THE TOF-GUARD NEUROMUSCULAR TRANSMISSION MONITOR AND ITS USE IN HORSES¹

O MONITOR DA TRANSMISSÃO NEUROMUSCULAR "TOF-GUARD" E SEU USO EM EQÜINOS

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SUMMARY

It has been emphasized in the human medical literature, that when using a neuromuscular blocking agent, it is of vital importance the monitoring of the neuromuscular block and that these agents should never be used without it. The purpose of this study was to evaluate the use of the neuromuscular transmission monitor TOF-Guard in horses. Twelve horses were randomly assigned whether to receive pancuronium or atracurium as the neuromuscular blocking agent. All horses were pre-medicated with romifidine, anaesthesia induced with diazepam and ketamine and maintenance with halothane. Abolition of spontaneous ventilation was accomplished by the administration of atracurium or pancuronium. The time from injection of the muscle relaxant agent to the onset of maximum block (T1=0), recovery of T1 to 25% and the recovery of TOF ratio to 0.7 were recorded, as was the time for recovery of T1 from 25 to 75%. It was concluded that it is very important the neuromuscular transmission monitoring during the use of a nondepolarizing neuromuscular blocking agent, since it provides a safer anaesthetic and surgical procedure with the use of adequate dosages and due to the impossibility of a superficialization of the neuromuscular blockade during a surgical procedure. The TOF-Guard showed to be a good option for neuromuscular monitoring in horses.

Key words: neuromuscular blocking agents, neuromuscular transmission monitor, TOF-Guard, horses.

RESUMO

Quando da utilização de bloqueadores neuromusculares, já foi enfatizado na literatura médica humana, que é de vital imporância a monitoração do bloqueio neuromuscular e que estes agentes nunca devem ser utilizados sem a mesma. O objetivo deste estudo foi o de avaliar o uso do monitor da transmissão neuromuscular TOF-Guard em eqüinos. Para tanto, doze eqüinos foram separados aleatoriamente para receberem como bloqueadores neuromusculares o pancurônio ou o atracúrio. Todos os equinos foram pré-medicados com romifidina, induzidos com diazepam e quetamina e mantidos com halotano. Foi administrado o atracúrio ou o pancurônio, seguindo-se a apnéia e início da ventilação mecânica controlada. O tempo entre a administração do relaxante muscular e a obtenção de um bloqueio máximo (T1=0), o retorno do T1 para 25% e da razão do TOF para 0,7 e o tempo do retorno do T1 de 25 para 75% foram mensurados. Concluiu-se que é de grande importância a monitoração do bloqueio neuromuscular quando da utilização de um bloqueador neuromuscular nãodespolarizante, uma vez que ela torna o ato anestésico e cirúrgico mais seguro, com a utilização de doses adequadas que inviabilizam a superficialização do bloqueio durante o procedimento cirúrgico. O monitor TOF-Guard mostrou ser uma boa opção para a monitoração do bloqueio neuromuscular em

Palavras-chave: bloqueadores neuromusculares, monitor da transmissão neuromuscular, TOF-Guard, equijnos

INTRODUCTION

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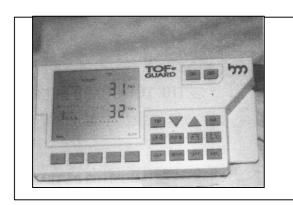


Figure 1 – The TOF-Guard monitor showing the percent twitch height (T1) and the train of four ratio which are continuously displayed

Neuromuscular function should he monitored whenever possible during administration of muscle relaxants. Monitoring provides details about the quantity of neuromuscular blocker required to produce the desired muscle relaxation for surgery and when to administer an antagonist for blockade reversal. In addition it provides an indication of the muscle function present to permit spontaneous breathing and recovery. Neuromuscular actions of relaxants can be modified by numerous factors such as the presence of other drugs, electrolyte and acid-base disturbances, and ongoing pathologic processes. With monitoring of neuromuscular function during the administration of relaxants, more appropriate dosing can be achieved. When muscle relaxants are administered to human patients as part of the anaesthetic protocol, in the recovery stage from anaesthesia, muscle strength can be assessed by voluntary movements to command, a method not available in veterinary anaesthesia (CULLEN, 1996).

The generally accepted criteria describing onset and recovery of neuromuscular blockade have been established using mechanomyography in which a force transducer measures the response to nerve stimulation. However, it requires considerable time for setting up and stabilization, maintenance of a constant preload and fixed arm position. Simple tactile assessment of the train-of-four (TOF) responses is therefore often used to monitor neuromuscular block (LOAN *et al.*, 1995). However, monitoring with simple nerve stimulators has been shown to be unreliable even in experienced hands and residual blockade has been observed despite their use (PEDERSEN *et al.*, 1990; SHORTEN *et al.*, 1992).

The TOF-Guard (Figure 1) is one of the latest developments in the field of neuromuscular monitoring equipment. This system uses a miniature acceleration transducer. The rationale behind the method is Newton's second law, stating that the acceleration is directly proportional to the force (UEDA et al., 1994). It combines advanced technology with the newest knowledge about data handling, stimulation patterns, necessary current, and significance of peripheral skin temperature for the response to nerve stimulation. The monitoring system consists of a stimulating and recording unit with a liquid crystal display, and a cable with four different sections: two stimulation electrode connections, one for the acceleration transducer, and one for a sensor for measuring skin temperature. The following stimulation patterns are optional: 1Hz and 0.1 Hz single twitch stimulation, TOF stimulation every 12 seconds, TOF every 5 minutes (for use in the ICU), posttetanic count stimulation (PTC), and double burst stimulation. The chosen variables are constantly shown both numerically and graphically on the display. Other data, such as peripheral skin temperature, the battery charge, and the current delivered can be displayed on demand. The data are also stored on a memory card, and may latter be transferred to a computer (JENSEN et al., 1993).

Previous studies made in human medicine comparing the TOF-Guard with the Myograph 2000, showed that there is a very close positive correlation between the values of T1 (control twitch height), the TOF ratio and PTC, simultaneously measured by both methods (UEDA *et al.*, 1994; MELLONI, 1995). However, other studies suggested that the TOF-Guard should not be used interchangeably with the Myograph because of a wide limit of agreement between the two monitors (MCCLUSKEY *et al.*, 1997; LOAN *et al.*, 1995)

Recent studies had been performed using the TOF-Guard to evaluate different nondepolarizing neuromuscular blocking agents in children (HODGES, 1996; ANSERMINO, 1996) and adults (JENSEN *et al.*, 1993; JAN *et al.*, 1996; HANS *et al.*, 1996; LLLWITZ *et al.*, 1997; HANS *et al.*, 1997).

In the anaesthetized laterally recumbent horse, the peroneal nerve is stimulated as it crosses the fibula shaft just distal to the head of the fibula (KLEIN *et al.*, 1983). Alternatively, in the horse, the facial nerve, which is palpated subcutaneously over the masseter muscle ventral to the lateral canthus of the eye, can be stimulated in this region and the evoked muscle contractions of the muzzle recorded (BOWEN, 1969; JONES & PRENTICE, 1976). The hoof twitch shows greater sensitivity to the effects of

relaxants than the facial muscle twitch in horses and ponies given atracurium and pancuronium (MANLEY *et al.*, 1983; HILDEBRAND & ARPIN, 1988; HILDEBRAND *et al.*, 1989). For this reason the peroneal nerve is the best choice for neuromuscular monitoring in this specie.

Normally, the horse is observed in recovery from a neuromuscular blockade for signs of muscle weakness: inability to keep the eyelids closed tightly, inability to hold the head up, muscle fasciculation during attempts to stand (KLEIN, 1991). These are fine and subjective parameters that only by itself can mislead the anaesthesilogist and a re-curarization can occur despite these observations. In the present study, the use of the TOF-Guard for monitoring the neuromuscular blockade obtained with nondepolarizing muscle relaxants in horses, was evaluated.

MATERIAL AND METHODS

Twelve horses of different breeds and ages, weighting between 300 and 500kg refereed to the University of São Paulo Veterinary Hospital were used. The horses underwent clinical examinations to rule out diseases that could interfere with the results. They were randomly assigned whether to receive pancuronium or atracurium as the neuromuscular blocking agent. anaesthesiologist in charge of recording the neuromuscular blockade did not know which drug was being used. Five horses received pancuronium and seven horses received atracurium as the neuromuscular blocking agent.

Horses were sedated with romifidine (0.12mg/kg, IV), before induction of anaesthesia. After 15 minutes they were anaesthetized with diazepam¹ (0.05 mg/kg,IV) and ketamine (2.0mg/kg, IV). The horses were positioned in lateral recumbency and endotracheal intubation was performed. Anaesthesia was maintained on a closed circle system of a large animal anaesthetic machine (Model 2800, Mallard Medical, Irvine, California) with halothaneii in 100% of oxygen. Abolition of spontaneous ventilation was accomplished by the administration of atracurium (0.1mg/kg, IV) or pancuronium^f (0.1mg/kg, IV). Once apnea was established, controlled ventilation was started. Tidal volume employed was around 12ml/kg and respiratory rate was adjusted to maintain a final end tidal carbon dioxide level no greater than 50mmHg, I:E relation (1:2) was settled in the ventilation machine (Rachel, Model 2800, Mallard Medical, Irvine, California). At the end of the surgical procedure (8 neurectomy of the palmar digital nerve,

2 experimental thoracotomy, 1 laringeal protesis and 1 tenotomy), weaning was performed by a gradual reduction of the respiratory rate at the ventilator. Antagonism of the neuromuscular blockade was performed with the administration of neostigmine^g (0.02mg/kg, IV) and atropine^h (0.04mg/kg, IV) after the recovery of TOF ratio to a value above 0.9, as suggested by CULLEN (1996).

Lactated Ringer solution was given during the anaesthesia at a rate of 10ml/kg/h, IV, through a jugular venous catheter. The facial artery cannulated for continuous pressure measurements (Biomonitor 6, BESE - Bio Engenharia de Sistemas e Equipamentos, Belo Horizonte, MG), continuous electrocardiogram (Biomonitor 6, BESE - Bio Engenharia de Sistemas e Equipamentos, Belo Horizonte, MG) as well as capnography (Multinex, Datascope, São Paulo, SP) were used for ventilatory and cardiovascular monitoring.

The hindlimb lateral digit extensor muscle was evaluated by placing the stimulating electrodes over the superficial peroneal nerve. Before placing the electrodes and the acceleration transducer, clipping and thoroughly cleaning of the skin were performed. Following anaesthesia stabilization, the TOF-Guard (Biometer, Organon Teknika, São Paulo, SP) was set up and the special mode activated because a five times amplification of the signal from the acceleration transducer was necessary. Next, an automatic start-up procedure was settled, which determines the level of supra-maximal stimulation required and sets the gain to achieve a control twitch height (T1) of 100%. This was followed automatically by supramaximal TOF stimulation every 15 seconds. The monitor was allowed a period of 10 minutes for stabilization of baseline responses.

The time from injection of the muscle relaxant agent to the onset of maximum block (T1=0), recovery of T1 to 25% (clinical duration of action) and the recovery of TOF ratio to 0.7 (time of action) were recorded, as was the time for recovery of T1 from 25 to 75% (recovery index).

Mean and standard deviation were calculated for the pancuronium and the atracurium groups separately with the ANOVA test (variance analysis), and the test of t-Student for the comparison of the different time points within the two groups; p<0.05 was considered significant.

RESULTS

The average times to various end-points for the two drugs are given in Table 1 and 2. In the pancuronium group, 2 out of 5 horses did not reach a

Table 1 -Values, means and standard deviation of the neuromuscular blocking monitoring in horses treated with pancuronium (Group 1) in different moments of evaluation.

MOMENTS			MEAN	SD			
	01	02	03	04	05	_	
T1=0 (sec)	140	181	_*	287	_*	202.7	75.8
T1=25% (min.)	66	115	7	17	_**	51.25	49.7
T1 25-75% (min.)	14	46	15	10	35	24	15.7
TOF=0.7 (min.)	108	136	19	27	_***	72.5	58.4

SD: standard deviation

*: did not reach a T1=0

**: did not decrease the T1 under 25%

***: did not lower its TOF ratio below 0.7

T1=0 with the dosage used. In these cases the chronometer was settled to zero 5 minutes after the neuromuscular blocking agent administration, the same protocol was followed in the atracurium group.

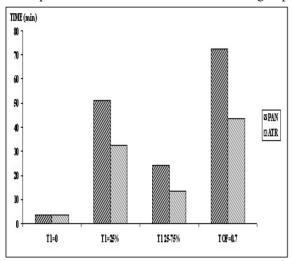


Figure 2 – Mean values of time for onset (T1 = 0), clinical duration of action (T1 = 25%), recovery index (T1 25-75%) and action time (TOF=0.7) of the muscle relaxants pancuronium (5 animals) and atracurium (7 animals) given intravenously to horses.

The mean time for onset of the neuromuscular blockade was 3 minutes and 40 seconds for the pancuronium group and 3 minutes and 46 seconds for the atracurium group. In the atracurium group 3 out of 7 animals did not reach a T1=0. The time for onset of the neuromuscular blockade is demonstrated in Figure 2. The clinical duration of action (T1=25%), time of action (TOF=0.7) and recovery index (T1 25-75%) obtained with the use of pancuronium and atracurium in horses are demonstrated in Figure 2 and in Tables 1 and 2.

The mean values obtained at the different time points measured were not considered statistically significant when comparing the pancuronium with the atracurium group.

DISCUSSION

The TOF-Guard showed to be a valuable additional tool to veterinary anaesthesia; it is small, light and practical and easy to set up, reliable in use and did not require time for limb fixation. The TOF stimulation pattern was used continuously every 15 seconds during the neuromuscular blockade and the PTC was used in horses were T1 reached 0. In all horses the amplification of the signal from the acceleration transducer was increased five times because of the lower acceleration signal obtained in horses probably due to the size and weight of the hind limb. This special mode is used in experiments with transducer placements other than on the thumb, the place proposed for transducer fixation in human medicine.

Time for onset (T1=0), clinical duration of action (T1=25%), recovery index (T1 25-75%) and the return of TOF to 0.7, with a single dose of 0.1mg/kg of pancuronium or atracurium had different individual values and mean values different from those established by KLEIN (1991) and **CULLEN** (1996)with the use of mechanomyography. Time for onset of neuromuscular blockade must be as short as possible since it is suggested that when administering a muscle relaxant agent to horses, controlled ventilation should start before administering these agents (KLEIN, 1991). In this aspect a short onset time agent is recommended. Pancuronium and atracurium with the dosage used had a long onset time.

Mean recovery index (T1 25-75%) of pancuronium and atracurium was twice and four times respectively, when comparing to the values presented by CULLEN (1996) with the dosage of 82-140μg/kg of pancuronium (T1=50%) and 70-85μg/kg of atracurium (T1=100%). The time points chosen for this study were established in recent human medical studies with muscle relaxants (JENSEN *et al.*, 1993; HODGES, 1996; ANSERMINO, 1996; JAN *et al.*, 1996; HANS *et*

al., 1996; LLLWITZ et al., 1997; HANS et al., 1997). With the same single dose of pancuronium the horses had different responses, three out of five horses had a complete blockade and one did not block at all. Atracurium had more similar responses to the dosage used.

CONCLUSIONS

It is very important to monitor the neuromuscular transmission during the use of a nondepolarizing neuromuscular blocking agent, since there is a great variation between the individual responses to a same dose of these drugs

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Table 2 -Values, means and standard deviation of the neuromuscular blocking monitoring in horses treated with atracurium (Group 2) in different moments of evaluation.

MOMENTS	HORSE							MEAN	SD
	01	02	03	04	05	06	07		
T1=0 (sec)	169	169	_*	240	252	_*	_*	207.5	44.7
T1=25% (min.)	28	27	40	49	41	24	18	32.4	11
T1 25-75% (min.)	12	11	16	15	17	16	6	13.3	3.9
TOF=0.7 (min.)	39	36	50	57	47	40	36	43.6	8

SD: standard deviation *: did not reach a T1=0

and because this is the only way of knowing the level of blockade. The neuromuscular monitoring provides a safer anaesthetic and surgical procedure with the use of adequate dosages and the impossibility of a superficialization of the neuromuscular blockade during a surgical procedure. The TOF-Guard showed to be a good option for neuromuscular monitoring in horses and it is likely to improve considerably on tactile

ACQUISITION SOURCES

- a Sedivet®, Boehringer de Angeli.
- b Valium®, Roche Químicos e Farmacêuticos S.A.

evaluation of the responses to stimulation.

- c Ketamina 50[®], Holliday Scott S/A, Happyvet Pharma, Comércio de Produtos Veterinários Ltda.
- d Halotano®, Cristália Produtos Químicos Farmacêuticos Ltda.
- e Tracrium®, Laboratórios Wellcome Zeneca Ltda.
- f Pavulon®, Akzo Nobel Ltda Divisão Organon.
- g Prostigmine®, Roche Químicos e Farmacêuticos S.A.
- h Sulfato de Atropina[®], Laboratório Vigor.

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