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BOOK REVIEW

Psychiatric practice in the general hospital: consultation-liaison and emergency

Neury José Botega (organizer). 3rd Ed. Porto Alegre: RS Artmed, 2012.



Interest in the relationship between the body and the mind dates to the dawn of medicine and bridges medical specialties.

Diagnosis and treatment of the psychological impact of clinical illnesses in patients as well as psychiatric disorders in the prognosis of clinical illnesses makes psychiatric consultationliaison a field of knowledge of permanent interest and importance within the general hospital.

This book includes all of these areas: medicine, psychiatric consultation-liaison, psychiatric emergency, education and research. It is a very complete book and provides a national reference in this area. Because of its comprehensiveness, the book is useful in daily practice, both within and outside of hospitals. Chapters such as "Reaction to Illness and Hospitalization" and "Death and Dying: Psychodynamic Aspects" are useful in general, not only when managing hospitalized patients.

Professor Neury Botega, psychiatrist with a PhD in of mental health from UNICAMP and full professor in the department of medical psychology and psychiatry at the college of medical sciences of UNICAMP, and collaborators on this issue share with the readers of this work their knowledge, devotion, care and creativity.

This long-awaited third edition presents six new chapters and a broadening of the themes of psychopharmacology and chemical dependence.

A general perspective on psychiatry within the hospital is found in the 41 chapters, which include historical aspects and trends in general hospital psychiatry, doctor-patient and doctor-doctor relationships, reactions to illness and hospitalization and technical visions and psychodynamic psychiatry in consultation-liaison. The chapters also include patient assessment, neurological aspects/neuroimaging and the most prevalent psychiatric disorders in clinical and surgical patients. Another unit comprises emergency consulting, psychopharmacology (which is very well explored in three chapters), electroconvulsive therapy, palliative care and "death and dying". The book closes with a combination of ethical and legal aspects of general hospitals and a chapter on the early stages of research in this area.

The chapters are organized in a new format that makes them easier to read by highlighting the most relevant aspects of the subject in text boxes at the beginning of each chapter.

Blending theoretical aspects with daily practice, this book can be used as a collaborative tool between medical care and hospitalized patients.

This is a useful, easy-to-read book that goes beyond simple information in practical, modern and intelligible language that leads the reader through the diagnosis and treatment of adults and children hospitalized with clinical and psychiatric comorbidities. This book is evidence of the work and skills of its authors and serves as a guide for readers who are or who wish to become mental health professionals working in a general hospital.

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