

## DIAGNOSTIC PERFORMANCE OF AN IMMUNOASSAY FOR SIMULTANEOUS DETECTION OF HCV CORE ANTIGEN AND ANTIBODIES AMONG HAEMODIALYSIS PATIENTS

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Submitted: November 10, 2009; Approved: June 21, 2010.

### ABSTRACT

Nosocomial transmission of HCV is a concern in haemodialysis (HD) units worldwide. Diagnosis of HCV infection among dialysis patients is currently based on the detection of anti HCV antibodies by ELISA, and is confirmed by HCV RNA. The average window period between HCV infection and seroconversion with new generations of HCV antibody tests remains approximately 70 days with more prolonged period among dialysis patients. In this study we assessed the diagnostic performance of an immunoassay designed for simultaneous detection of anti HCV antibodies and core antigen in one step in comparison to qualitative RT-PCR and anti HCV antibodies detection test among Egyptian haemodialysis patients. The studied patients were 39 chronic renal failure patients on maintenance haemodialysis. The results obtained in the present study revealed HCV infection of 56.4%. Combined Ag/Ab test detected 3 out of the 4 anti-HCV negative viraemic patients who were in the window period. The sensitivity, specificity and accuracy of the test were higher than that of anti HCV antibodies detection test (95.45%, 94.1% and 94.87% versus 81.8%, 88.23% and 84.6%) and they were raised to 100% on combining its positivity with liver enzymes elevation results. Therefore, this simple combined Ag/Ab test can be applied for early detection of HCV infection during window period among HD patients as an alternative to HCV RNA detection.

**Key words:** Egypt, haemodialysis; HCV; HCV core antigen; immunoassay.

### INTRODUCTION

The hepatitis C virus (HCV) is a prevalent infectious disease generally contracted via HCV infected blood and blood products (33). Egypt has the highest seroprevalence for HCV with rates up to 20% in some areas. The high rate of HCV transmission continues both iatrogenically and within the

community (11).

Nosocomial transmission of HCV is a concern in haemodialysis (HD) units worldwide (2, 6, 13, 31). In these patients, blood transfusions and long term dialysis are risk factors for transmission of HCV (28)

Prompt assessment of devovo HCV among dialysis patients is required to limit nosocomial spread of HCV (12). Routine

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testing for alanine amino transferase (ALT) and HCV RNA are recommended by CDC for anti-HCV negative patients (9).

Different generations of anti HCV antibody assays have been developed with improved performance that reduce the risk of HCV transmission by reducing the window period from 82 (7) to 66 days with later generation assays (5, 10).

To prevent transmission of HCV during the window period before seroconversion, nucleic acid amplification technology (NAT) has been developed that include polymerase chain reaction (PCR), transcription mediated amplification (TMA) (26), and signal amplification [branched chain DNA (bDNA)] (32). However, such techniques are expensive, may give false positive or negative results (12), could not totally prevent HCV transmission and anti HCV screening must be combined (8, 18, 25).

Some studies indicate that HCV core antigen can be detected in the window period before seroconversion and HCV core antigen levels correlate well with HCV RNA levels (4, 24, 29). An immunoassay based on the simultaneous detection of HCV core Ag. and antibodies has been developed (19).

The aim of the present study is to assess the diagnostic performance of this assay for early detection of HCV infection during the window period among haemodialysis patients in comparison to anti HCV antibodies and HCV RNA detection tests.

## MATERIALS AND METHODS

Subjects included in this study were 39 chronic renal failure patients attending Renal Dialysis Unit, Internal Medicine Department, Mansoura University hospital. They were 12 (30.8%) males and 27 (69.2%) females with mean ages of  $49.9 \pm 12.5$  years. Their ages ranged from 24 to 75 years and duration of dialysis ranged from 1 – 18 years. The study was approved by ethical Committee of Mansoura Faculty of Medicine, Egypt. Written consents were obtained from all patients.

Blood samples were collected from patients before dialysis into 2 tubes, one EDTA tube for hemoglobin estimation and

one plain tube. Sera were separated into 3 aliquots, one used for estimation of creatinine, calcium, phosphorus, ALT, AST levels and anti HCV antibodies. The other two aliquots were stored at  $-70^{\circ}\text{C}$  until used for assessment of HCV infection by using HCV core Ag/Ab combination assay and qualitative HCV RT-PCR.

### Anti HCV antibodies detection

Anti HCV antibodies were detected by Murex anti HCV (version 4) according to the manufacturer instructions. An ELISA which utilize microplates coated with HCV specific antigens derived from "core" and "ns" regions encoding core peptide, recombinant NS3, NS4 and NS5 peptides.

### Combined Ag/Ab detection

Murex Ag/Ab HCV combination assay (Murex Biotech S.A [pty] Ltd. UK) was used which is an enzyme immunoassay utilize wells that are coated with anti-core monoclonal antibody, and recombinant antigen and peptides representing the immunodominant regions of the NS3 and core viral antigens. HCV core Ag and/or Ab to HCV present in any test specimens or control sera bound to the coated micro well during the first incubation. Subsequently peroxidase labeled conjugate, containing antigenic epitopes from NS3 and core together with anti-core monoclonal antibodies was added which in turn bound to the reagents on the wells.

In reactive wells, addition of substrate solution containing 3,3', 5,5' tetramethylbenzidine (TMB) and hydrogen peroxide gave a blue green color which was converted to an orange color when the reaction was stopped with 1N sulphuric acid.

Samples with absorbance greater than or equal to the cut off were considered reactive while samples with absorbance lower than the cutoff value were negative.

### RT-PCR

RNA was isolated using QIA amp viral RNA mini kit (Cat # 52904). Frozen sera were thawed immediately before use. Qiagen one step RT-PCR kit (Cat # 210212) was used for Reverse transcription and amplification with Qiagen primer 6A

and 6B. HCV positive samples revealed 270 base pairs bands on UV visualization with the guide of DNA marker.

### Statistical analysis

Data entry and analyses were performed using SPSS statistical package version 10 (SPSS, Inc., Chicago, IL, USA). Qualitative data were expressed as numbers and percentages. Sensitivity, specificity and accuracy of tests were carried out using standard equations.

## RESULTS

The studied population represented 39 Egyptian chronic renal failure patients. The sero-prevalence of HCV Ab was 20/39 (51.3%). The mean Hb, creatinine, calcium and phosphorus levels of patients were  $9.6\pm 1.4$ ,  $6.1\pm 1.4$ ,  $7.31\pm 0.7$ , and  $6.36\pm 1.2$  respectively.

Of the 20 patients positive for anti HCV antibodies, 18 were confirmed positive by both combined Ag/Ab detection test and RT-PCR (7 were with elevated liver enzymes and 11 were with normal liver enzymes), while one patient was

positive to combined Ag/Ab detection test but negative to RT-PCR (with normal liver enzymes) and only one patient was negative to both assays and his liver enzymes were normal. The other 19 patients were anti HCV negative. Of these patients, 15 were negative to combined Ag/Ab test and PCR (14 were with normal liver enzymes and one had elevated enzymes), 4 patients were in the window period: 3/4 were confirmed positive by Ag/Ab test and RT-PCR (two were with normal enzymes and one had elevated enzymes) and the fourth patient was negative to Ag/Ab test but positive to RT-PCR test and his liver enzymes were elevated. Analysis of these findings revealed that the highest evaluation parameters (sensitivity, specificity, and accuracy) were with combined Ag/Ab assay with true positivity detected in 21 out of the 22 viraemic patients, while the true negative cases were 16 out of 17 non viraemic patients (Table 1). On the contrary of the evaluation parameters of anti-HCV antibodies that decreased on combining its results with liver enzymes elevations (Table 2), they were raised up to 100% on combining Ag/Ab assay positivity with elevated liver enzymes (Table 3).

**Table 1.** HCV diagnostic tests versus RT-PCR results in HD patients

RT-PCR	HCV anti- bodies		Combined Ag/Ab		Liver enzymes	
	Positive (20)	Negative (19)	Positive (22)	Negative (17)	Elevated (10)	Normal (29)
Positive ( 22)	18	4	21	1	9	13
Negative (17)	2	15	1	16	1	16
Sensitivity	81.8%		95.45%		40.9 %	
Specificity	88.23%		94.1%		94.1%	
Accuracy	84.6%		94.87%		64.1%	

**Table 2.** Evaluation parameters of combination of anti HCV and liver enzymes elevation results in comparison to RT-PCR

	RT-PCR		
	Positive	Negative	Total
Anti HCV positive with elevated liver enzymes	7	0	7
Anti HCV negative with normal liver enzymes	2	14	16
Total	9	14	23
Sensitivity	77.7 %		
Specificity	100 %		
Accuracy	91.3%		

**Table 3.** Evaluation parameters of combination of Ag/Ab detection assay and liver enzymes elevation results in comparison to RT-PCR

	RT-PCR		
	+ve	-ve	Total
Ag/Ab positive with elevated liver enzymes	8	0	8
Ag/Ab negative with normal liver enzymes	0	14	14
Total	8	14	22
Sensitivity	100 %		
Specificity	100 %		
Accuracy	100 %		

**List of abbreviations**

Alanine amino transferase	ALT
Aspartate amino transferase	AST
Branched chain DNA	bDNA
Haemodialysis	HD
Hepatitis C virus	HCV
Nucleic acid testing	NAT
Polymerase chain reaction	PCR
Tetramethylbenzidine	TMB
Transcription mediated amplification	TMA

**DISCUSSION**

The early diagnosis of hepatitis C virus (HCV) infection and its control are crucial to prevent further transmission in high risk groups such as hemodialysis (HD) populations (30).

Routine anti-HCV antibody detection is not applicable to confirm HCV infection during early period before anti-HCV antibody has been produced (27), particularly in HD patients who fail to produce rapid strong immune response and have a prolonged serological window phase after a recent HCV infection (28). Moreover, occult HCV infection may be common among these patients (30).

HCV RNA assay is difficult and lacks reproducibility which limited its application in the early clinical diagnosis and screening (14). The detection of HCV antigen enables the

diagnosis of HCV in the preconversion phase, but its high cost prevents its application in developing countries (33).

Currently, there is no published data on the simultaneous detection of HCV antigen and antibodies in Egyptian HD population. Therefore we assessed a combined HCV Ag/Ab assay by EIA in comparison to qualitative RT-PCR and anti HCV antibodies detection test for early detection of infection among HD patients.

RT-PCR diagnosed HCV infection in 22/39 (56.4%) HD patients (18 were anti HCV positive and 4 were negative) in this study.

The rate of HCV infection among HD patients shows great variation (2). Bezerra *et al.*, (6) and Schneeberger *et al.* (28) recorded HCV infection of 7% and 8% respectively among dialysis patients, while another study proved that 32% (33

/102) of studied HD patients have HCV infection, 90% of these patients had occult HCV (17)

Medhi *et al.* (23) found that RT-PCR was positive among 56 (22.4%) out of 250 HD patients; 43 (17.2%) were positive for anti-HCV antibodies and HCV core Ag. and 13 were positive for HCV core Ag only but anti HCV negative. In Turkish, Yakaryilmaz *et al.* (34) reported that 39/188 (20.7%) of HD studied patients have HCV infection and only 9 (4.8%) of them have serological markers of HCV infection.

This variation in HCV infection among different centers may be attributed to the difference in durations that these patients were on maintenance dialysis and on the preventive strategies implemented by different centers against nosocomial transmission of HCV. The high level of HCV infection detected in the present work may reflect the high prevalence of HCV infection among HD patients in Egypt. This is the first report on the use of such assay in Egyptian HD and confirms earlier reports on high prevalence of HCV in them.

Our data showed that, the frequency of HCV RNA positivity is 18/20 (90%) from anti-HCV positive patients. This is nearly similar to that reported by Gonzaga *et al.*(15) as HCV RNA was detected in serum samples from 115/154 (74.7%) anti-HCV positive patients.

The Anti HCV antibodies detection by Murex anti HCV (version 4) ELISA revealed sensitivity, specificity and accuracy of 81.8%, 88.23% and 84.6% respectively. On the contrary, Marina and Teresa (22) reported sensitivity and specificity of 99% to third generation ELISA. The lower sensitivity in our study compared to this result may be attributed to the studied group who have an impaired immune response and so false negative results are common (13). On combining anti HCV positivity with elevated liver enzymes in comparison to PCR, the sensitivity decreased from 81.8% to 77.7%, while the specificity was raised from 88.23% to 100% with overall accuracy from 84.6% to 91.3%. This is accepted as not all HCV infected individuals have elevated liver enzymes, only 9 out of 22 RT-PCR positive patients in this study had elevated liver enzymes and this could be explained by the fact that acute hepatitis is icteric in only 20% of patients

and rarely severe. The majority of patients who develop chronic HCV infection are asymptomatic, but 60 – 80% develop chronic hepatitis as indicated by elevated alanine aminotransferase (ALT), around 30% maintain persistently normal ALT levels despite having detectable HCV-RNA in serum (21).

Concerning the early diagnosis of HCV infection in seronegative HD patients, the HCV RNA was detected in 4 HCV seronegative patients. These patients were on maintenance HD and mostly with impaired immune response. They may be either in the window period or low responders for the HCV antigens, thus are unable to mount detectable antibody level (20) or have occult infection (17).

As previously stated, there are several ways to assess the sensitivity of the HCV combination test. One method is to determine the number of days of earlier detection of infection with HCV, compared to HCV antibody detection and HCV NAT. A second method is to determine the detection rate among specimens that are HCV RNA positive and anti-HCV negative (29). Our results showed that the combination assay detected 3 out of 4 (75%) HD patients in the window period thus the window period can be reduced by 75% when this combination assay is used in HD units. This result agrees with the previous findings, that the use of combination HCV core antigen and antibody assay on a fully automated chemiluminescence analyzer would detect approximately 90% of HCV positive blood donation obtained during the window period when this assay is utilized as an alternative to NAT (29).

The combined Ag/ Ab assay and RT-PCR results were correlated in 21/22 positive and 16/17 negative HCV sera. This is in agreement with the previously published data using the Monolisa HCV Ag-Ab Ultra (1) and Abbott Murex Ag/Ab (3).

Similarly Hamaied *et al.* (16) compared the diagnostic performance of Monolisa HCV Ag/Ab ULTRA, with Monolisa anti HCV plus and found that from anti HCV negative patients, 4 samples were found low positive with HCV Ag/Ab. Two anti HCV negative, HCV-RNA positive patients were also negative with HCV Ag/Ab and 13 low positive samples with Biorad Ab were found negative with Ag/Ab.

Laperche *et al.* (19) found that from the 44 samples collected during window period that were minipool nucleic acid testing positive, 31(70.5%) were also positive with the Monalisa HCV antigen/antibody assay and the specificity analyzed in 2503 consecutive blood donations was estimated at 99.88%. Moreover Laperche *et al.* (20) in another publication found that 6/12 blood donor samples positive for HCV RNA and HCV core Ag. but negative for anti-HCV antibodies were positive by the HCV Ag/Ab assay and that the 24 HCV RNA negative samples from HD patient were negative by the HCV Ag/Ab assay and only 23 of the 59 HCV RNA positive samples (39%) were positive by Ag/Ab test.

In conclusion Murex combined Ag/Ab test helps early diagnosis of HCV infection by reducing the window period, preventing silent infection in high risk populations and thus reducing the risk of spreading the infection within the community. The sensitivity, specificity and accuracy of the test is higher than anti HCV detection test especially if combining the positivity of its results with elevated liver enzymes. Moreover, it offers many advantages as: it does not require long incubation period or considerable skills, with high reproducibility and high cost efficiency ratio. It could be a feasible alternative when NAT cannot be used.

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