	0.517
	Convalescent				34.2	35.7	39.2	

^a Comparison of the changes in cut-off points between acute and convalescent phases, as determined by odds ratio (CI95%) and chi-square test.

^b Comparison of the values of parameters between acute and convalescent phases, as determined by Wilcoxon matched pair signed-rank test
ESR, erythrocyte sedimentation; MPV, mean platelet volume; PDW, platelet distribution width; PCT, plateletcrit; NLR, neutrophil-to-lymphocyte ratio; PT, prothrombin time; APTT, activated partial thromboplastin time.

Table A3 – Comparison of the changes in cut-off points and the percentile distribution of blood biochemical parameters of 87 patients in acute and convalescent phases of *Plasmodium vivax* malaria.

Parameters	Clinical phase	Cut-off	Change in cut-off point OR (95%CI)	p ^a	Percentile distribution			p ^b
					p25	p50	p75	
AGP (mg/dL)	Acute	>120	13.3 (7.0–25.7)	<0.001	118	134	174	<0.001
	Convalescent				91	102	117	
CRP (mg/dL)	Acute	>8.0	50 (21–137)	<0.001	39.5	91.2	113.4	<0.001
	Convalescent				3.8	6.6	10.0	
CPK (U/L)	Acute	>170	0.6 (0.3–1.3)	0.180	42	69	103	0.335
	Convalescent				46	73	111	
LDH (U/L)	Acute	>225	0.8 (0.1–7.4)	0.848	359	432	582	<0.001
	Convalescent				329	384	465	
TB (mg/dL)	Acute	>1.0	15.0 (7.4–32.5)	<0.001	0.7	1.0	1.7	<0.001
	Convalescent				0.4	0.5	0.7	
IB (mg/dL)	Acute	>0.7	17.3 (7.9–42.9)	<0.001	0.5	0.7	1.1	<0.001
	Convalescent				0.3	0.4	0.5	
DB (mg/dL)	Acute	>0.3	10.4 (5.0–23.6)	<0.001	0.2	0.3	0.5	<0.001
	Convalescent				0.1	0.1	0.2	
Cholesterol (mg/dL)	Acute	≥200	0.2 (0.1–0.7)	0.002	101	132	153	<0.001
	Convalescent				134	152	174	
Triglyceride (mg/dL)	Acute	≥150	1.4 (0.9–2.2)	0.141	99	167	258	0.052
	Convalescent				90	150	214	
HDL (mg/dL)	Acute	≥40	1.8 (0.7–5.0)	0.177	08	17	29	<0.001
	Convalescent				20	25	31	
LDL (mg/dL)	Acute	≥100	0.2 (0.1–0.4)	<0.001	44	72	101	<0.001
	Convalescent				76	95	117	
Non HDL (mg/dL)	Acute	≥130	0.2 (0.1–0.4)	<0.001	84	106	131	<0.001
	Convalescent				109	126	146	
Proteins (g/dL)	Acute	<5.5	c	0.065	6.5	6.7	7.1	<0.001
	Convalescent				6.8	7.2	7.5	
Albumin (g/dL)	Acute	<3.5	0.3 (0.1–0.7)	0.003	3.7	4.0	4.2	<0.001
	Convalescent				4.0	4.1	4.3	
Globulin (g/dL)	Acute	>3.5	1.0 (0.5–1.9)	0.960	2.5	2.8	3.1	<0.001
	Convalescent				2.8	3.0	3.4	
AST (U/L)	Acute	>40.0	1.6 (0.8–3.1)	0.168	18	25	34	0.034
	Convalescent				18	22	31	
ALT (U/L)	Acute	>40.0	1.0 (0.6–1.6)	0.870	19	30	45	0.136
	Convalescent				18	34	58	
ALP (U/L)	Acute	>120	1.1 (0.6–2.0)	0.778	118	160	205	0.052
	Convalescent				122	149	177	
Urea (mg/dL)	Acute	>40	1.8 (0.9–3.6)	0.062	26	31	36	<0.015
	Convalescent				23	28	35	
Creatinine (mg/dL)	Acute	>1.3	1.4 (0.4–4.7)	0.541	0.8	0.9	1.1	0.217
	Convalescent				0.8	0.9	1.0	
Sodium (mEq/L)	Acute	<136	1.9 (1.0–3.8)	0.047	135	138	141	0.010
	Convalescent				136	139	141	
Potassium (mEq/L)	Acute	<3.5	4.1 (1.1–22.3)	0.020	3.8	4.0	4.2	<0.001
	Convalescent				4.0	4.3	4.6	
Uric acid (mg/dL)	Acute	<3.0	1.7 (0.6–5.5)	0.321	3.7	4.6	5.4	<0.001
	Convalescent				4.3	5.2	6.2	
Amylase (U/L)	Acute	>125	0.2 (0.1–1.0)	0.027	38	51	67	<0.001
	Convalescent				61	74	98	
Glucose (mg/dL)	Acute	<70	0.3 (0.1–1.4)	0.080	88	91	174	0.263
	Convalescent				84	90	174	

^a Comparison of the changes in cut-off points between acute and convalescent phases, as determined by odds ratio (CI95%) and chi-square test.

^b Comparison of the values of parameters between acute and convalescent phases, as determined by Wilcoxon matched pair signed-rank test

^c 95% confidence interval not possible because cells with zero

AGP, α -1-acid glycoprotein; CRP, C-reactive protein; CPK, creatine phosphokinase; LDH, lactate dehydrogenase; TB, total bilirubin; IB, indirect bilirubin; DB, direct bilirubin; HDL, high density lipoprotein cholesterol; LDL, low density lipoprotein cholesterol; non-HDL, non-high density lipoprotein cholesterol; AST, aspartate aminotransferase; ALT, alanine aminotransferase; ALP, alkaline phosphatase.

REFERENCES

1. Rabinovich RN, Drakeley C, Djimde AA, Hall BF, Hay SI, Hemingway J, et al. malERA: an updated research agenda for diagnostics, drugs, vaccines, and vector control in malaria elimination and eradication. *PLOS Med.* 2017;14:e1002455.
2. World Health Organization. WHO | World malaria report 2018. Geneva: World Health Organization; 2018.
3. Chirebvu E, Chimbari MJ, Ngwenya BN, Sartorius B. Clinical malaria transmission trends and its association with climatic variables in Tubu Village, Botswana: a retrospective analysis. *PLoS One.* 2016;11:e0139843.
4. Andrade BB, Reis-Filho A, Souza-Neto SM, Clarêncio J, Camargo LMA, Barral A, et al. Severe *Plasmodium vivax* malaria exhibits marked inflammatory imbalance. *Malar J.* 2010;9:13.
5. Cruz LAB, Barral-Netto M, Andrade BB. Distinct inflammatory profile underlies pathological increases in creatinine levels associated with *Plasmodium vivax* malaria clinical severity. *PLoS Negl Trop Dis.* 2018;12:e0006306.
6. Kumar R, Saravu K. Severe vivax malaria: a prospective exploration at a tertiary healthcare centre in Southwestern India. *Pathog Glob Health.* 2017;111:148–60.
7. Im JH, Kwon HY, Baek J, Park SW, Durey A, Lee KH, et al. Severe *Plasmodium vivax* infection in Korea. *Malar J.* 2017;16:51.
8. Saravu K, Rishikesh K, Kamath A, Shastry AB. Severity in *Plasmodium vivax* malaria claiming global vigilance and exploration—a tertiary care centre-based cohort study. *Malar J.* 2014;13:304.
9. Chaparro-Narváez PE, Lopez-Perez M, Rengifo LM, Padilla J, Herrera S, Arévalo-Herrera M. Clinical and epidemiological aspects of complicated malaria in Colombia, 2007–2013. *Malar J.* 2016;15:269.
10. Pacheco MA, Lopez-Perez M, Vallejo AF, Herrera S, Arévalo-Herrera M, Escalante AA. Multiplicity of infection and disease severity in *Plasmodium vivax*. *PLoS Negl Trop Dis.* 2016;10:e0004355.
11. Naing C, Whittaker MA, Nyunt Wai V, Mak JW. Is *Plasmodium vivax* malaria a severe malaria? A systematic review and meta-analysis. *PLoS Negl Trop Dis.* 2014;8:e3071.
12. Barber BE, William T, Grigg MJ, Parameswaran U, Piera KA, Price RN, et al. Parasite biomass-related inflammation, endothelial activation, microvascular dysfunction and disease severity in vivax malaria. *PLoS Pathog.* 2015;11:e1004558.
13. World Health Organization. Guidelines for the treatment of malaria. 3rd ed. Geneva: WHO Guidelines; 2015.
14. Baird JK, Valecha N, Duparc S, White NJ, Price RN. Diagnosis and treatment of *Plasmodium vivax* malaria. *Am J Trop Med Hyg.* 2016;95:35–51.
15. CDC – Center for Disease Control and Prevention. Treatment of Malaria – Guidelines for Clinicians; 2019.
16. Alves-Junior ER, Gomes LT, Ribatski-Silva D, Mendes CRJ, Leal-Santos FA, Simões LR, et al. Assumed white blood cell count of 8,000 cells/ μ L overestimates malaria parasite density in the Brazilian Amazon. *PLoS One.* 2014;9:e94193.
17. Snounou G, Viriyakosol S, Zhu XP, Jarra W, Pinheiro L, do Rosario VE, et al. High sensitivity of detection of human malaria parasites by the use of nested polymerase chain reaction. *Mol Biochem Parasitol.* 1993;61:315–20.
18. American Board of Internal Medicine. Laboratory Tests Reference Ranges. ABIM. 2018:1–13. <https://www.abim.org/certification/exam-information/internal-medicine/reference-ranges.aspx>
19. Chowdhury S, Chowdhury JR, Goswami S. The importance of non high density lipoprotein cholesterol in dyslipidaemia management. *J Diabetes Metab.* 2015;6:623.
20. Abass A-E, Ismail I, Razzyahia, Ali E, Mohammed R, Mohammed S, et al. Reference value of platelets count and indices in Sudanese using Sysmex KX-21. *Int J Healthc Sci.* 2015;3:2348–5728120.
21. Wakeman L, Munro R, Russell C, Benton A, Hartnell S, Al-Ismail S. New reference ranges in haematology for healthy adults using the modern Sysmex XE-2100 Automated Analyser. *Blood.* 2005;106:391–6.
22. Filip Z, Jan K, Vendula S, Jana KZ, Kamil M, Kamil K. Albumin and α 1-acid glycoprotein: old acquaintances. *Expert Opin Drug Metab Toxicol.* 2013;9:943–54.
23. Autino B, Corbett Y, Castelli F, Taramelli D. Pathogenesis of malaria in tissues and blood. *Mediterr J Hematol Infect Dis.* 2012;4:e2012061.
24. Sproston NR, Ashworth JJ. Role of C-reactive protein at sites of inflammation and infection. *Front Immunol.* 2018;9:754.
25. Wang J-T, Sheng W-H, Fang C-T, Chen Y-C, Wang J-L, Yu C-J, et al. Clinical manifestations, laboratory findings, and treatment outcomes of SARS Patients. *Emerg Infect Dis.* 2004;10:7.
26. Becchi C, Al Malyan M, Fabbri LP, Marsili M, Boddi V, Boncinelli S. Mean platelet volume trend in sepsis: is it a useful parameter? *Minerva Anestesiol.* 2006;72:749–56.
27. Lacerda MV, Mourão MP, Alexandre MA, Siqueira AM, Magalhães BM, Martinez-Espinosa FE, et al. Understanding the clinical spectrum of complicated *Plasmodium vivax* malaria: a systematic review on the contributions of the Brazilian literature. *Malar J.* 2012;11:12.
28. Leal-Santos FA, Silva SB, Crepaldi NP, Nery AF, Martin TO, Alves-Junior ER, et al. Altered platelet indices as potential markers of severe and complicated malaria caused by *Plasmodium vivax*: a cross-sectional descriptive study. *Malar J.* 2013;12:6.
29. Kotepui M, Piwkhram D, PhunPhuech B, Phiwklam N, Chupeerach C, Duangmano S. Effects of malaria parasite density on blood cell parameters. *PLoS One.* 2015;10:e0121057.
30. Deshwal R. Clinical and laboratory profile of hospitalized malarial patients: an Agra-based study. *J Assoc Physicians India.* 2016;64:44–7.
31. Alves-Junior ER, Gomes LT, Ribatski-Silva D, Mendes CRJ, Leal-Santos Fa, Simões LR, et al. Assumed white blood cell count of 8,000 cells/ μ L overestimates malaria parasite density in the Brazilian Amazon. *PLoS One.* 2014;9:e94193.
32. Philipose CS, Umashankar T. The role of haematological parameters in predicting malaria with special emphasis on neutrophil lymphocyte count ratio and monocyte lymphocyte ratio: a single Institutional experience. *Trop Parasitol.* 2016;6:147–50.
33. Tobón-Castaño A, Mesa-Echeverry E, Miranda-Arboleda AF. Leukogram profile and clinical status in vivax and falciparum malaria patients from Colombia. *J Trop Med.* 2015;2015:1–11.
34. Baek JH, Kim H-J, Fava M, Mischoulon D, Papakostas GI, Nierenberg A, et al. Reduced venous blood basophil count and anxious depression in patients with major depressive disorder. *Psychiatry Investig.* 2016;13:321–6.
35. Kishimoto I, Kambe N, Ly NTM, Nguyen CTH, Okamoto H. Basophil count is a sensitive marker for clinical progression in a chronic spontaneous urticaria patient treated with omalizumab. *Allergol Int.* 2019;68:388–90.
36. Ferro M, Di Lorenzo G, Vartolomei MD, Bruzzese D, Cantiello F, Lucarelli G, et al. Absolute basophil count is associated with time to recurrence in patients with high-grade T1 bladder cancer receiving bacillus Calmette–Guérin after transurethral resection of the bladder tumor. *World J Urol.* 2019:1–8.
37. Shelley WB, Parnes HM. The absolute basophil count. *JAMA.* 1965;192:368.
38. Anand AC, Puri P. Jaundice in malaria. *J Gastroenterol Hepatol.* 2005;20:1322–32.

39. Pathak VA, Ghosh K. Erythropoiesis in malaria infections and factors modifying the erythropoietic response. *Anemia*. 2016;2016:1-8.
40. Jacob EA. Assessment of altered plasma lipid pattern in *Plasmodium falciparum* malaria infected and non infected individuals. *Int J Hematol Disord*. 2014;1: 27-30.
41. Baptista JL, Vervoort T, Van Der Stuyft P, Wéry M. Changes in plasma lipid levels as a function of *Plasmodium falciparum* infection in São Tomé. *Parasite*. 1996;3:335-40.
42. Mesquita TC, Martin TGO, Alves ER, Mello MBC, Nery AF, Gomes LT, et al. Changes in serum lipid profile in the acute and convalescent *Plasmodium vivax* malaria: a cohort study. *Acta Trop*. 2016;163:1-6.
43. Stubbe I, Gustafson A, Nilsson-Ehle P. Alterations in plasma proteins and lipoproteins in acute myocardial infarction: effects on activation of lipoprotein lipase. *Scand J Clin Lab Invest*. 1982;42:437-44.
44. Fitch CD, Cai GZ, Chen YF, Shoemaker JD. Involvement of lipids in ferriprotoporphyrin IX polymerization in malaria. *Biochim Biophys Acta*. 1999;1454:31-7.
45. White SW, Zheng J, Zhang Y-M, Rock CO. The structural biology of type II fatty acid biosynthesis. *Annu Rev Biochem*. 2005;74:791-831.
46. Derbyshire ER, Mota MM, Clardy J. The next opportunity in anti-malaria drug discovery: the liver stage. *PLoS Pathog*. 2011;7:e1002178.
47. Abhilash KP, Ahmed AI, Sathyendra S, Abraham O. Acute pancreatitis due to malaria: a case report of five patients and review of literature. *J Fam Med Prim Care*. 2016;5:691-4.
48. Prakash J, Singh AK, Kumar NS, Saxena RK. Acute renal failure in *Plasmodium vivax* malaria. *J Assoc Physicians India*. 2003;51:265-7.
49. van Wolfswinkel ME, Hesselink DA, Zietse R, Hoorn EJ, van Genderen PJ. Hyponatraemia in imported malaria is common and associated with disease severity. *Malar J*. 2010;9:140.