

Thermal biology, activity, and population parameters of *Cnemidophorus vacariensis* (Squamata, Teiidae), a lizard endemic to southern Brazil

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ABSTRACT. We investigated the following aspects of the biology of a population of *Cnemidophorus vacariensis* Feltrim & Lema, 2000 during the four seasons: thermal biology, relationship with the thermal environment, daily and seasonal activity, population structure and growth rate. *Cnemidophorus vacariensis* is restricted to rocky outcrops of the “campos de cima da serra” grasslands on the Araucaria Plateau, southern Brazil, and is currently listed as regionally and nationally threatened with extinction. Data were collected from October 2004 through September 2007 in the state of Rio Grande do Sul. Sampling was conducted randomly from 08:00 a.m. to 6:00 p.m. The capture-mark-recapture method was employed. The lizards were captured by hand, and their cloacal temperature, sex, snout-ventral length (SVL), mass, and the temperature of their microhabitat (substrate temperature and air temperature) were recorded. Individuals were then marked by toe-clipping and released at the site of capture. Body temperatures were obtained for 175 individuals, activity data for 96 individuals, and data on population structure and growth for 59 individuals. All data were obtained monthly, at different times of the day. *Cnemidophorus vacariensis* average body temperature was 23.84°C, ranging between 9.6 and 38.2°C. Temperatures ranged between 21 and 29°C. The correlation between external heat sources, substrate and air were positive and significant and there was a greater correlation between lizard’s temperature and the temperature of the substrate (tigmothermic species). The relatively low body temperatures of individuals are associated with the climate of their environment (altitude up to 1,400 m), with large variations in temperature throughout the day and the year, and low temperatures in winter. The average body temperature observed for *C. vacariensis* was low when compared with that of phylogenetically related species, suggesting that the thermal biology of this species reflects adaptations to the temperate region where it lives. The monthly rates of activity of lizards were related to monthly variations in the ambient temperatures. Our data suggest that the daily and seasonal activity of *C. vacariensis* result from the interaction between two factors: changes in the environment temperature and the relationship between individuals and their thermal environment. The population structure of *C. vacariensis* varied throughout the study period, with maximum biomass in January and maximum density in February (recruitment period). The sex ratio diverged from the expected 1:1. The growth analysis showed a negative relationship between the growth rate of individuals and the SVL, revealing that young individuals grow faster than adults, a typical pattern for short-lived species. The population studied showed a seasonal and cyclical variation associated with the reproductive cycle. The life strategy of *C. vacariensis* seems to include adaptations to the seasonal variations in temperature, typical of its environment.

KEYWORDS. Body temperature, growth, density-biomass, temperate region, tigmothermy.

RESUMO. Biologia termal, atividade e parâmetros populacionais de *Cnemidophorus vacariensis* (Squamata, Teiidae), lagarto endêmico do sul do Brasil. Este estudo teve por objetivo investigar a biologia termal, as relações térmicas com o ambiente, atividade diária e sazonal, estrutura da população e crescimento de *C. vacariensis* Feltrim & Lema, 2000, durante as quatro estações do ano. A espécie é restrita aos afloramentos rochosos dos “campos de cima da serra”, no Planalto das Araucárias, sul do Brasil, e é considerada ameaçada de extinção regional e nacionalmente. Os dados foram coletados de outubro de 2004 até setembro de 2007 percorrendo-se as áreas de amostragem aleatoriamente entre 08:00 h e 18:00 h. Utilizou-se o método de captura-marcação-recaptura. Os lagartos eram capturados manualmente, sendo registrada sua temperatura cloacal, o sexo, comprimento rostro-cloacal, a massa, e as temperaturas do micro-habitat (substrato e ar). Após, eram marcados por amputação da última falange dos dígitos e liberados no local da captura. Foram obtidas as temperaturas cloacais de 175 indivíduos, dados de atividade de 96 indivíduos e dados de estrutura da população e crescimento de 59 indivíduos. Todos os dados foram obtidos com periodicidade mensal, em diferentes horários. A temperatura média corporal foi de 23,84°C, variando entre 9,6 e 38,2°C. A faixa de temperaturas mais frequentes variou entre 21 e 29°C. A correlação entre as fontes de calor externas, substrato e ar foram positivas e significativas, verificando-se uma correlação maior entre a temperatura do lagarto e a temperatura do substrato (espécie tigmotérmica). As temperaturas corpóreas relativamente baixas nesta espécie estão associadas à região que habita, a qual pode atingir até 1.400 m de altitude, apresentando grandes variações de temperatura ao longo do ano e do dia, com baixas temperaturas no inverno. A temperatura corpórea observada para *C. vacariensis* é baixa quando comparada às espécies filogeneticamente relacionadas, o que permite inferir que a biologia termal da espécie reflete sua adaptação à região de clima temperado onde habita. As taxas mensais de atividade dos lagartos estiveram relacionadas às variações mensais das temperaturas ambientais. Os dados sugerem que a atividade diária e sazonal da espécie resulta da interação de dois fatores: variações das temperaturas ambientais e relações térmicas com o ambiente. *Cnemidophorus vacariensis* apresentou variação na estrutura populacional ao longo do estudo, com a máxima biomassa ocorrendo em janeiro e a máxima densidade em fevereiro (período de recrutamento). A proporção sexual encontrada para a população foi diferente de 1:1. As análises de crescimento demonstram uma relação negativa entre a taxa de crescimento e o tamanho dos indivíduos, revelando que os jovens crescem mais rapidamente que os adultos, o que é típico em espécies de vida curta. A população estudada apresentou uma variação cíclica e sazonal associado ao ciclo reprodutivo. *Cnemidophorus vacariensis* parece ter sua estratégia de vida adaptada às variações sazonais da temperatura de seu ambiente.

PALAVRAS-CHAVE. Temperatura corpórea, crescimento, densidade-biomassa, região temperada, tigmotermia.

Nearly all reptiles are capable of regulating and maintaining relatively stable body temperatures by using heat sources from the environment (ANDRADE & ABE, 2007). In order to take advantage of the thermal variability in their habitats, lizards assume positions or behaviors that facilitate heat gain or loss. They also increase or decrease activity rates in their microhabitat in order to maintain optimal body temperatures while

active (HEATH, 1970; GRANT & DUNHAM, 1988; GRANT, 1990; PIANKA & VITT, 2003; BUJES & VERRASTRO, 2006). However, thermal relationships between lizards and the environment vary according to the species, habitat type, foraging mode, time of day or year, and differences in the relative importance of heat sources available for thermoregulation (MENEZES *et al.*, 2000).

There seems to be an important phylogenetic

component in the expression of body temperatures in lizards: temperatures during activity are often consistent among species of the same genus (and genera of the same family) (BOGERT, 1949). Despite this apparent phylogenetic trend, several studies have demonstrated that the environment can be a determining factor in the local expression of lizard body temperatures (HUEY & SLATKIN, 1976; JAKSIC & SCHWENK, 1983; HERTZ *et al.*, 1993; ANDREWS, 1998; KIEFER *et al.*, 2005).

Because thermoregulation is critical to attain body temperatures necessary to facilitate physiological processes in ectotherms (NICHOLSON *et al.*, 2005), temperature becomes a limiting factor in the ecology of populations, as a considerable portion of the activity cycle is used to respond to the thermal environment (HEATWOLE, 1970). Moreover, ectotherms living at high altitudes where environmental temperatures are relatively low often have their activity periods limited (GRANT & DUNHAM, 1990). Thus, the temporal activity of lizards is strictly connected with their thermoregulatory needs (PIANKA, 1969), resulting in different patterns of daily and seasonal activities (HUEY *et al.*, 1977; PIANKA & VITT, 2003).

Some authors (TINKLE, 1969; TINKLE *et al.*, 1970; ROCHA, 1998) have argued that many aspects of the population and life history traits of tropical and temperate lizards – especially those living in wet and dry (arid) environments – differ considerably. For example, attributes such as body size, growth, density, mortality, age class distribution and spawning frequency tend to show variations in accordance with precipitation in populations inhabiting regions characterized by seasonal rainfall. By contrast, population parameters of temperate species vary according to the species' reproductive cycle, which is closely associated with the annual changes in temperature (JAMES & SHINE, 1985; MAGNUSSON, 1987; ROCHA, 1992; CLERKE & ALFORD, 1993; VITT & ZANI, 1996; VERRASTRO & KRAUSE, 1999; WIEDERHECKER *et al.*, 2002; BUJES & VERRASTRO, 2006).

Growth rate is another important factor determining the life history of species (TINKLE & BALLINGER, 1972; SINERVO & ADOLPH, 1989). In lizards, growth rate is mainly affected by temperature, time of exposure to solar heat, social behavior, population density and availability of food and water (ANDREWS, 1982). Two factors seem to severely affect the growth rate of lizard populations, particularly in the temperate zone. First, low environment temperatures reduce the metabolic rates of individuals, resulting in lower rates of growth or dormancy in winter (VAN DEVENDER, 1978; DUNHAM, 1981; ROSE, 1981; QUINTANA, 1991). Second, rainfall directly influences the primary productivity and abundance of insects, impacting the growth and survival of their lizard predators (NUSSBAUM & DILLER, 1976).

Differences in life history strategies among phylogenetically related species inhabiting different environments suggest that ecological resources

influence life history traits, and hypotheses to explain the evolution of distinct strategies within these groups are needed (NIEWIAROWSKI, 1994).

Lizards of the genus *Cnemidophorus* Wagler, 1830 generally have high body temperatures which are associated with high levels of activity and an active foraging strategy (HUEY & PIANKA, 1981; MAGNUSSON *et al.*, 1985; ANDERSON & KARASOV, 1988). In order to maintain high body temperatures throughout the activity period, these lizards thermoregulate in the warmest hours of the day and are generally heliothermal (BERGALLO & ROCHA, 1994). In open environments, they alternate between micro-habitats in the shade and in the sun, to avoid excessive heat from the substrate (VITT *et al.*, 1993; MESQUITA & COLLI, 2003). ETHERIDGE & WIT (1993) concluded that lizard activity is influenced by physical and ecological factors, and differences in predation pressure, social behavior, and energetic expenditure related to foraging can give insights into the costs and benefits of activity and inactivity.

Cnemidophorus vacariensis Feltrim & Lema, 2000, a lizard endemic to southern Brazil, lives on rocky outcrops in high elevation grasslands of the Araucaria Plateau (FELTRIM & LEMA, 2000; DI-BERNARDO *et al.*, 2003). Its seasonal reproduction occurs between October and February (REZENDE-PINTO *et al.*, 2009; CARUCCIO *et al.*, 2010). Individuals of this species are found in small, shallow holes they build in the substrate underneath outcrops of loose stones (CARUCCIO *et al.*, 2010). The species has been categorized as “Vulnerable” in the state of Rio Grande do Sul (MARQUES *et al.*, 2002; DI-BERNARDO *et al.*, 2003) based on limited information regarding its sensitivity to habitat alteration. *Cnemidophorus vacariensis* is also regarded as nationally threatened with extinction (MMA, 2008) and included in the Red Data Book of endangered fauna in the state of Paraná (MIKICH & BERNILS, 2009).

The main goal of the present study was to investigate the following aspects of the biology of a population of *C. vacariensis*: 1) body temperature range during activity; 2) seasonal, sex and age related variations in body temperature; 3) thermoregulation strategy; 4) daily activity patterns; 5) seasonal variations in activity; 6) age and sex related variations in activity levels; 7) population structure; 8) relationship between activity levels and thermal biology and population parameters.

MATERIAL AND METHODS

We conducted our research in the highland grasslands known as the “campos de cima da serra”, in the state of Rio Grande do Sul, Brazil. Thermal biology data were obtained in the municipality of Vacaria (28°27'26”S, 50°93'91”W), approximately 1,020 m above sea level, and data on activity and population parameters were gathered primarily at an area in the

municipality of Bom Jesus (28°18'29"S, 50°42'56"W). The latter is characterized by the presence of two rocky formations with a total area of 1.3 ha and vegetation composed predominantly of shrubs and grasses, at 950 m altitude.

Both localities are included in the Atlantic Forest domain, specifically in the Araucaria Forest ecoregion, which is characterized by a mosaic of *Araucaria*-dominated woodlands (*Araucaria angustifolia*, Araucariaceae) and grasslands (RAMBO, 1994). The grassland, though apparently uniform, is characterized by a mixture of several species (see BOLDRINI, 1997 for a detailed description). The climate is temperate humid, with mild summers and no dry season, corresponding to the "Cfb" climate in Köppen's classification (MORENO, 1961). The average temperature in the warmest months – January and February – is below 19.5°C, and that of the coldest months – June and July – is lower than 10.5°C. The mean annual rainfall is 1,545 mm and the maximum altitude is 1,398 m (MALUF, 2000).

Data on thermal biology were collected on two days per month, from October 2004 to August 2006, between 8:00 a.m. and 6:00 p.m. Lizards were located on the rocky outcrops and captured manually. Immediately after capture, cloacal, microenvironment, substrate and air temperatures were recorded with a Schultheis cloacal thermometer (0.2°C accuracy). Air temperature was taken consistently one centimeter above the exact place where the specimen was captured. Additionally, the following parameters were recorded: snout-ventral length (SVL), with a caliper (Mitutoyo; precision 0.02 mm), and body mass, with a spring scale (Pesola®; capacity of 30 g; 0.25 g accuracy).

In order to record population parameters, we used stakes to delimit a known area of 1.3 ha, according to site characteristics (vegetation, rocky outcrops and occurrence of lizards). Data were collected on one day every month, always under sunny conditions, from September 2006 to September 2007. During field work, all activities performed by each individual lizard were recorded when it was first spotted. Subsequently, the lizard was captured manually to allow the collection of data on SVL, weight and sex. Each individual was marked by amputation of its last phalanx and released at the site of capture (adapted from BUJES & VERRASTRO, 1998). The area was searched randomly from 08:00 a.m. to 6:00 p.m. and the following information was recorded for each lizard observed: 1) activity level, as either (A) active, when the lizard was moving, or (B) inactive, when the lizard was static or hiding in a burrow (DI-BERNARDO *et al.*, 2007); 2) time of observation; 3) temperature of the substrate (TS) where the specimen was first located, measured with an infrared surface thermometer (precision of 0.1°C); 4) air temperature (TA), measured with a digital thermometer (precision of 0.1°C) at 1 cm from the ground, at the same place of TS. Every hour the following environmental temperatures

were systematically recorded: air temperature (TA) (10 cm from ground), temperature of the substrate exposed to the sun (TSs), and temperature of the substrate in the shade (TSsh). In order to measure the temperature of the substrate in the sun, we positioned the thermometer under the surface of the stone exposed to the sun. When measuring the substrate temperature in the shade, the thermometer was slightly buried in the earth beneath the bushes of grass surrounding the site. Hourly temperatures were always taken at the same place, throughout the study period, in order to avoid variations due to changes in substrate and/or location relative to the sun.

Individuals were separated into two age classes. Adults were identified based on the minimum reproductive size for the species (males: SVL > 48.8 mm, females: SVL > 57.4 mm) (REZENDE-PINTO *et al.*, 2009). Sex was determined only for adult individuals, based on the following characteristics outlined by REZENDE-PINTO *et al.* (2009) for *Cnemidophorus* species: males with black spots on the abdomen and throat, and a yellowish coloration on the first rows of ventral scales; females lacking spots on the abdomen and larger than males.

Seasons were defined as: spring (October–December 2006), summer (January–March 2007), autumn (April–June 2007), and winter (July–September 2007).

The relationship between body temperatures and environment temperatures (substrate and air) was tested by regression analysis, and the relationship between cloacal temperature and body size was tested using correlation analysis. The differences in temperature and body size between males and females were tested using the t-test. The differences in body and environmental temperatures (substrate and air) among the seasons were tested using nonparametric analysis of variance, the Kruskal-Wallis test (Dunn's method) (ZAR, 1996).

Because the number of researchers collecting data was not constant throughout the study period, we standardized the sampling effort *a posteriori* according to a record rate (adapted from MACIEL *et al.*, 2003). This record rate was calculated by dividing the number of lizards recorded by the total search effort (in person-hours). Thus, the record rate of active lizards was calculated considering only individuals that were found in activity. Temporal variation of record rates of active lizards was categorized as hourly (daily), monthly, and seasonal intervals. The total search effort throughout the study period was 330 hours. The relationship between monthly record rates and mean monthly environmental temperatures (TA, TSs and TSsh) was tested using a simple linear regression (ZAR, 1996). Differences in daily activity among seasons, age classes and sexes (in each season) were tested using the Kolmogorov-Smirnov two-by-two test (SIEGEL, 1975). The t-test was used to investigate differences between age classes and sex of the lizards with respect to the environmental temperatures (TA, TSs and TSsh) in which they were active (ZAR, 1996).

The Jolly-Seber (JOLLY, 1965; SEBER, 1965; ROCHA, 1998) method was used in population estimates. Density (number of individuals/ha) was estimated for each month by dividing the size of the population in that month by the number of hectares in the study area. Biomass (g/ha) was estimated by multiplying lizard density in each month by the average weight (grams) of lizards captured in that month.

Population age structure was estimated using the frequency of monthly distribution of age classes; the recruitment period was ascertained based on the monthly distribution of the SVL (mm) of the lizards captured. The sex ratio was estimated only for adults. We used the χ^2 (chi-square) statistics to test sex and age ratios (ROCHA, 1998).

The average, maximum and minimum SVL (mm) and mass (g) were measured using all individuals captured in the study area. The growth rates of *C. vacariensis* were calculated based on measurements (SVL and mass) of individuals previously captured and marked. This procedure, previously tested on snakes, is considered to produce the most realistic growth estimates (PARKER & PLUMMER, 1987). It has also been widely used for lizards (VAN DEVENDER, 1978; VERRASTRO & KRAUSE, 1994; VAN-SLUYS, 1998).

Additionally, seven eggs of *C. vacariensis*, collected in January 2009, were incubated in laboratory for assessment of the SVL (mm) and mass (g) at hatching.

RESULTS

The body temperature of *C. vacariensis* ranged between 9.60–38.20°C (mean $23.84 \pm 6.50^\circ\text{C}$; $n = 175$) (Fig. 1). Body temperatures correlated significantly with microhabitat and substrate ($R^2 = 0.8320$, $p < 0.0001$, $n = 173$) and air ($R^2 = 0.5808$, $p < 0.0001$, $n = 163$) temperatures. Multiple regression analysis revealed a significant correlation between body temperature (Tb) and the temperature of the environment (Ts and Tar) ($R^2 = 0.46$; $p < 0.0001$; $n = 163$). The average temperature of the substrate was $22.32 \pm 5.72^\circ\text{C}$ (range 10.00–37.30°C), while the average air temperature was $22.68 \pm 6.76^\circ\text{C}$ (range 9.00–44.85°C).

Body size was not significantly correlated with body temperature ($r = -0.003$; $p = 0.9724$; $n = 137$). The body temperatures of males and females were not significantly different ($t = 0.3157$, $p = 0.7529$).

Body temperature differed significantly between seasons ($H = 21.81$; $p < 0.0001$). These differences were verified when the two seasons with the highest temperatures (spring 2004 and summer 2005–2006) and the three seasons with the lowest temperatures (autumn 2005, spring 2005 and winter 2006) were compared.

Microhabitat temperatures were also significantly different between the four seasons. Substrate temperatures ($H = 38.70$, $p < 0.0001$) differed between the seasons with higher average temperatures (spring

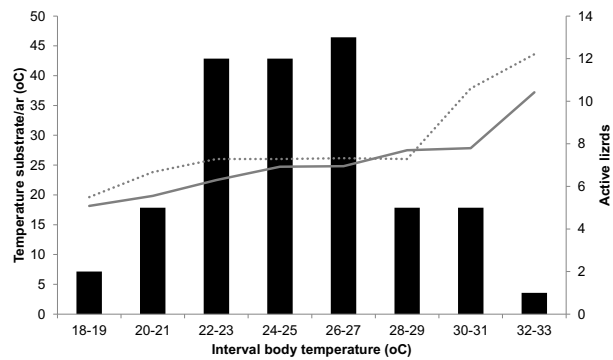


Fig. 1. Frequency distributions of body temperatures of *Cnemidophorus vacariensis* Feltrim & Lema, 2000 in the study area at the municipality of Vacaria, Rio Grande do Sul, Brazil, between October 2004 and September 2006.

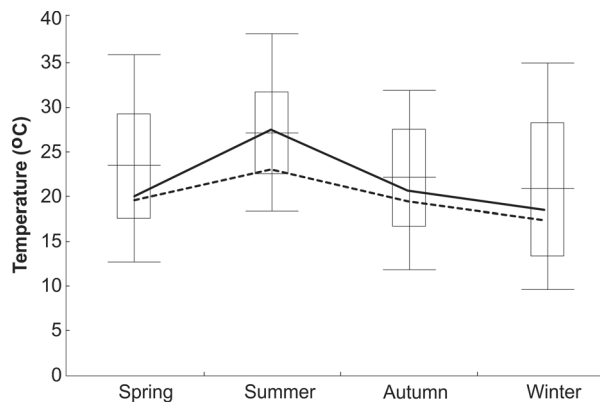


Fig. 2. Seasonal changes in mean body temperature of *Cnemidophorus vacariensis* Feltrim & Lema, 2000 (horizontal line, mean body temperature; vertical line, range; vertical bar, standard deviation; numbers in parenthesis, sample size), and mean microhabitat temperature (broken line, mean air temperature; solid line, mean substrate temperature).

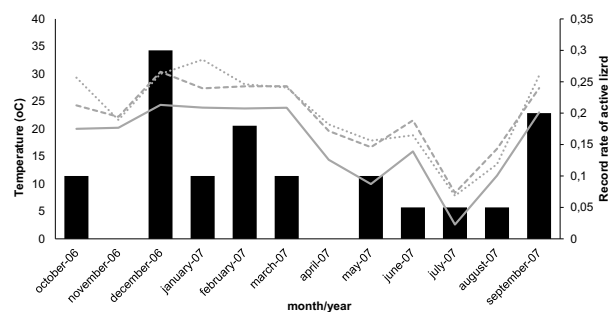


Fig. 3. Relationship between monthly rate of records of active *Cnemidophorus vacariensis* Feltrim & Lema, 2000 and monthly mean of environmental temperatures throughout the months in the study area at the municipality of Bom Jesus, Rio Grande do Sul, Brazil, between October 2006 and September 2007 (broken line, air temperature; point line, temperature of substrate exposed to the sun; continuous line, substrate temperature in the shade).

2004, summer 2004–2005 and summer 2005–2006) and those with lower average temperatures (fall 2005, spring 2005 and winter 2006). The average air temperature ($H = 49.31$, $p < 0.0001$) was significantly higher in the summer of both years than in the other seasons.

A total of 94 individuals of *C. vacariensis* were recorded throughout the activity survey: 39 adults (25 males and 14 females), 36 juveniles, and 19 non-captured

Tab. I. Seasonal changes in environment temperatures (air, substrate exposed to the sun and substrate in the shade) between October 2006 and September 2007 (abbreviations refer to the temperature values by season, °C: X, mean; SD, standard deviation; max, maximum; min, minimum).

Temperature/ season		Temp Air (°C)	Temp. Sub. Sun (°C)	Temp. Sub. Shade (°C)
spring	X	25.7	27.1	21.8
	min	19.0	19.7	11.9
	max	33.6	41.0	29.1
	SD	4.6	6.7	4.3
summer	X	27.6	29.3	23.8
	min	18.6	14.6	14.6
	max	37.0	44.3	32.1
	SD	4.2	7.8	4.5
autumn	X	19.4	19.2	13.5
	min	5.6	4.3	2.1
	max	27.6	34.7	23.4
	SD	4.7	7.4	4.9
winter	X	17.4	17.0	12.4
	min	2.4	9.4(-)	8.9(-)
	max	32.1	36.5	29.5
	SD	8.6	11.2	9.6
Test Kruskal-Wallis	p<0.0001	H=48.06	H=32.2	H=53.35

Tab. II. Capture effort (sum of the hours each person worked), number of active lizards recorded, and record rate of active lizards (lizard per hour/person of search) in different seasons in the study area at the municipality of Bom Jesus, Rio Grande do Sul, Brazil, between October 2006 and September 2007.

	Spring	Summer	Autumn	Winter
Capture effort	80	130	60	60
Number of active lizards recorded	14	17	3	6
Record rate	0.175	0.131	0.05	0.1

Tab. III. Growth of *Cnemidophorus vacariensis* Feltrim & Lema, 2000 at the municipality of Bom Jesus, Rio Grande do Sul, Brazil: N, number of individual mark; SVL(i) and SVL(e), initial and final snout-vent length (mm); Date(i) and Date(e), date of the first and last captures.

N	Sex	SVL(i)	SVL(e)	Date(i)	Date(e)	Interval of time (month)	growth (mm)	growth rates (mm/month)
2	M	49.4	53.3	9/13/2006	10/21/2006	1.267	3.9	3.079
6	M	51.7	61.4	10/21/2006	8/25/2007	10.267	9.7	0.945
6 ^a	F	65.2	66.3	8/31/2006	1/23/2007	4.833	1.1	0.228
7	F	68.8	72	10/21/2006	3/1/2007	4.367	3.2	0.733
8 ^a	M	51.5	67.3	8/31/2006	11/25/2006	2.867	15.8	5.512
12	M	52.2	62.1	11/25/2006	2/28/2007	3.167	9.9	3.126
19	M	49.5	64	12/11/2006	4/1/2007	3.7	14.5	3.919
23	M	66.4	67.8	1/23/2007	5/26/2007	4.1	1.4	0.341
26	J-M	46.9	52.9	2/28/2007	4/28/2007	2.9	6	2.069
27	J	46.4	53	2/28/2007	9/15/2007	6.633	6.6	0.995
28	J	37.5	45.1	2/28/2007	4/28/2007	1.976	7.6	3.864
32	J	42.1	49	3/31/2007	9/15/2007	5.6	4.9	0.875

specimens (it was not possible to determine their sex or age). Of these, 59 individuals were considered for the study of population parameters (35 adults: 22 males and 13 females; and 24 juveniles). The mean SVL of females was 58.93 ± 6.54 mm and the largest specimen was 72.9 mm long. The mean SVL of males was 58.93 ± 6.54 mm and the largest specimen was 68.6 mm. The mean SVL of juveniles was 44.17 ± 7.02 mm. The average weights, discriminated by sex, were: females: 7.45 ± 1.84 g; males: 5.75 ± 1.95 g; juveniles: 2.48 ± 0.98 g. The lightest weight recorded among juveniles was 0.75

g. Considering the many variables that may affect the development of individuals before they reach adulthood, the maximum weight was discarded because it was believed not to contribute with significant information.

Means of environmental temperatures (TA, TSs and TSsh) varied greatly throughout the year, reflecting the seasonality of the regional climate. The temperatures in the shade showed the greatest variances ($H = 53.35$, $p < 0.0001$), followed by air temperatures ($H = 48.06$, $p < 0.0001$) and temperatures of the substrate exposed to the sun ($H = 32.2$; $p < 0.0001$) (Tab. I).

Table IV. Growth of *Cnemidophorus vacariensis* Feltrim & Lema, 2000 in Bom Jesus, Rio Grande do Sul, Brazil: N, number of individual mark; Mass(i) and Mass(e), initial and final mass (g); Date(i) and Date(e), first and last dates of captures.

N	Sex	Mass(i)	Mass(e)	Date(i)	Date(e)	Interval of time (month)	Mass (g)	growth rates (g/day)
2	M	3.5	3.55	9/13/2006	10/21/2006	1.267	0.05	0.039
6	M	3.9	5	10/21/2006	8/25/2007	10.267	1.1	0.107
6 ^a	F	7	6	8/31/2006	1/23/2007	4.833	-1	0.207
7	F	9.8	9.75	10/21/2006	3/1/2007	4.367	-0.05	0.011
8 ^a	M	9	9	8/31/2006	11/25/2006	2.867	0	0.000
12	M	4.5	6.75	11/25/2006	2/28/2007	3.167	2.25	0.710
19	M	4	7.25	12/11/2006	4/1/2007	3.7	3.25	0.878
23	M	7	8	1/23/2007	5/26/2007	4.1	1	0.244
26	J-M	3	3.75	2/28/2007	4/28/2007	2.9	0.75	0.259
27	J	2.5	3.5	2/28/2007	9/15/2007	6.633	1	0.151
28	J	1.25	2	2/28/2007	4/28/2007	1.976	0.75	0.380
32	J	2.25	3.78	3/31/2007	9/15/2007	5.6	1.53	0.273

The monthly mean record rate throughout the study period was 0.288 lizards per hour/person of search, which corresponds to approximately one lizard recorded every 3 hours and 28 minutes. The monthly mean record rate of active lizards was 0.106 lizards per hour/person of search, which corresponds to one active lizard every 9 hours and 26 minutes (Tab. II).

Active lizards were found during the entire year, except in November and April (Fig. 3). The mean record rates were related to the mean variation of environmental temperature ($p < 0.05$; $R^2_{\text{active} \times \text{tssh}} = 0.33$, $p = 0.049$; $n = 12$) (Fig. 4).

The activity pattern of *C. vacariensis* showed

a unimodal pattern in all seasons except autumn. Specimens were active between 9:00 a.m. and 5:35 p.m. In previous studies on *C. vacariensis* (unpublished data), night sampling indicated that the species is active only during daylight.

Periods of daily activity of *C. vacariensis* varied significantly between spring and summer ($D_{\text{max}} = 0.55$, $p < 0.05$). During spring, the first individual was observed at 10:50 a.m. The number of active lizards peaked at 12:00 p.m. and 2:00 p.m., when environmental temperatures were highest. After 4:25 p.m., no lizard was observed. During summer, the first active lizard was observed at 9:20 a.m. and activity peaked between 10:00

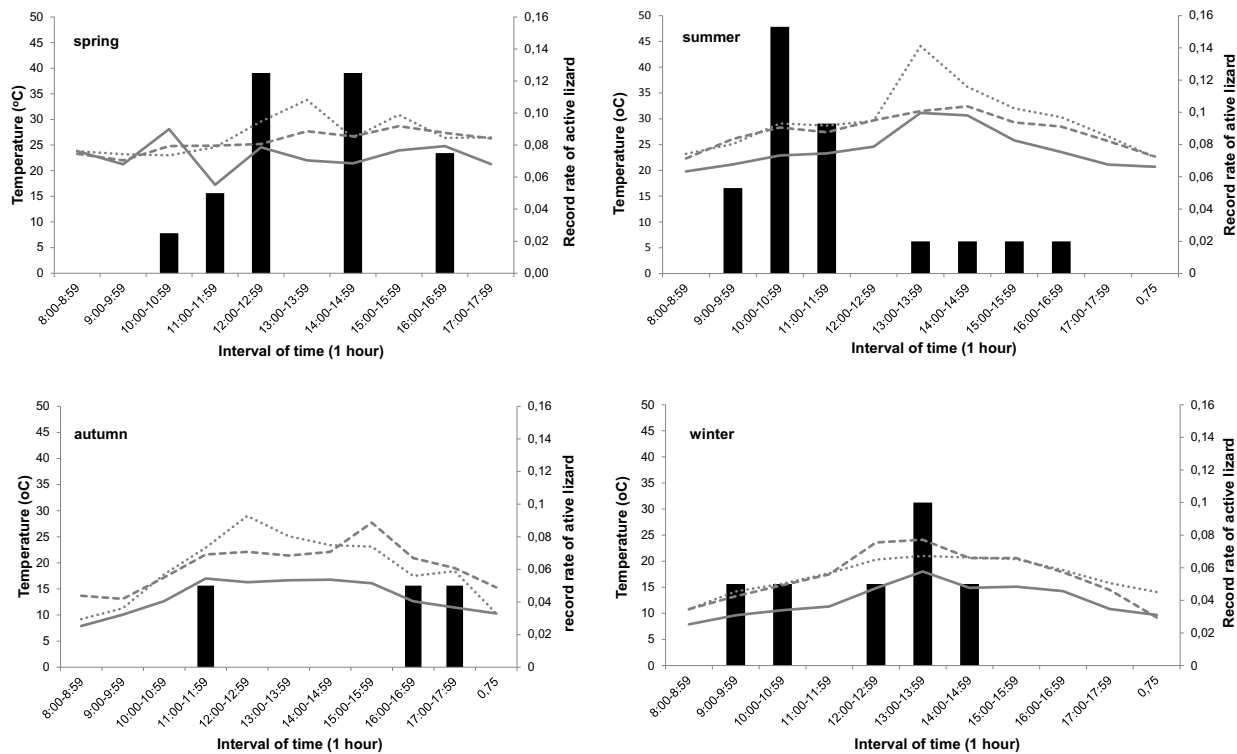


Fig. 4. Daily activity of *Cnemidophorus vacariensis* Feltrim & Lema, 2000 and hourly means of environmental temperatures during different seasons in the study area at the municipality of Bom Jesus, Rio Grande do Sul, Brazil, between October 2006 and September 2007 (point line, substrate temperature sun; broken line, air temperature; continuous line, substrate temperature shade).

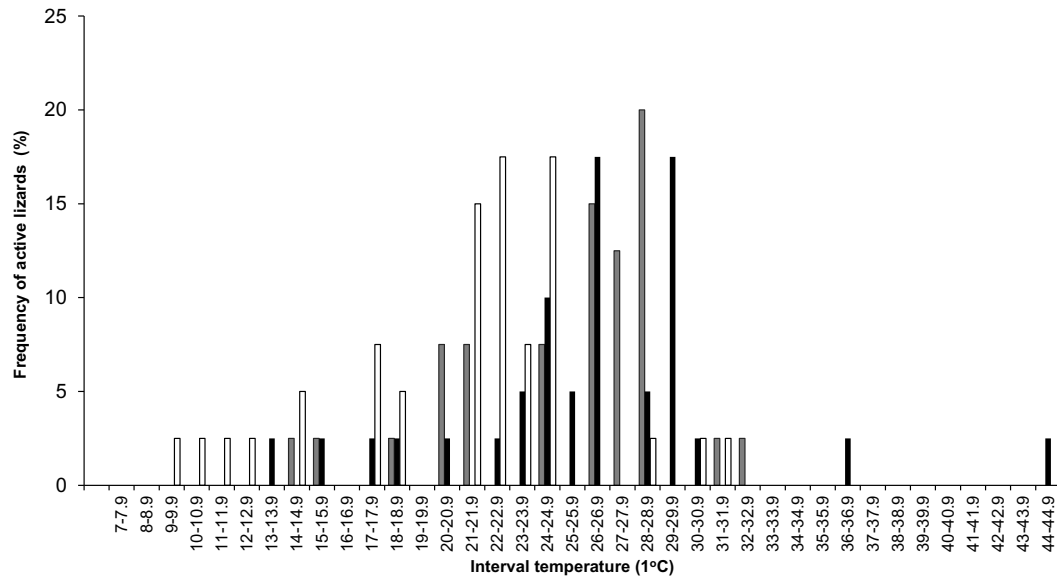


Fig. 5. Relative frequency of active *Cnemidophorus vacariensis* Feltrim & Lema, 2000 in temperature intervals (1°C) of the air (grey bars), substrate exposed to the sun (black bars) and substrate in the shade (white bars) in the study area at the municipality of Bom Jesus, Rio Grande do Sul, Brazil, between October 2006 and September 2007.

and 11:00 a.m. After 12:00 p.m., when environmental temperatures were highest, lizard activity decreased considerably. During the autumn we recorded only three active specimens: the first at 11:30 a.m. and the others between 4:00 and 5:30 p.m. In the winter, active lizards were observed between 9:00 a.m. and 3:00 p.m. with a maximum of two records between 1:00 p.m. and 2:00 p.m. (Fig. 4). However, four of these records were in September, when environmental temperatures were highest (Fig. 4).

No statistically significant differences were found in daily activity between sexes and age classes in any season ($p > 0.05$). However, when the records for the entire year are clustered, males and females differed in their activity patterns ($D_{\max} = 0.83$; $p < 0.05$). Furthermore, females were less active than males: 14.29% of the observed females were active, compared with 24% of the observed males.

The majority of the active lizards (70%) were found when air temperatures varied between 24 and

28.9°C (Fig. 5). Most of the active lizards (~80%) were observed on the substrate exposed to the sun (temperature between 22 and 30.9°C), opposed to the ones in the shade (62%) (temperature between 21 and 25.9°C) (Fig. 5).

No statistically significant difference was observed between age classes in relation to the air (TA) ($t = 1.145$; $df = 20$; $p = 0.266$) and substrate temperatures (TSsh) ($t = 1.763$; $df = 20$; $p = 0.093$) when lizards were active. The same was observed when sexes were compared: air temperature (TA) ($t = 0.734$; $df = 6$; $p = 0.491$) and substrate temperature (TSsh) ($t = -1.041$; $df = 6$; $p = 0.338$).

The density and biomass (Fig. 6) of the *C. vacariensis* population varied markedly throughout the year. The density was higher in February, and biomass in January, both decreasing after this period. Conversely, the lowest density and biomass occurred in June, coinciding with the lowest environmental temperature recorded during the study period.

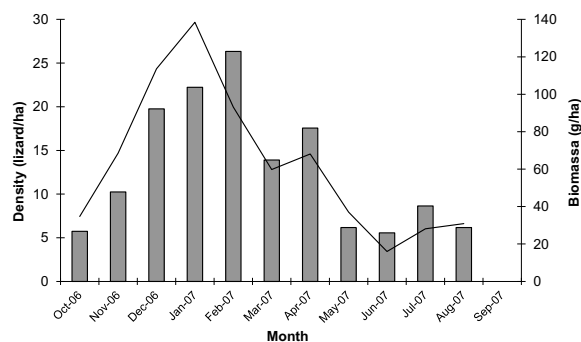


Fig. 6. Variation in density (individuals/ha) and biomass (g/ha) of *Cnemidophorus vacariensis* Feltrim & Lema, 2000 at the municipality of Bom Jesus, Rio Grande do Sul, Brazil, from September 2006 to September 2007.

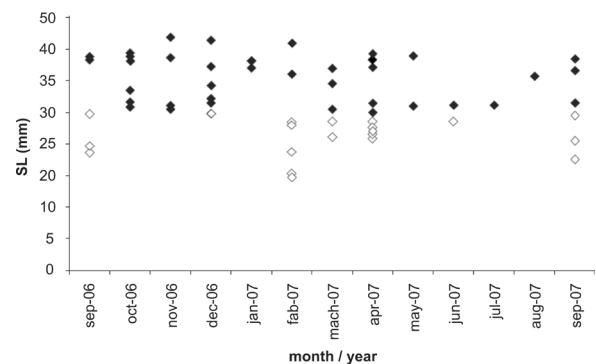


Fig. 7. Distribution of SVL (snout-ventral length, in mm) of *Cnemidophorus vacariensis* Feltrim & Lema, 2000 at the municipality of Bom Jesus, Rio Grande do Sul, Brazil, from September 2006 to September 2007 (black symbols, adults; clear symbols, juveniles).

Tab. V. List of species of *Cnemidophorus* studied in Brazil, the environments in which they were studied, and mean values \pm standard deviation of body temperatures: 1, COLLI & PAIVA (1997); 2, DIAS & ROCHA (2004); 3, HATANO *et al.* (2001); 4, MESQUITA & COLLI (2003); 5, VITT (1995); 6, MENEZES & ROCHA (2011). (Habitat names in Portuguese).

Species	Habitat	mean \pm SD
<i>Cnemidophorus abaeensis</i> ²	Restinga	36.7 \pm 1.7°C
<i>Cnemidophorus abaeensis</i> ⁶	Restinga	38.2 \pm 2.9°C
<i>Cnemidophorus cryptus</i> ¹	Savana amazônica	39.65 \pm 1.72°C
<i>Cnemidophorus cryptus</i> ⁴	Savana amazônica	39.40 \pm 1.95°C
<i>Cnemidophorus gramivagus</i> ¹	Savana amazônica	37.65 \pm 2.29°C
<i>Cnemidophorus lacertoides</i> ⁶	Restinga	35.2 \pm 2.9°C
<i>Cnemidophorus lemniscatus</i> ¹	Savana amazônica	38.48 \pm 1.86°C
<i>Cnemidophorus litoralis</i> ³	Restinga	38.6 \pm 2.2°C
<i>Cnemidophorus litoralis</i> ⁶	Restinga	38.3 \pm 1.7°C
<i>Cnemidophorus nativo</i> ⁶	Restinga	38.0 \pm 1.8°C
<i>Cnemidophorus ocellifer</i> ¹	Cerrado	36.31 \pm 3.81°C
<i>Cnemidophorus ocellifer</i> ²	Restinga	36.5 \pm 1.8°C
<i>Cnemidophorus ocellifer</i> ⁴	Cerrado	37.52 \pm 2.35°C
<i>Cnemidophorus ocellifer</i> ⁵	Caatinga	39.7 \pm 0.20°C
<i>Cnemidophorus ocellifer</i> ⁶	Restinga	37.6 \pm 1.6°C
<i>Cnemidophorus parecis</i> ⁴	Cerrado	38.24 \pm 2.21°C
<i>Cnemidophorus vacariensis</i>	Campos de altitude	23.84 \pm 6.50°C

The distribution of age classes in the population varied significantly in the study months ($\chi^2 = 752.76$; $df = 12$; $p < 0.0001$) (Fig. 7). Individuals with the lowest SVL were found in February. Juvenile individuals predominated over adults in February and March. The proportion of males and females also differed significantly throughout the year ($\chi^2 = 308.9$; $df = 10$; $p < 0.0001$).

The growth rates presented in tables III and IV (considering SVL and mass, respectively) were calculated based on recaptures (one to five) of twelve individuals of *C. vacariensis*.

The analysis of the relationship between mass and SVL revealed that both are strongly correlated in males ($r = 0.89$, $p < 0.05$, $n = 22$), females ($r = 0.71$, $p < 0.05$, $n = 13$) and juveniles ($r = 0.79$, $p < 0.05$, $n = 24$), indicating that mass in these lizards increases in direct proportion to their length. However, we found a negative association between the growth rates of individuals and their SVL ($r = -0.126$, $p < 0.05$, $n = 12$).

The seven collected eggs hatched in the laboratory between January and February 2009. The average SVL of these hatchlings was 29.71 ± 0.55 mm and the mass was 0.63 ± 0.05 g. These values indicate that the smallest individuals captured in the field were newborns (Fig. 7).

DISCUSSION

Cnemidophorus lizards are generally heliothermal and strongly rely on sun exposure for thermoregulation, especially in open environments (MESQUITA & COLLI, 2003). *Cnemidophorus vacariensis*, however, was not observed thermoregulating through direct exposure to the sun, a tigmothermic behavior. The correlation between the TB and the TA, and between the TB and the TS indicates that both (TA and TS) are important heat sources ($R^2 = 0.46$, $p < 0.0001$, $n = 163$). As verified by CARUCCIO *et al.* (2010) for this species, only 1.06% of the lizards were observed walking through the grass, and 80.85% were recorded underneath rocky outcrops. Also, in warmer seasons, during the hottest hours of the day, these authors found only 18.6% of the individuals at the edge of the outcrop in the herbaceous vegetation. According to the same study, lizards select stones with different thickness in different seasons: during the cold seasons they are found under rocks which are thinner than those selected during the warm seasons. Thinner rocks provide more heat. This reinforces the idea that the thermoregulatory behavior of this species occurs by conduction, in burrows under rocks, characterizing a tigmothermic thermoregulatory behavior, which differentiates *C. vacariensis* from most congeneric species.

Coloration is part of an animal's thermoregulatory mechanism. Some colors absorb heat from the environment more quickly than others. Generally, animals with the darkest tegument inhabit environments where temperatures are, on average, lower (SMITH, 1979). The color pattern of *C. vacariensis* is dark, which can be advantageous in a region with temperate climate, because it optimizes heat absorption.

The significant seasonal variation in the body temperature of *C. vacariensis* was expected, because the region it inhabits has a temperate climate with four seasons defined by temperature changes. This variation in body temperature was strongly correlated with variations in substrate temperature throughout the seasons, except in the summer of 2004–2005, when substrate temperatures were significantly warmer than in the autumn of 2005, spring 2005, and winter 2006, but lizard body temperatures were not. This is in line with what had already been observed in studies of lizard thermal biology (PIANKA & VITT, 2003). Animals avoid very warm microhabitats during extremely hot periods of the day or the season. By doing so, they maintain a temperature range suitable for their metabolic needs (BORGERT, 1959; HEATWOLE & TAYLOR, 1987). The substrate temperature in the summer of 2004–2005 was very high; however, the body temperatures of the lizards remained relatively low, indicating that individuals of *C. vacariensis* avoided extreme temperatures by occupying thermally cooler microhabitats such as the vegetation surrounding the rocky outcrops, or crevices underneath thicker rocks (CARUCCIO *et al.*, 2010).

Differences in body size correspond to differences in surface-volume ratio. Therefore, differences in the temperature of lizards of different sizes were expected. However, this trend has not been verified by us. CARUCCIO *et al.* (2010) found that adults and juveniles use rocks that are significantly different in thickness. This may indicate a differentiation in the spatial thermoregulatory behavior between individuals of different sizes. Smaller lizards should heat up faster due to their larger surface area with respect to their volume (BEGON *et al.*, 2007).

No sexual differences were found in body temperature, indicating that sex probably is not an important factor in the thermal biology of the species. Still, it is noteworthy to mention that CARUCCIO *et al.* (2010) found that, during the reproductive season, females select the thinnest rocks to build their dens.

According to some studies, phylogenetically close lizard species generally have similar average body temperatures, even when they inhabit different environments (BRATTSTROM, 1965; LICHT *et al.*, 1966; CROWLEY, 1985; VAN DAMME *et al.*, 1990; COLLI & PAIVA, 1997; ANDREWS, 1998; MENEZES & ROCHA, 2011). However, body temperature regulation in lizards is a complex process, influenced by several factors such as ecology, biology and abiotic aspects (weather, heat sources) (PIANKA, 1986). With respect to geographical variation in the ecology of species of *Cnemidophorus*, MESQUITA & COLLI (2003) suggested that the patterns of life history of these lizards are strongly influenced by differences in environmental conditions among regions. The average temperature of *C. vacariensis*, when compared with that of other *Cnemidophorus* species, is lower and more variable (Tab. V). Most previous studies on the genus in Brazil have been carried out in areas with tropical climate, which imposes environmental constraints very different from those encountered by *C. vacariensis*. Thus, the more variable body temperatures throughout the year and the periods of more intense activity concentrated during the day, together with a lower average body temperature in this species, are characteristics that reflect the temperate climate to which it is adapted.

Additionally, the temperature – or more precisely, heat availability – is the main limiting factor for these animals (PIANKA & VITT, 2003). Accordingly, the results of the present study revealed a relationship between the level of activity of *C. vacariensis* and the marked seasonal temperature variations, which determine the seasonality in the region.

Cnemidophorus vacariensis had two distinct periods of seasonal activity during the year: a long period of activity in the seasons with high temperatures (spring and summer) and a period of reduced activity in seasons with low temperatures (autumn and winter). Studies have demonstrated that the intensity of environmental temperatures could influence lizard activity (PIANKA, 1970a; MAGNUSSON *et al.*, 1985; HAIGEN & FENGXIANG,

1995; MESQUITA & COLLI, 2003). Furthermore, the period of most intense activity recorded for *C. vacariensis* coincided with the species' reproductive (September to December) and recruitment periods (January and February), as suggested by REZENDE-PINTO *et al.* (2009). According to those authors, the reproductive activity of *C. vacariensis* is associated with the temperature: the reproductive period occurs when temperatures are most favorable for egg incubation, which in turn is dependent on the environmental temperature. During the reproductive season, males combine foraging activity with mate search (VITT & BREITENBACH, 1993). According to ETHERIDGE & WIT (1993), in addition to food acquisition, reproduction is the most important benefit of activity. Favorable temperatures in this period also benefit the dispersion of juveniles. Thus, the temperature has a direct effect on the daily and seasonal activity of individuals of the species, which in turn influences reproduction and recruitment.

The region where this study was conducted has a temperate and humid climate. There, temperatures are on average lower and more variable when compared with other environments in Brazil. During colder months, the climate in the study area is similar to the climate of temperate zones in the Northern Hemisphere, where species of *Aspidoscelis* Fitzinger, 1843 (a closely related genus from North America; REEDER *et al.*, 2002) are inactive during cold periods (ETHERIDGE & WIT, 1993). Experimental data indicate that the increase in environmental temperatures probably triggers egg hatching in these lizards (ETHERIDGE *et al.*, 1983). In the Southern Hemisphere, other species of the family Teiidae also hibernate during unfavorable periods (*e.g.* BUJES, 1998; CRUZ *et al.*, 1999).

Studies focusing on the activity patterns of Brazilian species of *Cnemidophorus*, carried out in habitats with a tropical climate, either failed to mention inactivity periods or were performed during only part of the year (*C. nativo* Rocha, Bergallo & Peccinini-Seale, 1997, from Linhares Restinga – BERGALLO & ROCHA, 1993; *C. lemniscatus* (Linnaeus, 1758) in open habitats of the Amazon biome – VITT & CARVALHO, 1995; VITT *et al.*, 1997, *C. ocellifer* (Spix, 1825) from Caatinga – VITT, 1995; *C. litorallis* Rocha, Araújo, Vrcibradic & Costa, 2000, from Macaé restinga – HATANO *et al.*, 2001; *C. abaetensis* Dias, Rocha & Vrcibradic, 2002, and *C. ocellifer* from dunes in Salvador – DIAS & ROCHA, 2004). According to VITT (1983), in species from temperate zones, activity is generally seasonal, whereas in tropical habitats activity may be continuous.

Periods of absolute inactivity were not recorded for *C. vacariensis*. However, low environmental temperatures during autumn and winter may have contributed to the marked increase of inactive periods in these seasons (CARUCCIO *et al.*, 2010). According to ANDRADE & ABE (2007), lizard performance should decrease in colder environments due to a decrease in the

temperature of their bodies. Thus, keeping inactive may be an important strategy to avoid extreme environmental temperatures, to decrease the risk of predation, and to conserve energy by decreasing body temperature and activity (ETHERIDGE & WIT, 1993). According to ROSE (1981), inactivity levels are part of the adaptive strategy of lizards, and are as vital as activity levels for the survival and reproductive success of these animals.

The high number of active juveniles during the summer may reflect the demographic effect of the incorporation of new individuals, resulting from recruitment during this time of the year. The pattern found in the population parameters of *C. vacariensis* seems to result from the reproductive strategy of the species. REZENDE-PINTO *et al.* (2009) comment that a seasonal pattern occurs in other species of lizards that inhabit temperate regions (e.g., *C. lemniscatus* – MAGNUSSON, 1987; *C. ocellifer* – MESQUITA & COLLI, 2003), and suggest that temperature and photoperiod, or the interaction between both, are associated with the seasonality of the reproduction of *C. vacariensis*. Thus, the variation in age classes recorded during the study period was directly influenced by the seasonal pattern of reproduction of the species, reflected in two distinct periods: i) breeding season (October–December), with great predominance of adults; ii) recruitment period (February–March), with a predominance of juveniles. The predominance of juveniles, at least during part of the year, is typical of species with a short life span (PIANKA, 1970b, 1976; HOWLAND, 1992), resulting in a significant annual replacement of the population (WIEDERHECKER *et al.*, 2003). This assertion is supported by the studies of REZENDE-PINTO *et al.* (2009) which found that individuals of *C. vacariensis* are able to reproduce in the first breeding season after birth. Moreover, this seasonal pattern in the proportion of age classes may reflect a strategy of producing juveniles which grow rapidly during the summer, a period with temperatures favorable for activity and dispersion (ROCHA, 1996).

The negative relationship between growth rates of individuals and the SVL seems to corroborate what has been said above. Young individuals have higher growth rates than adults. ANDREWS (1982) mentioned two reasons that could explain the rapid growth of lizards before they reach adult size: (1) when the reproduction has a seasonal pattern, the slow growth of juveniles could harm the species' reproduction, (2) because smaller individuals are more prone to predation, a rapid growth can increase the juveniles' chance of survival. Additionally, it should be noted that there are seasonal variations in lizard growth. For instance, ANDREWS (1982) mentioned that the annual growth rate of reptiles in temperate zones is determined by inherent and external factors. Growth rates are highest in summer and lowest in winter. The fact that the recruitment of the population of *C. vacariensis* occurs in the warmer months of the year (REZENDE-PINTO *et al.*, 2009) corroborates the

hypothesis that the juveniles grow rapidly in summer, when there is greater abundance of food for lizards that consume arthropods. Another indication that maximum growth rates occur in summer is the fact that individuals of *C. vacariensis* find themselves reproductively active in the year following their recruitment (REZENDE-PINTO *et al.*, 2009).

The daily activity period of *C. vacariensis* differed among seasons. In spring, lizard activity was concentrated on days with high environmental temperatures, similar to other Brazilian species of *Cnemidophorus* from tropical environments (BERGALLO & ROCHA, 1993; HATANO *et al.*, 2001; MESQUITA & COLLI, 2003; DIAS & ROCHA, 2004). During summer, the decrease in lizard activity was related to periods of high environmental temperatures. This resulted in an anticipation of both the beginning and end of the activity peak. According to HUEY & PIANKA (1977), the activity varies seasonally according to ambient temperatures. These changes in activity probably result in lower thermoregulatory costs, less variation in body temperature during activity, or both. Still, the number of hours of activity during the winter is always reduced. In this sense, a reduction in activity in the warmest periods of the day could be a way to escape extreme environmental temperatures (HATANO *et al.*, 2001). During the present study, the mean monthly temperature of the substrate, recorded at 1:00 p.m. in the summer, was 44.1°C. According to BOGERT (1968), the maximum lethal temperature for reptiles is around 45°C. Beyond that, very brief exposure will result in death. PIANKA & VITT (2003) also reported the existence of a critical physiological and metabolic maximum temperature for lizards, close to 44.5°C. Thus, knowing the parameters of the thermal relationship of species and their environment may contribute to understand the behavior of organisms when regulating their body temperatures along the day and the seasons (HUEY *et al.*, 1977; CARUCCIO *et al.*, 2010).

The activity pattern recorded for *C. vacariensis* may be considered similar to the pattern observed by BELVER & ÁVILA (2001) for *C. longicaudus* (Bell, 1843) in a region with temperate climate in Argentina. Both species share a unimodal activity related to the substrate temperature, and greater levels of activity in the months when high environmental temperatures prevail. However, the study of BELVER & ÁVILA (2001) did not include the cooler seasons. In this study, the majority of active lizards were found in a narrow interval of air temperature (26 to 28.9°C), substrate temperature in the shade (21 to 24.9°C) and substrate temperature in the sun (24 to 29.9°C). This indicates the existence of a thermal interval appropriate for the activity of *C. vacariensis*. According to PIANKA & VITT (2003), the thermal environment is particularly important for ectotherms, being more complex than the physical environment in several aspects.

Wide variations in body temperature during

periods of activity and relatively low body temperatures are associated with a strong interaction between the thermal patterns of the local environment and long periods of activity. The relatively low temperature of activity recorded for *C. vacariensis* may be adaptive because it provides longer periods of daily and seasonal activity in cold environments (JAKSIC & SCHWENK, 1983). BERGALLO & ROCHA (1993) reported that lower temperature requirements may allow lizards to extend their period of foraging. Because *C. vacariensis* has a restricted distribution in the high altitude grasslands of southern Brazil, the decrease in the range of temperature of activity when compared to other species of the genus seems to suggest an adaptation to the milder climate of the region, which has seasons with well-marked differences in temperature and includes harsh winters.

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