VIRULENCE AND CYTOTOXICITY OF SEAFOOD BORNE Aeromonas hydrophila

Seethalakshmi Illanchezian, SathishKumar Jayaraman*, Muthu Saravanan Manoharan, Saritha Valsalam

Life Teck Research Centre, Vadapalani, Chennai – 600026, India.

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ABSTRACT

The present study was conducted to determine the virulence and cytotoxicity of *Aeromonas hydrophila* strains isolated from seafood samples collected from 5 major fish markets in Chennai, Tamil Nadu, India. Among 73 *A. hydrophila* strains isolated from fish and shrimp samples, 86.3% exhibited haemolysis, 78.1% produced slime, 98.63% produced protease and also demonstrated cytotoxicity on Vero cells. Cell shrinkage, detachment and rounding of Vero cells were recorded as cytotoxic changes. Only one strain did not show haemolysis, slime production, proteolytic activity and cytotoxicity on treatment with Vero cells. Positive correlation was observed between proteolytic activity and cytotoxicity irrespective of haemolytic activity of the strains. These results demonstrated the presence of wide spread, pathogenically characterized, cytotoxic seafood borne *A. hydrophila* in Chennai.

Key words: Aeromonas hydrophila; seafood; virulence; cytotoxicity; Vero cells

INTRODUCTION

Fish and fishery products are of great importance worldwide due to their nutritional value, clear health benefits and wholesome properties (5). Though seafood are nutritive, they are highly prone to contamination. They act as a vehicle for pathogenic bacteria naturally occurring in the aquatic environment referred as indigenous or derived from post harvest contamination (7) may lead to cause human morbidities and mortalities worldwide.

Aeromonads are more commonly isolated from wide variety of sources including seafood (21) and associated with economic loss in fish culture world wide. These bacteria are opportunistic pathogens though they are part of the normal intestinal micro flora of the healthy fish (25).

Aeromonas hydrophila inhabit a wide variety of sources and has been implicated in a variety of infections in humans such as gastroenteritis, wound infections, septicemia and occasionally others including urinary tract infection, meningitis, and peritonitis. *A. hydrophila* is capable of expressing a number of virulence factors such as haemolysin, aerolysin, cytotoxin, enterotoxin, cytotonic enterotoxin, endotoxin lipopolysaccharide, outer membrane proteins and enzymes such as proteases, lipases, DNases, elastase and gelatinase (3, 12, 14). The increasing antibiotic resistance among them also causes health problems in human beings. These characteristics make it to be an emerging pathogen posing several threats to humans.

The prevalence and multiple antibiotic resistance of *A. hydrophila* in seafood samples of Chennai, Tamil Nadu, India have been reported (20). The present study was performed to determine the virulence and cytotoxicity of the *Aeromonas hydrophila* isolated from seafood samples.

^{*}Corresponding Author. Mailing address: 16 / 60, Senthil Andavar Street, Dhanalakshmi Colony, Vadapalani, Chennai–600026, India.; Tel: +91 98402 84994.; E-mail: jsathishkumar85@gmail.com

MATERIALS AND METHODS

Collection of samples, Isolation and Identification of Aeromonas hydrophila

The seafood (fish and shrimp) collected from 5 major fish markets in Chennai viz. Ambattur, Mylapore, Porur, Thirumangalam and Vadapalani were taken for analysis. The sample processing, isolation and multiple antibiotic resistance of *A. hydrophila* were reported in our previous paper (20).

Haemolytic activity

The haemolytic activity of the *A. hydrophila* isolates were determined by blood agar plate assay (2). Pattern of haemolysis around the colonies on blood agar plates containing 5% (v/v) human blood were recorded after 24 hr incubation at 37°C.

Congo red uptake

A. hydrophila isolates were plated on the surface of Brain heart infusion agar (HiMedia) plates prepared with 0.8 gL⁻¹ Congo red and incubated at 37°C for 48 hr and colonies were then examined for Congo red uptake (6). When examined under obliquely reflected light on a black background, colonies that took up the dye were opaque and various shades of orange; they were clearly darker than the surrounding medium, in contrast to colonies that did not take up the dye. Slime production was considered to be high whenever the colonies were bright orange or red; colonies that were pale orange were considered to have moderate/low slime production.

Preparation of cell free supernatant

A. hydrophila strains were cultured in 10 mL of Brain heart infusion broth (HiMedia) and incubated at 37°C for 18 hr. Supernatant was carefully collected after centrifugation at 8000 rpm for 5 min at 4°C and filtered using 0.45 μm syringe filter (Pall Lifesciences, India).

Protease assay

The cell free filtrate (crude enzyme suspension) was assayed for protease activity (4) using 0.6% Casein (HiMedia) in 0.05 M Tris - HCl buffer (pH 7.6) as substrate. To 2 mL of the substrate, 1 mL of crude enzyme was added and kept at

 35°C for 30 min. Then the reaction was stopped with 2.5 mL of 0.44 M Trichloroacetic acid (TCA). After 1 hr, the contents were centrifuged at 15000 rpm for 10 min at 4°C. To 2 mL of supernatant, alkaline copper reagent (1 mL) was added and kept for incubation (10 min). Then Folin's phenol reagent (100 μ L) was added and kept for 30 min. The absorbance was read spectrophotometerically at 660 nm. The test was performed in duplicates and the average was defined as enzyme activity, which liberated 1 μ g of tyrosine per mL of the reaction mixture per min under standard conditions.

Cytotoxicity

The Vero cells (African green monkey kidney cells) obtained from King Institute of Preventive Medicine, Chennai, India was used for the cytotoxicity analysis of *A. hydrophila* isolates. The Vero cells were grown in 96 well flat bottom microtitre plate (Falcon) in Eagle's Minimum Essential Medium (HiMedia) supplemented with 10% fetal bovine serum (Labmate) and antibiotics (HiMedia). The cell suspension (10⁴ cells / mL) was seeded in every well and incubated at 37 °C for 48 hr in 5% CO₂ for the formation of confluent monolayer. The monolayer of cells in 96 well plate was exposed to the cell free filtrate and its dilutions. Cell control was maintained throughout the experiment. Cytotoxicity changes in cell free filtrate treated Vero cells were recorded at timely intervals of incubation.

RESULTS

A total of 73 *A. hydrophila* isolates were obtained from fish and shrimp samples collected from 5 different fish markets in Chennai, during the study period.

All the 73 strains of *A. hydrophila* showed variation in their haemolysis pattern as recorded in Table 1. About 42.4% (n=31), 43.8 % (n=32) and 13.7 % (n=10) of the isolates produced α , β and γ - haemolysis respectively.

Slime production was determined by Congo red dye uptake for all the strains of *A. hydrophila* (Table 2.). The results were recorded after 48 hr of incubation. Among 73 isolates, 78.1 % of them produced slime.

Table 1. Haemolytic activity of *A. hydrophila* isolates from seafood (n=73)

Course	No of inclutor	Haemolytic activity (%)			
Source	No. of isolates	α	β	γ	
Fish	52	46.15 (24)	40.38 (21)	13.46 (7)	
Shrimp	21	33.33 (7)	52.38 (11)	14.28 (3)	
Total	73	42.4 (31)	43.8 (32)	13.7 (10)	

Table 2. Slime Production in *A. hydrophila* isolates from seafood (n=73)

Source	Number of isolates tested	% of slime production
Fish	52	76.9 (40)
Shrimp	21	80.9 (17)
Total	73	78.1 (57)

Proteolytic activity was determined for all the 73 strains of *A. hydrophila*. The maximum and minimum level of protease activity observed in fish isolates was 155.1 μ g mL⁻¹ and 91.3 μ g mL⁻¹ respectively, likewise the level of protease activity observed in shrimp isolates was between 155.6 μ g mL⁻¹ and 91.2 μ g mL⁻¹. Notably, the strain *Ah* F26 showed no protease activity. Among the 32 β - haemolytic isolates, 31 of them showed proteolytic activity \geq 122.3 μ g mL⁻¹ and of the 41 α and γ - haemolytic isolates, 29 (26 α and 3 γ - haemolytic) of them showed proteolytic activity \geq 108.5 μ g mL⁻¹ (Tables 3 and 4).

All the 73 *A. hydrophila* isolates were subjected to cytotoxicity analysis on Vero cells. Cell shrinkage, detachment and rounding were observed as cytotoxicity changes. Vacuolating effects on Vero cells started within 6 hr of bacterial supernatant addition. Complete cell death was observed within 72 hr, with total detachment and destruction of the monolayer. The cytotoxicity on Vero cells was observed till 1:16 dilution of the isolates' cell free filtrate. The cytotoxic effect was not observed in 1:32 and further dilutions. The cell free filtrate of strain *Ah* F26 did not show cytotoxic effects on Vero cells.

Table 3. Proteolytic activity of A. hydrophila isolates from fish samples (n = 52)

α – Haemolytic (n = 24)		β - Haemolytic (n = 21)		γ - Haemolytic (n = 7)	
Strain	Protease activity (µg mL ⁻¹)	Strain	Protease activity (µg mL ⁻¹)	Strain	Protease activity (µg mL ⁻¹)
Ah F25	91.3	Ah F43	101.8	Ah F26	-
Ah F2	101.2	Ah F3	123.3	Ah F4	94.1
<i>Ah</i> F12	105.3	<i>Ah</i> F17	129.3	Ah F41	92.6
<i>Ah</i> F11	105.4	<i>Ah</i> F22	131.3	Ah F40	101.1
Ah F30	108.5	<i>Ah</i> F50	132.4	Ah F29	104.6
<i>Ah</i> F38	110.3	Ah F19	139	<i>Ah</i> F28	114.7
<i>Ah</i> F35	112.1	Ah F15	139.4	Ah F51	140
Ah F6	114.2	Ah F48	140.3		
Ah F21	115.2	Ah F8	141.1		
Ah F5	115.4	<i>Ah</i> F37	141.2		
<i>Ah</i> F33	116.3	Ah F10	144.3		
<i>Ah</i> F31	116.6	Ah F14	145.3		
<i>Ah</i> F13	121.3	Ah F47	149		
<i>Ah</i> F39	121.4	Ah F42	149.7		
Ah F9	122	<i>Ah</i> F52	149.7		
<i>Ah</i> F32	122.3	<i>Ah</i> F24	151.2		
Ah F7	122.4	Ah F27	151.3		
Ah F44	122.9	<i>Ah</i> F18	151.4		
Ah F1	124.3	<i>Ah</i> F16	151.5		
Ah F49	125.3	<i>Ah</i> F36	152.3		
Ah F20	126.3	<i>Ah</i> F34	155.1		
<i>Ah</i> F23	131				
Ah F45	131.2				
Ah F46	144.9				

α – Haemolytic (n = 7)		β - Haemolytic (n =11)		γ - Haemolytic (n = 3)	
Strain	Protease activity (µg mL ⁻¹)	Strain	Protease activity (µg mL ⁻¹)	Strain	Protease activity (µg mL ⁻¹)
Ah S5	91.2	Ah S13	122.3	Ah S8	92.6
Ah S4	114.9	Ah S3	131.8	Ah S19	93.2
Ah S12	116.6	Ah S16	142.1	<i>Ah</i> S11	108.5
Ah S9	125.3	Ah S1	144		
Ah S20	128	Ah S6	144.9		
Ah S21	130.2	Ah S14	146.3		
Ah S10	132.4	Ah S7	149		
		Ah S2	149.7		
		Ah S17	152.3		
		Ah S15	155.1		
		Ah S18	155.6		

Table 4. Proteolytic activity of *A. hydrophila* isolates from shrimp samples (n = 21)

DISCUSSION

When analyzing the previous investigations (8, 13, 20, 24, 26,), a considerable increase in prevalence of *A. hydrophila* in seafood was observed over the years. Moreover, 98.63% of the 73 isolates were observed to be multiple antibiotic resistant against 20 commercially available standard antibiotics (20).

The occurrences of haemolytic factors in aeromonads are widespread (10). Of the 52 A. hydrophila isolates from fish, 46.1, 40.3 and 13.4 % of them exhibited α , β and γ -haemolytic activity respectively. Of the 21 A. hydrophila isolates from shrimp, 33.3, 52.3 and 14.2 % showed α , β and γ -haemolytic pattern respectively. In the present study, equal distribution of α and β haemolytic activity was observed (Table 1) which is in contrary to the results of Palumbo et al. (18) who reported that all strains isolated from retail foods of animal origin were β -haemolytic.

Slime is another type of virulence factor, which is a viscous glycoconjugate material, produced by most of the Gram negative bacteria. It is also helpful in the formation of biofilm. The slime is highly significant to the pathogenesis; it appears to inhibit the neutrophil, chemotaxis, phagocytosis and antimicrobial drugs (17). Among the 73 isolates of *A. hydrophila*, 76.9 % in fish and 80.9 % in shrimp isolates were positive for slime production.

Proteases are thought to contribute to virulence of aeromonads in fish and other hosts (9). Considerable differences between the number, types and quantities of protease produced by *Aeromonas* have been reported and attributed to the strain variation, origin, incubation temperature or culture media (16). All the 73 isolates of *A. hydrophila* except *Ah* F26 have produced protease enzyme after 24 hr, but the amount of protease production varied depending on the strains and species diversity, which is in agreement with the findings of Abdullah et al. (1). Howard and Buckley (11) reported that both the proteolytic and haemolytic activity are interrelated. The results of the present study supported the work of Gonzalez-Serrano et al. (9) who documented that there is no relation between proteolytic and haemolytic activities.

Aeromonads produce a wide range of extracellular toxins and enzymes. The multiplicity of extracellular products has led to difficulty in characterizing these factors and to disagreement in the enteropathogenicity. Generally, cytotoxins damage the cell and may produce severe illness in humans. Among the 73 *A. hydrophila* isolates, 98.61 % exhibited cytotoxicity on Vero cells. Cytotoxic effects on Vero cells started within 6 hr of bacterial supernatant addition and were monitored till 72 hr of incubation time. In this study, Cytotoxicity was produced in 98.07 % and 100% of cell free culture filtrate of *A. hydrophila* isolates from fish and shrimp samples respectively. Other studies reported that 73 % of the food isolates (15) and 100 % of the clinical isolates produced cytotoxicity on Vero cells (23).

In the present study, the cell free filtrate of *A. hydrophila* had an impact on the integrity of Vero cells and might facilitate a more rapid translocation of bacteria through the cells *in vivo*.

Snowden *et al.* (22) observed similar type of impact on integrity of the monolayers of Caco-2 cell lines. However, the increased ability of *A. hydrophila* isolates to adhere, vacuolate and destruct the Vero cells was in contrast to the previous studies (19, 27). This may be due to the reflection of geographic variation among the cytopathic ability of the isolates.

Interestingly a notable relation was found between the virulence factors and the cytotoxicity of the A. hydrophila isolates on Vero cells. Among the 31 isolates (β - haemolytic and showing proteolytic activity $\geq 122.3 \,\mu g \, mL^{-1}$), 27 strains' cell free filtrate had significant impact on Vero cells; complete cell death was observed within 12 hr of bacterial supernatant addition. About 20 strains of the 26 (α - haemolytic and showing proteolytic activity $\geq 108.5 \, \mu g \, mL^{-1}$) isolates' cell free filtrate exhibited complete death of Vero cells within 15 hr of bacterial supernatant addition. All the 3 (γ – haemolytic and showing proteolytic activity $\geq 108.5 \,\mu \text{g mL}^{-1}$) isolates' cell free filtrate showed complete death of Vero cells within 15 hr of bacterial supernatant addition. Rest of the strains showed variations in the time to produce complete cytotoxic effects on Vero cells. Notably, the isolate Ah F26 did not showed haemolytic activity, protease activity, slime production and also showed no cytotoxic effects on Vero cells. This isolate may be regarded as non-pathogenic.

The haemolytic pattern of the strains had no direct relation to the cytotoxic activities as observed *in vitro* but might play an important role in the pathogenesis of the organism *in vivo*. Proteolytic activity had direct relation with the cytotoxic activity irrespective of haemolytic activity of the strains. Even though the results showed some relationship between proteolysis and cytotoxic effects, there are other extracellular virulence factors that must be studied in relation to pathogenicity of *A. hydrophila*. These extracellular factors might have different expression or subject to the same genetic control. It is not unlikely that different virulence factors are important under different conditions. Thus we must not only characterize the different protein toxins, but also address the genetic regulation of transcription.

CONCLUSION

These results demonstrated the presence of wide spread, pathogenically characterized, multiple antibiotic resistant, cytotoxic seafood borne *A. hydrophila* in Chennai. The relation found between the haemolysis; proteolysis and cytotoxic activities must be further evaluated in relation to genetic control of other extracellular virulence factors, molecular mechanisms and network of these virulence factors in exhibiting the pathogenesis of *A. hydrophila*.

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