

Prosthetic abutment influences bone biomechanical behavior of immediately loaded implants

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Abstract: This study aimed to evaluate the influence of the type of prosthetic abutment associated to different implant connection on bone biomechanical behavior of immediately and delayed loaded implants. Computed tomography-based finite element models comprising a mandible with a single molar implant were created with different types of prosthetic abutment (UCLA or conical), implant connection (external hexagon, EH or internal hexagon, IH), and occlusal loading (axial or oblique), for both immediately and delayed loaded implants. Analysis of variance at 95%CI was used to evaluate the peak maximum principal stress and strain in bone after applying a 100 N occlusal load. The results showed that the type of prosthetic abutment influences bone stress/strain in only immediately loaded implants. Attachment of conical abutments to IH implants exhibited the best biomechanical behavior, with optimal distribution and dissipation of the load in peri-implant bone.

Keywords: Dental Implant-Abutment Design; Finite Element Analysis.

Introduction

The rehabilitation of totally or partially edentulous patients with implants is the first option to restore masticatory function and aesthetics.¹ Over 90% of patients who receive implants are partially edentulous, with the single-tooth replacement being the most frequent indication.² Nevertheless, this treatment presents a higher biomechanical challenge and has a lower success rate when compared to implant-supported partial or total fixed prostheses.³

The increased biomechanical risk of single-tooth implants has been associated with a higher magnitude of occlusal forces on these implants compared to splinted implants,⁴ especially when they are installed at molar sites. Occlusal overload on implants can increase the stress/strain transferred to the supporting bone, which in turn damages the physiological equilibrium of bone remodeling.⁵ As a result, progressive peri-implant bone resorption or osseointegration failure may occur in delayed or immediately loaded implants, respectively.⁶

In an effort to minimize the deleterious effects of occlusal overload on peri-implant bone tissue, some studies have showed that the geometric features of implants and their prosthetic components, such as implant connection,⁷ implant thread configuration,⁸ implant

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diameter and length,⁹ and prosthetic abutment angulation,¹⁰ play a significant role in occlusal load transfer to the bone-implant interface, thereby influencing the magnitude and distribution of stresses and strains in peri-implant bone. In this context, the configuration of prosthetic abutment might also affect the biomechanical behavior of implant-supported single crowns. This becomes more relevant in screw-retained prostheses, which do not have the contribution of a cement layer to help in stress dissipation and distribution.¹¹ In these prostheses, two types of restorations can be used with respect to the abutment type: prostheses screwed directly on the implant (UCLA abutment) or prostheses with an intermediary component between the implant and prosthetic crown (Conical abutment). The latter comprises two screwed joints: one at implant-abutment interface and another at abutment-prosthesis interface.¹² However, the effect of prosthetic abutment type, for single-screwed prostheses, on bone stress/strain is not yet known.

Another factor that can influence peri-implant bone stress/strain is the type of implant connection by which the prosthetic abutment is attached. Implants with external hexagon (EH) connections have been associated with higher stress in peri-implant bone, because only the abutment screw is responsible for maintaining the stability of the connection at implant-abutment interface.¹³ In contrast, implants with internal hexagon (IH) connections present a more stable connection, which permits an even stress distribution throughout

the body of the implant.¹³ Despite intensive study of biomechanics in the field of implantology, the relationship among biomechanics, prosthetic abutment type, and implant connection has not yet been explored. Therefore, with the use of nonlinear three-dimensional (3D) finite element analysis (FEA), this study aimed to evaluate the effects of the type of prosthetic abutment used in single-screwed prostheses and of different implant connections on bone biomechanical behavior of immediately and delayed loaded implants.

Methodology

Study design

A set of 3D virtual models were created using computer-aided design (CAD) software. Each model consisted of a single-screwed crown supported by one implant (5.0 × 11.5 mm) at the first molar position of a partially edentulous mandible. The type of prosthetic abutment (UCLA or conical), implant connection (external or internal hexagon), and occlusal loading (axial or oblique) was varied for either immediately or delayed loaded implants (Figure 1). The levels of peak maximum principal stress and strain for the cortical and trabecular bone were analyzed after applying a 100 N occlusal load.

Model construction

The 3D virtual models of the posterior segment of a partially edentulous mandible and a single prosthetic crown were constructed based on cone

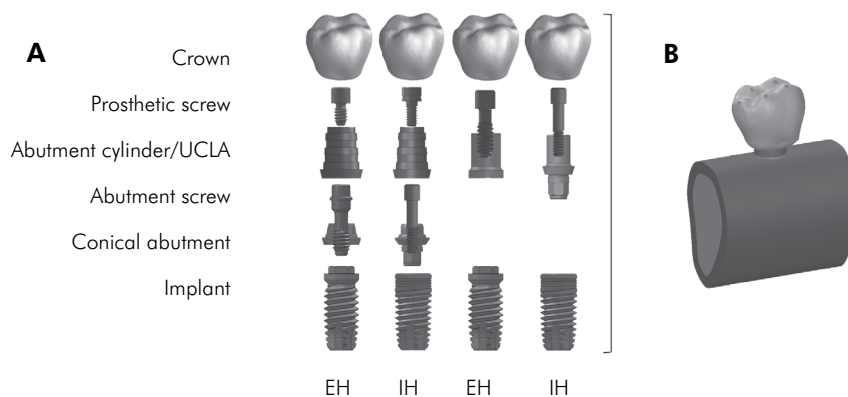


Figure 1. 3D modeled geometries. (A) Assembly parts of all groups. (B) Example of complete assembly consisting of a single-screwed crown supported by one implant at the first molar position of a partially edentulous mandible.

beam computed tomography (CBCT) images. The scan was performed with the Kodak 9000 3D Extraoral Imaging System (Carestream Dental LLC, Atlanta, USA), using a tube voltage of 60 kV, tube current of 2 mA, and slice thickness of 75 μm . The resulting CBCT images of the mandible and first lower molar tooth were saved as.dicom files and imported into InVesalius software (ver. 3.0, 64-bit; Renato Archer Information and Technology Center, Campinas, Brazil) in order to generate 3D reconstructed models in solid-display stereolithographic file format (.stl). The 3D reconstructed images in.stl format were exported to SolidWorks 2011 software (SolidWorks Corp., Concord, USA), and, by using its Scan-to-CAD plugin function, these images were converted into 3D solid models of the posterior mandible (14.4 mm buccolingual width \times 21.0 mm inferosuperior height) and of the prosthetic crown (2 mm occlusal thickness \times 10 mm height \times 11.5 mm mesiodistal width). Thereafter, these models were edited in SolidWorks, and the resulting bone model was composed of trabecular bone surrounded by 2 mm of cortical bone, corresponding to type II bone quality.¹⁴ Eight loading areas were also created on the occlusal surface of the prosthetic crown 3D model via Boolean operations. These loading areas simulated the occlusal contacts in molars, the number of which can vary from 1 to 10 according to Hattori et al.¹⁵

CAD solid models of implants with an EH (TitamaxTi cortical) or IH (Titamax II Plus) connection, UCLA or conical abutments, and their respective fixation screws were provided by the manufacturer (all from Neodent, Curitiba, Brazil). The implant model was positioned at the crestal bone level in a central position, and the implant insertion hole in the bone model was created by

Boolean subtraction, simulating a virtual osteotomy. Afterwards, the implant was added to the bone model, and the abutment, fixation screws, and the prosthetic crown model were then aligned and connected to the implant following the instructions from the implant manufacturer.

Numeric analysis

Material properties and mesh generation

The CAD models were imported into numerical analysis software (ANSYS Workbench 13.0; Swanson Analysis Inc., Houston, USA). The mesh was then generated (0.7 mm tetrahedral elements) and submitted to convergence analysis prior to mechanical simulation. The convergence criterion was set to be less than 6% change in highest bone stress between the models with different numbers of elements.¹⁶ As a result, the models exhibited numbers of elements ranging from 73,508 to 81,542 and numbers of nodes ranging from 125,881 to 140,179. All structures were considered homogeneous, isotropic, and linearly elastic. The mechanical properties of all materials used are described in Table 1.

Contact conditions

The immediate loading of implants was simulated by using nonlinear frictional contact elements with a friction coefficient (μ) of 0.3 between the bone and implant. In the delayed loading situation, simulating osseointegrated implants, the bone-implant contact was assumed to be a bonded contact. The contact condition between the abutment and implant was set at a μ of 0.3 for all the simulations.¹⁷ Frictional contact configurations allow minor displacements between all components of the model without interpenetration.¹⁸

Table 1. Mechanical properties of materials used in the models.

Material	Young modulus (MPa)	Poisson ratio
Cortical bone	13,700	0.30
Trabecular bone	1,370	0.30
Titanium alloy	110,000	0.33
Co-Cr alloy	218,000	0.30
Ti6AL4V-ELI	105,000	0.36
Feldspatic ceramic	70,000	0.19

Boundary conditions and loading

The models were fixed on the mesial and distal exterior surface of the bone segment in x, y, and z directions and loaded in two stages. The first stage consisted of simulating the preload on the abutment or prosthetic screws by using the bolt pretension function available in ANSYS Workbench. A preload force of 32 N cm was simulated on the UCLA fixation screw, and a 20 and 10 N cm preload force was simulated on the conical abutment screw and its prosthetic screw, respectively, according to the manufacturer recommendations. In the second stage, a 100 N occlusal load, applied axially or at 45 degrees obliquely to the implant long axis in the buccolingual direction, was equally distributed over the eight loading areas created previously on the occlusal surface of prosthetic crown models (Figure 2).¹⁵

Statistical analyses

Results from 16 models were analyzed separately for immediately and delayed loaded implants via general linear model analysis of variance (ANOVA) in the SAS software package (version 9.2; SAS Institute Inc., Rockville, USA) at a 95%CI. For each situation of implant loading, the type of prosthetic abutment, implant connection, and occlusal loading were used as variables in the analysis, and the peak maximum principal stress and strain (expressed as the mean \pm standard deviation [SD]) in cortical and trabecular bone were considered as outcome variables. This statistical analysis allowed the calculation of the

percentage contribution (percent total sum of squares [%TSS]) of each variable and of their interactions on the assessed results.¹⁹ Differences were considered significant at $p < 0.05$.

Results

The values of peak maximum principal bone stress and strain for immediately or delayed loaded implants are shown in Table 2. The results of ANOVA and the relative contribution of each variable and their interactions on the values of bone stress and strain are shown in Table 3. The patterns of stress and strain distribution in bone tissue were similar between the loading models, with greater concentrations of these forces at the bone region adjacent to the implant first thread and higher magnitudes for immediately loaded implants (Figures 3 and 4).

For the immediately loaded implants, the stress and strain in cortical bone were influenced by the implant-abutment connection type that contributed to 99.82% of stress ($p = 0.007$) and 95.55% of strain ($p = 0.011$), with higher values for EH connections (Table 2, 3 and Figure 3). In trabecular bone, the interaction between the type of implant connection and prosthetic abutment was responsible for the most of the stress ($p = 0.025$) and strain ($p = 0.009$) contributed by the interacting variables (Table 3). Lower values of bone stress and strain were found when conical abutments were used (Table 2), and the attachment of this abutment to IH implants exhibited best biomechanical behavior, with evenly distributed stress on the bone (Figure 3).

For delayed loaded implants, the type of prosthetic abutment and implant connection had no effect on bone biomechanical behavior. In this situation, the type of occlusal loading (Table 3) contributed to 81.40% of stress and 70.63% of strain in cortical bone and to 91.93% of stress and 89.71% of strain in trabecular bone, affecting significantly the latter. Oblique loading exhibited the highest bone stress/strain values (Table 2 and Figure 4).

Discussion

An optimized occlusal load transfer through prosthetic and implant components to the bone-implant interface is a key factor in implant

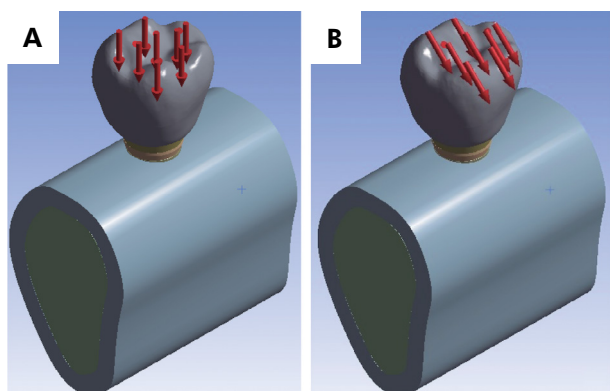


Figure 2. Application of equally distributed 100 N occlusal load axially (A) and at 45 degrees obliquely (B) to the implant long axis in the buccolingual direction.

Table 2. Peak maximum principal stress and strain in cortical and trabecular bone.

Implant Loading	Variables in study		Mean of stress \pm Standard Deviation			
			Stress (MPa)		Microstrain ($\mu\epsilon$)	
			Cortical Bone	Trabecular Bone	Cortical Bone	Trabecular Bone
Immediate loading	Prosthetic abutment	UCLA	222.55 (± 112.40)	122.92 (± 27.51)	19.03 (± 2.07)	108.89 (± 97.51)
		Conical	215.67 (± 111.58)	82.83 (± 71.02)	18.63 (± 1.90)	54.51 (± 37.93)
	Implant connection	EH	316.07 (± 4.51)	145.52 (± 1.44)	20.53 (± 0.43)	88.29 (± 1.11)
		IH	122.15 (± 5.31)	60.22 (± 44.95)	17.14 (± 0.42)	75.11 (± 61.71)
	Occlusal loading	Axial	220.26 (± 109.79)	102.62 (± 7.91)	19.12 (± 1.92)	82.01 (± 43.65)
		Oblique	217.96 (± 114.28)	103.13 (± 59.32)	18.54 (± 2.02)	81.39 (± 44.94)
Delayed loading	Prosthetic abutment	UCLA	13.90 (± 6.97)	2.04 (± 0.85)	0.96 (± 0.44)	1.56 (± 0.62)
		Conical	12.67 (± 6.51)	1.96 (± 0.85)	0.88 (± 0.45)	1.55 (± 0.64)
	Implant connection	EH	11.00 (± 6.22)	1.97 (± 0.60)	0.72 (± 0.42)	1.54 (± 0.40)
		IH	15.57 (± 6.27)	2.04 (± 1.04)	1.12 (± 0.35)	1.56 (± 0.80)
	Occlusal loading	Axial	8.05 (± 2.45)	1.30 (± 0.19)	0.59 (± 0.25)	1.04 (± 0.19)
		Oblique	18.53 (± 3.56)	2.71 (± 0.30)	1.24 (± 0.25)	2.07 (± 0.22)

prognosis, especially in implants subjected to a higher biomechanical risk (*i.e.*, single molar implants). Hence, in this study, 3D nonlinear FEA was carried out to evaluate the influence of the prosthetic abutment type, implant connection, and occlusal loading on bone biomechanical behavior of immediately or delayed

loaded single molar implants. The association of this method with statistical factorial analysis allows us to evaluate individually the influence of the cited variables on peri-implant bone stress and strain, which is difficult to investigate using only clinical or *in vitro* approaches.^{19,20}

Table 3. ANOVA results for peak maximum stress and strain in cortical and trabecular bone.

Implant Loading	Variables in study		Stress				Strain			
			Cortical Bone		Trabecular Bone		Cortical Bone		Trabecular Bone	
			p	%TSS	p	%TSS	p	%TSS	p	%TSS
Immediate loading	Prosthetic abutment		0.181	0.13%	0.024*	15.60%	0.095	1.34%	0.009*	50.24%
	Implant-abutment connection		0.007*	99.82%	0.011*	70.59%	0.011*	95.55%	0.038*	2.95%
	Occlusal loading		0.458	0.01%	0.790	0%	0.065	2.82%	0.572	0.01%
	Prosthetic abutment \times Implant connection		0.798	0	0.025*	13.79%	0.249	0.18%	0.009*	46.78%
	Prosthetic abutment \times Occlusal loading		0.302	0%	0.525	0.02%	0.338	0.03%	0.475	0.01%
	Implant connection \times Occlusal loading		0.773	0.04%	0.939	0	0.519	0.09%	0.570	0.01%
	Total		-	100%	-	100%	-	100%	-	100%
Delayed loading	Prosthetic abutment		0.604	1.14%	0.608	0.30%	0.622	1.03%	0.829	0.01%
	Implant connection		0.228	15.50%	0.643	0.23%	0.181	26.37%	0.735	0.04%
	Occlusal loading		0.103	81.40%	0.051	91.93%	0.112	70.63%	0.030*	89.71%
	Prosthetic abutment \times Implant connection		0.603	1.16%	0.542	0.45%	0.577	1.38%	0.656	0.07%
	Prosthetic abutment \times Occlusal loading		0.653	0.80%	0.779	0.08%	0.786	0.28%	0.920	0%
	Implant connection \times Occlusal loading		0.868	0	0.180	7.02%	0.771	0.32%	0.088	10.17%
Total		-	100%	-	100%	-	100%	-	100%	

* p < 0.05. %TSS: percent total sum of squares.

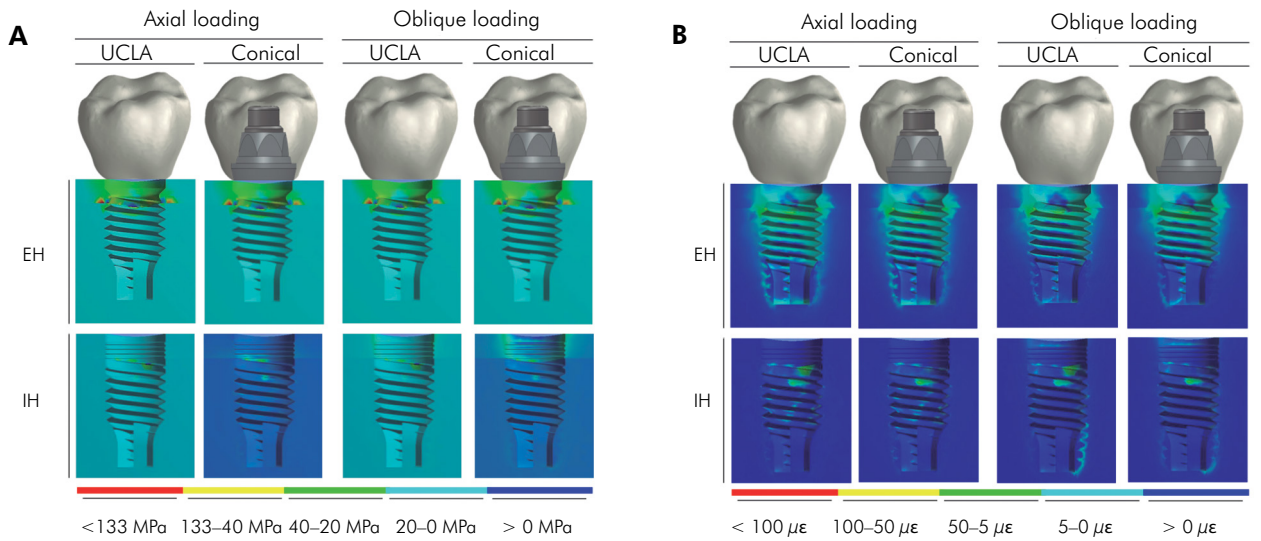


Figure 3. Stress (A) and strain (B) distribution in peri-implant bone of immediately loaded implants.

Immediately loaded implants exhibited higher values of bone stress and strain than delayed loaded implants, regardless of the variables evaluated. Implants subjected to immediate loading are in frictional contact with bone, which is responsible for their primary stability. Frictional contact was simulated in this study by using a frictional contact coefficient ($\mu = 0.3$) at the bone-implant interface. This form of contact transfers pressure, tangential, and frictional forces,¹⁸ which most likely explain the highest peri-implant bone stress/strain values for

immediately loaded implants observed in this and previous studies.^{16,21} In delayed loading, the implants are considered osseointegrated, and this situation was simulated in this study by using a “bonded” contact at bone-implant interface.¹⁸ An even load distribution has been observed in peri-implant bone around osseointegrated implants.¹⁶ Thus, the type of bone-implant interface has a strong influence on stress/strain in peri-implant bone. Clinical studies comparing immediately or delayed loaded implants in the posterior region have shown slightly lower

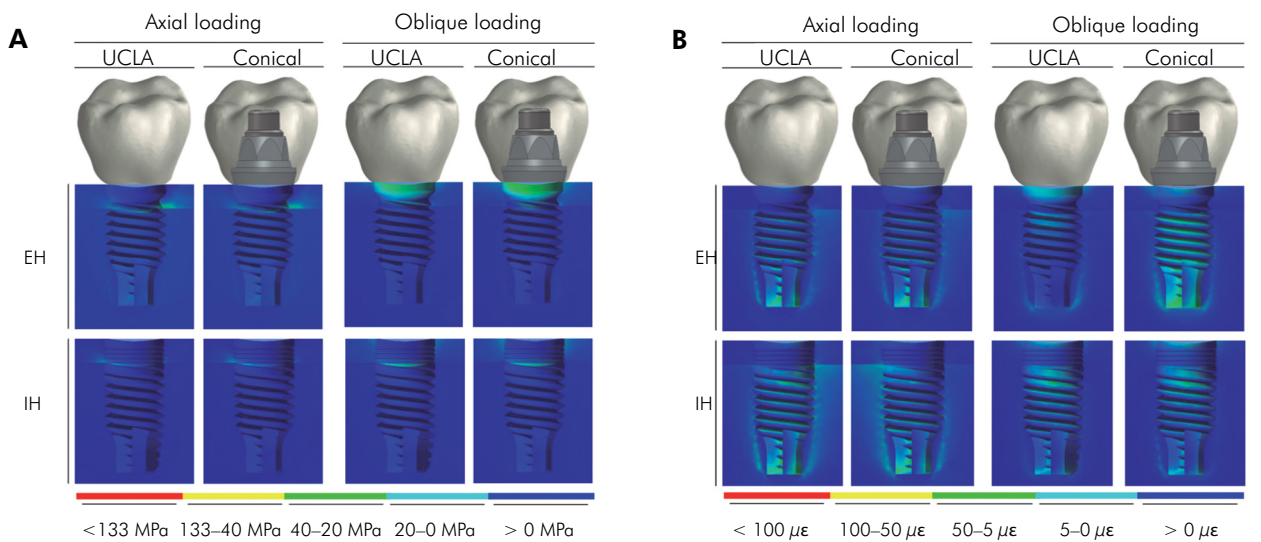


Figure 4. Stress (A) and strain (B) distribution in peri-implant bone of delayed loaded implants.

survival rates for immediately loaded implants.^{22,23} Furthermore, Schincaglia et al.²³ have observed that the radiographic bone level for immediately loaded implants is significantly lower than that reported for delayed loaded implants. However, long-term studies are needed to confirm these results.

As a consequence of efficient load transfer in osseointegrated implants, the type of abutment and implant connection played a minor role in distribution and magnitude of bone stress/strain. It is noteworthy that the type of occlusal loading was responsible for the most of bone stress/strain generated in this situation, with highest values for oblique loading, because loading in the nonaxial direction increases the bending moments, causing stress gradients along the implant surface.²⁴ Clinically, the harmful effects of bending moments on single tooth implants can be minimized by narrowing the buccolingual and mesiodistal dimensions of the restorations and avoiding premature contacts through a careful occlusal analysis.²⁵

Unlike delayed loaded implants with a bonded bone-implant interface, immediately loaded implants exhibit only frictional contacts with bone at the beginning of the osseointegration process. In this context, the search for more stable implant connections and abutments that can decrease occlusal stress and improve the load distribution in bone is essential for osseointegration success. In the immediate loading situation, we observed a greater influence of abutment type and implant connection on bone stress and strain, compared to that for the delayed loading situation. Among the types of implant connections that were evaluated in this study, implants with EH connections produced higher bone stress/strain than that produced by implants with IH connections, because the reduced size of the EH is insufficient to provide stability to this connection under functional loading. In contrast, implants with internal connections exhibit greater stability of their prosthetic connections due to the higher contact area at the abutment-implant interface,¹³ resulting in lower stress/strain forces on bone than those generated by EH systems. At the present time, however, the paucity of studies on the impact of the implant-abutment connection on

crestal bone level changes is insufficient to warrant the drawing of any conclusions.^{26,27} Hence, future randomized controlled clinical trials are needed to assess the effect of different implant-abutment connections on peri-implant bone level.

In addition to implant connection, the abutment type significantly affected the magnitude and distribution of bone stress and strain in immediately loaded implants. In general, conical abutments induced lower stress/strain in bone than that induced by UCLA abutments. The improved biomechanical behavior of conical abutments can be attributed to the presence of two screwed connections in this abutment, which increase the total area for stress/strain distribution and dissipation in peri-implant bone. However, the mechanical behavior of prosthetic abutments was dependent on the type of implant connection to which they were attached. The influence of abutment type apparently became stronger when the IH implant connection was used, because this connection type provides greater stability to the abutment.¹³

It should be noted that there are inherent limitations to *in silico* simulation of clinical scenarios, primarily due to assumptions concerning forces, material properties, and boundary and loading conditions. Bone is a complex dynamic structure, and its characteristics might substantially vary among individuals. In this study, bone tissue was considered as homogeneous and isotropic as a result of numerical convergence considerations for nonlinear analysis. Similar bone mechanical properties were postulated in other studies that showed comparable results.²⁸ Other factors, such as static occlusal loading, that were applied to the models could play a more prominent role in bone response, and the simulation of dynamic loading, representing the chewing movements, needs to be considered in future studies. It is important to emphasize that, in spite of FEA limitations, additional measures were taken in this study, such as the creation of accurate analytical models based on tomographic images, the simulation of preload in prosthetic screws, and the use of frictional contact elements between implant-abutment components. We included these factors because they have been

neglected in previous studies^{7,21} and might affect load transmission to bone and, consequently, the obtained results.

Conclusions

Within the limitations of this study, it can be concluded that the type of prosthetic abutment influences bone stress and strain in immediately loaded implants. The conical abutment associated

to IH implant connection optimizes the distribution and dissipation of load forces in peri-implant bone.

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