

# Epidemiological, neurofunctional profile and prevalence of factors associated with the occurrence of physical disabilities due to leprosy in a reference center in Northeast Brasil: a sectional study

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## SUMMARY

**OBJECTIVE:** To describe the epidemiological and neurofunctional profile, as well as the prevalence of factors associated with the occurrence of physical disabilities due to leprosy in a reference center in Northeast Brasil.

**METHODS:** A cross-sectional study including 50 leprosy patients diagnosed in Juazeiro-Bahia. Variables analyzed: sex, age, history of leprosy in the family, time to diagnosis, clinical form, operational classification, degree of disability, eyes-hand-foot score, peripheral nerve function, muscle strength and sensitivity. Descriptive statistics and inferential statistics ( $\chi^2$  test or Fisher's exact, Poisson regression with robust estimation and prevalence reason were used. Significance of 5%).

**RESULTS:** An equal distribution was found between men and women of economically active age and low education; multibacillary forms in men (64%) and paucibacillary forms in women (60%). 78% of individuals had some degree of disability and 64% had a compromised ulnar nerve. Plantar sensitivity was decreased in 66% of patients. The predictors of disability were: age  $\geq 45$  years (PR 1.44;  $p=0.005$ ), no education (PR 1.21;  $p=0.013$ ) and OMP score  $\geq 6$  (PR 1.29;  $p<0.001$ ).

**CONCLUSION:** The findings show the importance of monitoring neural functions and developing measures that allow early diagnosis, the opportune method and the prevention of disabilities, especially in the male population.

**KEYWORDS:** Leprosy. Neurology. Disabled persons. Prevalence. Epidemiology.

## INTRODUCTION

Leprosy is a chronic granulomatous infectious disease, caused by *Mycobacterium leprae*. The bacillus has a predilection for peripheral nerves and cutaneous attachments, which can result in physical disabilities when not diagnosed early or not properly treated<sup>1</sup>. It is estimated that about 3 million people experience physical disabilities due to leprosy worldwide<sup>2</sup>.

Concern with the consequences caused to people affected by the disease led the World Health Organization (WHO) to

implement, in the year 2016, the *Global Leprosy Strategy 2016-2020: acceleration towards a leprosy-free world*, which aims to

- i) reduce to zero the number of children with leprosy;
- ii) reduce the rate of new cases with visible deformities to less than one person per million inhabitants and
- iii) reduce discrimination caused by the disease<sup>3</sup>.

Because of the relationship leprosy has with the functionality of affected individuals, the evaluation and systematic monitoring of neural functions and the Degree of Physical

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Disability (GIF) are necessary in all cases of leprosy, in at least two moments: the diagnosis and the discharge for cure<sup>3</sup>, given that the presence of nerve damage and disability are important indicators of late diagnosis of the disease and transmission chain maintenance in the community<sup>4</sup>.

The simplified neurological evaluation includes the identification of complaints in eyes, hands and feet (OMP), palpation of peripheral nerves, evaluation of sensitivity through the stoichiometric examination and evaluation of motor skills. After the neurological examination, a degree of physical disability is assigned, ranging from 0 to 2: Degree 0 – Muscle strength and sensitivity preserved in the eyes, hands and feet; Degree 1 – Muscle strength and sensitivity decreased in eyes, hands and/or feet; Degree 2 – Visible deficiencies caused by leprosy in eyes, hands and/or feet (lagophthalmos, ectropion, trichiasis, corneal opacity, claws, muscular atrophy, bone resorption, wounds and contractures)<sup>5</sup>.

The city Juazeiro (Bahia, Brasil), the studied area, registered 126 new cases in 2017, thus occupying the second position in absolute number of cases, behind only the state of Bahia's capital Salvador (299 registered cases). The municipal detection rate was 58.8/100,000, which classifies the municipality as having hyperendemic transmission ( $\geq 40$  cases/100,000 inhabitants)<sup>6</sup>.

Given the above, this study aimed to describe the epidemiological, neurofunctional profile and the prevalence of factors associated with the occurrence of physical disabilities in new cases of leprosy in a reference center in Northeast Brasil.

## METHODS

### Study design and location

This was a cross-sectional observational study, carried out at the reference center of Dr. Altino Lemos Santiago, located in Juazeiro, state of Bahia, whose estimated population for the year 2018 was 215 thousand inhabitants<sup>7</sup>. The municipality registers an annual average of 95 new cases of leprosy, and it is considered a priority municipality for leprosy.

### Studied population

A nonprobabilistic sample consisting of 50 individuals newly diagnosed with leprosy at the referral center was adopted. The following inclusion criteria were adopted: only newly diagnosed cases, residing in the studied municipality and who did not have any other neurological disease. It should be noted that 58 individuals were invited to participate in the research, out of which eight refused.

### Study variables and collection procedures

The collection was carried out between January and June 2018, and took place using two forms recommended by the Ministry of Health of Brasil: the first was used to collect socio-demographic and clinical characteristics, based on patient information and specialized medical evaluation (sex, age group, education, clinical form, operational classification, time until diagnosis and history of leprosy in the family); and the second was used for simplified neurological assessment and evaluation of the degree of disability, according to a model standardized by the Ministry of Health<sup>5</sup>. From this second form, the following variables were collected: palpation of peripheral nerves, muscle strength, sensitivity test (esthesiometry), degree of physical disability (total and second body part) and eyes, hands and feet score (OMP score).

It should be noted that data collection was performed by a physical therapist right after the medical diagnosis. Initially, the research objectives were explained and the informed consent form was signed (ICF), followed by neurological assessment.

### Statistical treatment

After collection, data was entered into an electronic spreadsheet and analyzed using the Statistical Package for the Social Sciences – SPSS software, version 22.0 (SPSS, Inc., Chicago, IL). Descriptive (absolute and relative frequencies) and inferential (Z test with Bonferroni correction,  $\chi^2$  test or Fisher's exact test, Poisson regression with robust estimation and prevalence ratio – PR) statistics were used. For the identification of factors associated with the presence of physical disability, some polytomous variables were dichotomized: age group ( $<45$  and  $\geq 45$  years), education (illiterate and some education) OMP score ( $<6$  and  $\geq 6$ ) and time until diagnosis ( $<12$  and  $\geq 12$  months). A 95% confidence interval and a 5% significance level were adopted.

### Ethical aspects

The study was approved by the Research Ethics Committee of the Federal University of Vale do São Francisco (UNIVASF): see No. 1905873/2017.

## RESULTS

Of the 50 individuals diagnosed with leprosy in the reference center Dr. Altino Lemos Santiago, 50.0% were female. With regard to sociodemographic characteristics, the age group between 30 and 44 years old stood out (40.0% of men and 32.0% of women were located in this age group), with no significant difference between sexes. Low education was another remarkable feature: 80.0% ( $n=20$ ) of men and 64.0% ( $n=16$ ) of women were illiterate or had only primary education (Table 1).

**Table 1.** Sociodemographic and epidemiological characterization of new leprosy cases diagnosed at the Dr. Altino Lemos Santiago reference center – Juazeiro, Bahia, 2018.

	Male 25 (50%)		Female 25 (50%)		p-value
	n	%	n	%	
Age group (in years)					
0–14	0	0.0	2	8.0	0.582 <sup>a</sup>
15–29	2	8.0	3	12.0	
30–44	10	40.0	8	32.0	
45–59	9	36.0	6	24.0	
60 or more	4	16.0	6	24.0	
Education					
Illiterate	3	12.0	2	8.0	0.128 <sup>a</sup>
Incomplete elementary school	13	52.0	13	52.0	
Complete primary education	4	16.0	1	4.0	
Incomplete high school	0	0.0	3	12.0	
Complete high school	5	20.0	2	8.0	
Incomplete higher education	0	0.0	2	8.0	
Complete higher education	0	0.0	2	8.0	
Clinical form					
Indeterminate	2	8.0	4	16.0	0.090 <sup>a</sup>
Tuberculoid	7	28.0	11	44.0	
Dimorfa	11	44.0	10	40.0	
Virchowiana	5	20.0	0	0.0	
Operational classification					
Paucibacilar	9	36.0	15	60.0	0.089 <sup>b</sup>
Multibacillary	16	64.0	10	40.0	
Degree of physical disability					
Degree 0	6	24.0	5	20.0	0.047 <sup>a</sup>
Degree 1	8	32.0	16	64.0	
Degree 2	11	44.0	4	16.0	
History of Leprosy in the Family					
Yes	10	40.0	12	48.0	0.569 <sup>b</sup>
No	15	60.0	13	52.0	
Time until diagnosis					
≥12 months	8	32.0	14	56.0	0.087 <sup>b</sup>
<12 months	17	68.0	11	44.0	

<sup>a</sup>p-value by Fisher's exact test; <sup>b</sup>p-value by  $\chi^2$  test.

There was a predominance of the dimorphic form in the males and of tuberculoid form in females (44.0% and 44.0%, respectively). All of virchowian cases (n=5) were observed in men. 64.0% (n=16) of men had multibacillary forms and 60.0%

(n=15) of women had paucibacillary forms. 80.0% (n=20) of women and 76.0% (n=19) of men had some physical disability, with degree 2 associated with the male population and degree 1 with the female population (p=0.047) (Table 1).

**Table 2.** Simplified neurological assessment in new cases of leprosy diagnosed at the Dr. Altino Lemos Santiago reference center – Juazeiro, Bahia, 2018.

A – Palpation of peripheral nerves								
Nerve	Normal n (%)		Thickening n (%)		Pain n (%)		p-value <sup>a</sup>	
Ulnar	18 (36.0)		31 (62.0)		1 (2.0)		<0.001	
Median	37 (74.0)		2 (4.0)		11 (22.0)		<0.001	
Radial	32 (64.0)		1 (2.0)		17 (34.0)		<0.001	
Fibular	28 (56.0)		11 (22.0)		11 (22.0)		0.003	
Tibial	34 (68.0)		6 (12.0)		10 (20.0)		<0.001	
B – Assessment of muscle strength								
Muscle / Muscle group			Paralyzed n (%)		Decreased n (%)		Strong n (%)	p-value <sup>a</sup>
5th finger abductor (ulnar nerve)			0 (0.0)		12 (24.0)		38 (76.0)	<0.001
Thumb abductor (median nerve)			0 (0.0)		9 (18.0)		41 (82.0)	<0.001
Wrist extensors (radial nerve)			0 (0.0)		5 (10.0)		45 (90.0)	<0.001
Hallux extension (fibular nerve)			0 (0.0)		6 (12.0)		44 (88.0)	<0.001
Hallux dorsiflexors (fibular nerve)			0 (0.0)		4 (8.0)		46 (92.0)	<0.001
C – Sensitivity evaluation (Esthesiometry)								
Nerve	0.05 g n (%)	0.2 g n (%)	2.0 g n (%)	4.0 g n (%)	1 0g n (%)	300 g (%)	Total loss	p-value <sup>a</sup>
Median	12 (24.0)	16 (32.0)	16 (32.0)	3 (6.0)	1 (2.0)	0 (0.0)	2 (4.0)	<0.001
Ulnar	14 (28.0)	15 (30.0)	14 (28.0)	4 (8.0)	1 (2.0)	1 (2.0)	1 (2.0)	<0.001
Radial	11 (22.0)	20 (40.0)	16 (32.0)	3 (6.0)	0 (0.0)	0 (0.0)	0 (0.0)	0.005
Deep fibular	0 (0.0)	12 (24.0)	18 (56.0)	9 (18.0)	0 (0.0)	0 (0.0)	1 (2.0)	<0.001
Safeno	5 (10.0)	8 (16.0)	25 (50.0)	7 (14.0)	3 (6.0)	1 (2.0)	1 (2.0)	<0.001
Sural	1 (2.0)	2 (4.0)	32 (64.0)	6 (12.0)	4 (8.0)	4 (8.0)	1 (2.0)	<0.001
Calcaneal branch	1 (2.0)	1 (2.0)	14 (28.0)	18 (36.0)	4 (14.0)	8 (16.0)	1 (2.0)	<0.001
Medial plantar	0 (0.0)	4 (8.0)	29 (58.0)	6 (12.0)	5 (10.0)	5 (10.0)	1 (2.0)	<0.001
Lateral plantar	0 (0.0)	3 (6.0)	32 (64.0)	6 (12.0)	4 (8.0)	4 (8.0)	1 (2.0)	<0.001

<sup>a</sup>Z test for comparison of proportions with Bonferroni correction.

The most commonly thickened nerves were ulnar and fibular, at 62.0% (n=31) and 22.0% (n=11) of patients, respectively. Pain on palpation of the radial was present in 34.0% (n=17) of the individuals evaluated and the muscular strength of the fifth finger abductor was reduced by 24.0% (n=12) in the sample. In

the esthesiometric examination, a greater sensory loss was observed in the lower limbs (Table 2). The regression model showed that the age group (PR 1.44; p=0.005), the lack of education (PR 1.21; p=0.013) and the OMP score (PR 1.29; p<0.001) were associated with the presence of physical disabilities (Table 3).

**Table 3.** Factors associated with the presence of physical disability in the diagnosis among leprosy cases diagnosed at the Dr. Altino Lemos Santiago reference center (Juazeiro/BA) in 2018.

	Total n (%)	Physical Disability		p-value	Prevalence ratio	95%CI
		Grade I or II	Grade 0			
Sex						
Male	25 (50.0)	19 (48.7)	6 (54.5)	0.543	1.12	0.77–1.62
Female	25 (50.0)	20 (51.3)	5 (45.5)			
Age range*						
≥45	27 (54.0)	24 (61.5)	3 (27.3)	0.005	1.44	1.12–1.87
<45	23 (46.0)	15 (38.5)	8 (72.7)			
Education*						
Illiterate	5 (10.0)	5 (12.8)	0 (0.0)	0.013	1.21	1.04–1.41
Some schooling	45 (90.0)	34 (87.2)	11 (100.0)			
Operational Classification						
Multibacillary	26 (52.0)	22 (56.4)	4 (36.4)	0.238	1.14	0.91–1.44
Paucibacilar	24 (48.0)	17 (43.6)	7 (63.2)			
Eyes, hands and feet score*						
≥6	8 (16.0)	8 (20.5)	0 (0.0)	<0.001	1.29	1.14–1.48
<6	42 (84.0)	31 (79.5)	11 (100)			
Time until diagnosis						
≥12 months	22 (44.0)	18 (46.2)	4 (36.4)	0.515	0.921	0.72–1.17
<12 months	28 (56.0)	21 (53.8)	7 (63.6)			
Family history of leprosy						
Yes	22 (44.0)	17 (43.6)	5 (45.5)	0.913	0.987	0.78–1.24
No	28 (56.0)	22 (56.4)	6 (54.5)			

\*Significant association (p&lt;0.05).

## DISCUSSION

The sociodemographic characteristics observed in relation to sex, age and education level corroborate the literature<sup>8</sup>. That is, leprosy is predominant in neglected populations<sup>9</sup>, with low education levels and in individuals of economically active age. All those are factors that can increase the process of social vulnerability and keep the leprosy transmission chain active in a given location<sup>10</sup>, generating a poverty-disease-poverty cycle, in which leprosy is both perpetuated and perpetuating<sup>11</sup>.

In our study, a homogeneous distribution was observed when analyzing the operational classification, although the proportion of multibacillary cases was slightly higher than that of paucibacillary cases. This result is lower than the national percentage (65.1% in 2013)<sup>12</sup>. This finding should be viewed with concern, since the multibacillary cases are considered important in maintaining the chain of transmission of the disease<sup>4</sup>.

When comparing the sexes, the multibacillary forms were more present in men than in women, and all virchowians cases detected were diagnosed in the male population, indicating late

diagnosis in this population group<sup>13</sup>. Studies on the subject highlight two determining factors for the occurrence of late diagnosis in men: less access to health services and neglect of the historical process of the male body<sup>13,14</sup>.

In this sense, late diagnosis and inadequate monitoring of patients are important factors that increase the risk of developing physical disabilities<sup>4,14</sup>. In our investigation, 78% of the evaluated cases already had some disability at the time of diagnosis. This percentage, evidenced in Juazeiro-BA, is similar to that observed in Aracaju-SE (72.0%)<sup>15</sup>.

When stratifying according to sex, the male population had a degree 2 disability ratio 2.7 times greater than that of the female. This finding reinforces what we explained earlier in relation to late diagnosis in men. All this context signals the need for adoption of strategies and/or plans that enable the early detection, the timely treatment and the prevention of physical disabilities<sup>4,16</sup>.

Another factor associated with the occurrence of disabilities is age-related. In our study, individuals aged 45 years or

older had a prevalence ratio (PR) 1, 44 ( $p=0.005$ ) higher than the younger population, which corroborates the literature<sup>8</sup>. A recent investigation in Espírito Santo, involving the elderly population, showed that 39.9% of the cases diagnosed between 2001 and 2011 had physical disabilities (28.6% with grade 1 and 11.3% with grade 2)<sup>17</sup>.

The assessment of the degree of disability is one of the components of the simplified neurological examination, which also includes palpation of peripheral nerves and the assessment of muscle strength and sensitivity<sup>5</sup>. It was found that the ulnar nerve was the most affected, followed by the common fibular nerve, corroborating with the literature<sup>18,19</sup>. The ulnar nerve is responsible for the motricity of the abductor of the 5<sup>th</sup> finger<sup>19</sup>, whose strength was reduced in 24% of the population analyzed in this study. Additionally, Lugão<sup>20</sup>, from the ultrasound evaluation of the peripheral nerves of 100 patients with leprosy before and after multidrug treatment, showed that the most affected nerves were the common fibular (in paucibacillary leprosy) and the ulnar (in multibacillary form).

With regard to the assessment of sensitivity, the proportion of individuals with sensory impairment in the feet was almost three times greater than the proportion of patients with sensory loss in the hands. In addition, plantar ulcer was observed in four individuals (8%). In research involving 414 patients at a reference center in João Pessoa-PB, 37.2% ( $n=154$ ) of subjects had some involvement in the feet, which is the most affected region, highlighting the hypoesthesia and the ulcers, respectively<sup>21</sup>.

Many authors point out that patients with neuropathies have biomechanical imbalances in the lower limbs, which result in greater plantar pressure, thus predisposing the appearance of ulcers in these regions<sup>22,23</sup>. Gomes et al.<sup>23</sup> showed that the risk of development of such ulcers relates to the clinic form the disease being elevated in patients with multibacillary leprosy. In this sense, we emphasize the importance of early intervention in order to prevent the occurrence of ulcers in individuals with leprosy.

Although leprosy is an endemic disease in Brasil, health services still face difficulties in the diagnosis and clinical management of diagnosed individuals<sup>16,18</sup>. In many municipalities, where there is no specialized referral center, there is a lack of trained professionals for the complete neurological assessment of patients who carry the risk of physical disabilities<sup>10,24</sup>. We emphasize that the success of actions to prevent physical disabilities depends directly on the early identification of neural disorders.

Even considering the methodological thoroughness adopted, this study has limitations, with emphasis on the type of investigation conducted (cross-sectional study). In this sense, longitudinal investigations can help understand the evolution of

neural injuries during treatment and after discharge. A second limitation concerns the sample size. Studies with larger and multicenter populations can elucidate questions that have not yet been answered regarding the neurological profile of individuals affected by leprosy in Brasil.

## CONCLUSIONS

The epidemiological profile of leprosy was characterized by an equal proportion of men and women affected by the disease, predominance of young adult individuals, low education, multibacillary forms and the presence of physical disabilities at the time of diagnosis. Regarding the neurological profile, it was characterized by thickening predominantly in the ulnar and fibular nerves, pain on palpation of the radial nerve, muscle weakness in the abductor of the 5<sup>th</sup> finger and sensory losses, predominantly in the lower limbs. The factors associated with the occurrence of physical disabilities were the age group  $\geq 45$  years, lack of education and OMP score  $\geq 6$ .

Considering the importance of monitoring neural functions, we recommend the development of systematic actions that enable early diagnosis, timely treatment and prevention of physical disabilities in areas of active transmission of leprosy. In the field of clinical application, health professionals, especially doctors, physiotherapists and nurses, should take ownership of the simplified neurological assessment and use it routinely in their health services.

## AUTHORS' CONTRIBUTIONS

**TSM:** Conceptualization, Data Curation, Formal Analysis, Project Administration, Writing – Original Draft, Writing – Review and Editing. **JCM:** Conceptualization, Data Curation, Formal Analysis, Project Administration, Writing – Original Draft, Writing – Review and Editing. **TRMOF:** Conceptualization, Data Curation, Formal Analysis, Project Administration, Writing – Original Draft, Writing – Review and Editing. **CDFS:** Conceptualization, Data Curation, Formal Analysis, Project Administration, Writing – Original Draft, Writing – Review and Editing.

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