

Canine visceral leishmaniasis: seroprevalence and risk factors in Cuiabá, Mato Grosso, Brazil

Leishmaniose visceral canina: soroprevalência e fatores de risco em Cuiabá, Mato Grosso, Brasil

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Abstract

In Brazil, canine visceral leishmaniasis (CVL) is endemic and the number of cases in humans and dogs has increased in the Midwest region. A transversal study was carried out in endemic areas from Cuiabá, State of Mato Grosso, to assess data on seroprevalence and risk factors associated to canine infection. Four hundred and thirty (430) dogs were randomly evaluated through indirect fluorescence antibody test (IFAT) considering variables related to the animals, the environment and the knowledge by owners on CVL aspects and control. From 430 dogs, 95 (22.1%) were seroreagent for leishmaniasis and animals living in rural environments present risk 1.9 times higher for acquiring the disease than those in urban environments ($p = 0.01$; OR 1.9). Factors related to animals' habits, such as free access to the street and guard function were considered indicators to predict infection by *Leishmania* sp. ($p < 0.05$) by statistical univariate analysis. The presence of agricultural activities was also a fact that contributed for the insurgence of the infection ($p = 0.02$; OR 1.68). The results contributed to the knowledge on the aspects of CVL in Cuiabá and point to an urgent need to include educational and sanitary programs in the city, since the region presents favorable characteristics for spreading the infection of CVL as already observed in other Brazilian cities.

Keywords: Canine visceral leishmaniasis, dogs, risk factors, infection, Brazil.

Resumo

No Brasil, a leishmaniose visceral canina (CLV) é endêmica e, na região Centro-Oeste, o número de casos em humanos e cães tem aumentado. Um estudo transversal foi realizado em áreas endêmicas de Cuiabá (MT) com objetivo de avaliar dados sobre a soroprevalência e determinar os fatores de risco associados à infecção canina. Quatrocentos e trinta (430) cães foram aleatoriamente avaliados pelo teste de imunofluorescência indireta, considerando-se variáveis relacionadas aos animais, o ambiente e o conhecimento por parte dos proprietários sobre aspectos da CLV e seu controle. Dos 430 cães, 95 (22,1%) apresentaram-se soros reagentes para leishmaniose, e os animais que viviam em ambiente rural apresentaram risco 1,9 vezes maior de adquirir a infecção dos que aqueles em ambiente urbano ($p = 0,01$; OR 1,9). Fatores relacionados aos hábitos dos animais, tais como o livre acesso à rua e função de guarda, foram considerados indicadores para prever a infecção por *Leishmania* sp. ($p < 0,05$) em análise estatística univariada. A presença de atividade agrícola foi também um fato que contribuiu para a ocorrência da infecção ($p = 0,02$; OR 1,68). Os resultados contribuem para o conhecimento sobre os aspectos da CVL em Cuiabá e apontam para uma necessidade urgente de incluir ações educativas e sanitárias na cidade, já que a região possui características favoráveis para a dispersão da doença como já observado em outras cidades.

Palavras-chave: Leishmaniose visceral canina, cães, fatores de risco, infecção, Brasil.

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Introduction

In Brazil, the country with the highest register of cases of Canine Visceral Leishmaniasis (CVL) in the Americas (WHO, 2008), the disease is caused by *Leishmania infantum* (syn. *Leishmania chagasi*). In the transmission chain, wild and domestic dog reservoirs and two species of Phlebotominae: *Lutzomyia longipalpis* and *L. cruzi* (BRASIL, 2006) are highlighted.

The chronic disease is the most severe clinical form of leishmaniasis and a serious problem for Brazilian public health, mainly due to the high prevalence and increased number of cases in humans and dogs in urban and suburban areas of large cities (ARIAS et al., 1996; MORENO et al., 2005; MARZOCHI et al., 2009). CVL urbanization has been associated to migration processes linked to the deterioration of social and economic conditions of the population (ANTONIALI et al., 2007; HARHAY et al., 2011). Thus, an expansion of the disease to areas considered non-endemic has also been noticed in several Brazilian regions (DE PAULA et al., 2009; SOUZA et al., 2009). In the State of Mato Grosso (MT), in the Midwest region of country, the first report of human leishmaniasis dates from 1973 (BARUFFA; CURY, 1973); however, dissemination of the disease to many municipalities was observed in 1998, including Cuiabá, the capital city of the state (MESTRE; FONTES, 2007). In 2010, 313 cases of human visceral leishmaniasis (VL) were registered in Midwestern Brazil, with the State of Mato Grosso contributing with 54 cases (BRASIL, 2011).

Many risk factors to the occurrence of CVL have been determined, indicating possible interactions between the links that compose the epidemiological chain, such as vector, host, reservoirs and environment (GAVGANI et al., 2002; MURRAY et al., 2005; RANJAN et al., 2005; AMORA et al., 2006; RONDON et al., 2008). Thus, the knowledge of the disease distribution in endemic areas and possible associations between the disease and determinant factors may be helpful in control strategies (FREHSE et al., 2010). In this context, the domestic dog plays an important role, maintaining and spreading the disease. For this reason, factors that may be associated to the risk of infection to these animals must be well known (DANTAS-TORRES, 2009).

Thus, this research investigated the seroprevalence of CVL and the main risk factors associated to the infection of domestic dogs in the following neighborhoods: Barreiro Branco, Coxipó do Ouro, Osmar Cabral, Bela Vista and Jardim União, which are endemic areas in Cuiabá (MT), where cases of human disease have been reported.

Materials and Methods

1. Study area

Transversal study carried out in Cuiabá (MT), from July 2009 to December 2010. The municipality is located at the following coordinates: 15° 35' 56.10" S and 56° 05' 41.62" W, comprising an area of 3,538 km², 165 m above sea level, with predominant savanna vegetation. It presents hot and sub-humid tropical

climate with 1750 mm average annual rainfall and maximum temperature around 43 °C during the warmest months and minimum temperature between 12 °C and 14 °C. Cuiabá has a population of 551,098 inhabitants; it is subdivided in four regions (IBGE, 2011). The evaluation of the dogs was performed in the neighborhoods located in the North region (Barreiro Branco and Coxipó do Ouro), which present rural characteristics, and in the neighborhoods located in the South, East and West regions: Osmar Cabral, Bela Vista and Jardim União, respectively, with urban environmental characteristics. Cases of human VL have already been described (data not published) in all the neighborhoods studied.

2. Description of the animals

Four hundred and thirty dogs of both genders and age equal or greater than six months were investigated. Canine sampling was defined considering disease prevalence of 8.4% (MESTRE; FONTES, 2007), with a significance level of 2% and 99% confidence interval based on the 2007 canine census. The survey was conducted through home visits, considering one residence for every five. After obtaining the owners' consent, the dogs were examined and clinically grouped according to Mancianti et al. (1988) for CVL in asymptomatic, oligosymptomatic and symptomatic. About 5mL of blood were collected from each animal by cephalic or jugular puncture; the serum was then separated by centrifugation and kept at -20 °C until serological test performance. This experiment was approved by the Ethics Committee on Animal Use of the 'Oswaldo Cruz' Foundation - protocol n° LW-01/10.

3. Serological test for diagnostics - Indirect Fluorescence Antibody Test - IFAT

The serological analysis was carried out by IFAT technique using a commercial canine visceral leishmaniasis kit (BioManguinhos/FIOCRUZ, Rio de Janeiro, Brazil) following manufacturer's recommendations. The serum samples were diluted to the double from 1:40 to 1:640, samples with titer equal or superior to 1:40 were considered reagent, using control sera (positive and negative) included in the tests as reference.

4. Studied variables

Information was collected from the owners of the animals in order to describe the general and individual characteristics of the canine population and their environment, as well as to determine the risk factors associated to canine leishmaniasis infection in Cuiabá (MT). The following variables were considered: race (when it could be defined); gender (male, female); age (≤ 1 year, 1 to 3 years, 3 to 6 years, >6 years, and indefinite); house role (guard, hunt, company); and animal habitat (limited to the interior of the house, peridomiciliar, free access to the street). The variables related to the household environment were the following: household close to agricultural activities; presence of other domestic animals (yes/no); presence of trees and animal breeding at the yard (yes/no); public garbage collection (yes/no); and knowledge on the occurrence of canine and human VL in the neighborhood (yes/no).

5. Statistical analysis

The chi-square with Yate's correction and Fisher's exact test was used to test for associations between all of the parameters (Epi Info software, version 3.5.1, Center for Disease Control, Atlanta, USA). Differences were considered significant for P-values < 0.05. Any parameters statistically linked to seropositivity were used in a logistic regression model to assess risk factors associated with seropositivity results.

Results

From the 430 dogs studied, 95 were seropositive to the IFAT tests showing 22.1% prevalence of CVL. Considering the origins of the animals, those from neighborhoods located in urban areas represented 18.8% of prevalence and in rural neighborhoods, 30.6% of prevalence, which was statistically significant ($p = 0.01$) (Table 1).

The serological titers presented the following frequency: 1:40 ($n = 27$; 28.4%), 1:80 ($n = 32$; 33.7%), 1:160 ($n = 16$; 16.8%), 1:320 ($n = 6$; 6.3%), 1:640 ($n = 14$; 14.7%).

From 95 seropositive dogs, 44 (46.3%), 35 (36.8%) and 16 (16.8%) were clinically classified as asymptomatic, oligosymptomatic and symptomatic, respectively, with statistical significance between symptomatic and asymptomatic dogs ($p = 0.008$). The most frequently clinical signs were related to the skin ($n = 37$; 38.9%), such as dull fur, generalized alopecia, cutaneous ulcers and scaling followed by lymphadenomegaly ($n = 34$), loss of weight ($n = 24$), splenomegaly ($n = 18$), vision disorders ($n = 14$), onychogryphosis ($n = 13$), apathy ($n = 12$), muscular atrophy ($n = 4$), and cachexia ($n = 2$).

The association of CVL between gender, age or race was not statistically significant ($p > 0.05$). Six out of the 14 dogs were Pit Bulls, three were Pinschers and there was one of each of the following races: Brazilian Fila, Rottweiler, Poodle, Cocker Spaniel and Chow Chow. The fur type characteristic was also not significant for the occurrence of infection in the dogs; however, variables such as access to the street, guard role and staying most of the

time outside the house, represented predictive characteristics for CVL in univariate analysis when compared with dogs kept inside or around the houses (Table 2).

Regarding to the origin of CVL seropositive dogs, 87 (91.6%) were from Cuiabá, eight (8.4%) from neighbor municipalities and one from another State (Mato Grosso do Sul). Seventy-five (78.9%) were living with the family for over a year. The presence of other domestic animals and livestock in the rural area did not present association with seroreactivity for leishmaniasis ($p > 0.05$); in contrast with the presence of crops around the household (uni and multivariate analysis), which was statistically significant (Table 3).

Knowledge about the CVL disease was reported by 69.3% ($n = 298$) of dog owners. Interestingly, 75 (78.9%) seropositive dogs were allocated in this group and this datum was considered significant in univariate analysis ($p = 0.02$). Public garbage collection was reported in three neighborhoods located in urban areas and in one neighborhood located in a rural environment (Coxipó do Ouro), but just as a sporadic activity. In the neighborhood where garbage collection service was not a usual practice, a significant statistical difference to this variable ($p = 0.02$ and OR 4.53) was observed among the rural neighborhoods. Vaccines against CVL, as well as collars impregnated with insecticide, were not usual practices among dog owners for this disease control.

Discussion

Several epidemiological studies have been carried out on the importance of the dog as *L. infantum* reservoir in Brazil aiming to determine CVL prevalence in endemic and non-endemic areas (DANTAS-TORRES et al., 2006; SILVA et al., 2008; CRUZ et al., 2010; FREHSE et al., 2010). The present survey and serological analysis through IFAT detected the infection of *Leishmania* sp. in 95 (22.1%) of dogs in Cuiabá, where CVL was recently installed. This rate of prevalence was higher than data reported in other studies accomplished in the same municipality (MESTRE; FONTES, 2007; ALMEIDA et al., 2009), and the reason may be that there were human cases of the disease reported in the same neighborhood. According to Marzochi et al. (2009),

Table 1. Serological prevalence and risk factors associated with Canine Visceral Leishmaniasis infection according to different neighborhoods in the city of Cuiabá State of Mato Grosso.

Neighborhoods	Dogs		IFAT positive dogs		OR (CI 95%)	P-value*
	(n)		n	%		
Rural Area						
Barreiro Branco	68		29	42.64	4.18 (1.59-11.31)	0.002 ^b
Coxipó do Ouro	53		08	15.09		
Total Rural Area	121		37	30.6	1.91 (1.15-3.17)	0.01 ^a
Urban Area						
Bela Vista	110		20	18.18	2.7 (1.22-6.05)	0.01 ^c
Jardim União	92		25	27.17		
Osmar Cabral	107		13	12.14		
Total Urban Area	309		58	18.8		
Total	430		95	22.1		

^aanalysis between urban and rural areas; ^banalysis between the neighborhoods Barreiro Branco and Coxipó do Ouro; ^canalysis between the neighborhoods Jardim União and Osmar Cabral; OR- Odds Ratio; *chi-square with Yate's correction and Fisher's exact test.

Table 2. Univariate analyses for variables considered for the study of risk factors associated with Canine Visceral Leishmaniasis in 430 dogs from Cuiabá, State of Mato Grosso, Brazil.

Variables	IFAT positive dogs (n = 95)		IFAT negative dogs (n = 335)		OR (CI 95%)	P- value*
	n	%	n	%		
Gender						
Male	56	58.9	175	52.2	0.76 (0.44-1.20)	0.29
Female	39	41.1	160	47.8		
Age groups						
≤1	11	11.6	52	15.5	0.41	
≥1-3	33	34.7	131	39.1		
≥3-6	32	33.7	82	24.5		
≥6	15	15.8	50	14.9		
Indefinite age	04	4.2	20	6.0		
Breed						
SRD	81	85.3	268	80	0.69 (0.36-1.29)	0.31
CRD	14	14.7	67	20		
Fur						
Short	79	83.2	275	82.1	0.92 (0.48-1.67)	0.92
Long	16	16.8	60	17.9		
House role						
Guard	48	50.5	136	40.6	1.78 (1.05-3.01)	0.03 ^a
Company	33	34.7	166	49.6		
Both	13	13.7	32	9.6		
Hunt	1	1.1	1	0.3		
Dog habitat						
Intradomestic	1	1.1	5	1.5	3.19 (1.06-10.80)	0.03 ^b
Peridomiciliar	90	94.7	289	86.3		
Both	4	4.2	41	12.2		

SRD – Without defined Race; CRD With defined Race; OR – *Odds Ratio*; ^aanalysis between function of guard and company; ^banalysis between peridomicile and both; Intradomestic (limited to the interior of the house); *chi-square with Yate's correction and Fisher's exact test.

the canine disease tends to precede human cases, which are kept high in endemic areas. The presence of about 22% of leishmaniasis seropositive dogs is an important datum for the epidemiological surveillance of Cuiabá. Studies conducted in this city have already demonstrated the expansion of the canine disease even to areas even where no human cases have been reported (ALMEIDA et al., 2009).

Historically, VL originates from rural environments where epidemiological patterns facilitate the circulation of the agent. However, the urbanization of this disease is a fact observed in many Brazilian states, where control is seen as more complex (NASCIMENTO et al., 2008). The elevated prevalence determined in dogs from urban neighborhoods confirms the urbanization trend of VL in Cuiabá. However, it is important to highlight that rural neighborhoods hold the highest canine infection rate, representing a risk 1.9 times higher of acquiring the disease than in urban neighborhoods.

One of the visceral leishmaniasis control measures in Brazil is the elimination of seropositive dogs regardless of the clinical condition (BRASIL, 2006). In the epidemiological context, asymptomatic dogs are also important, representing a prevalence rate of 46.3% of seropositivity for CVL in the present study. As described in other Brazilian regions, the proportion of asymptomatic infected dogs has demonstrated significant prevalence when compared to clinically symptomatic dogs (DANTAS-TORRES et al., 2006).

Due to the importance of domestic dogs in the VL transmission cycle, risk factors for the occurrence of the canine infection have been widely analyzed (AMORA et al., 2006; RONDON et al., 2008). Variables such as gender, age, race and fur type evaluated in the present study were not associated to the risk of acquiring the infection. This was also observed in other endemic areas (RONDON et al., 2008; SANTOS et al., 2010), although some studies present conflicting results as to the gender, age and race variables (OLIVEIRA et al., 2010; SANTOS et al., 2010). In this matter, there are no diagnostic tests for CVL that present 100% specificity and sensibility. The accuracy indices of these tests may vary as a function of the group studied and the criteria adopted to establish positive and negative gold standards (LUCEY; WEINA, 2008). Results of the IFAT – which is a serological method indicated by the Brazilian Ministry of Health (BRASIL, 2006) to confirm CVL – were used in this study. Despite the fact that, theoretically, any dog can develop the infection, a bimodal distribution of the canine infection has been described (DANTAS-TORRES et al., 2006), with peak of cases in dogs under three years of age and dogs between eight and ten years old, in accordance with observations of this study, where dogs under three years old were the most affected by the infection.

According to Santos et al. (2010), the local environment and risk factors may vary from one region to another, highlighting the

Table 3. Univariate and multivariate analyses to detect risk factors associated with the IFAT positivity of Canine Visceral Leishmaniasis in dogs from Cuiabá, State of Mato Grosso, Brazil.

Variables	Dogs		Univariate analysis*		Multivariate analysis**	
	Total	Positive (%)	P	OR (CI95%)	P	OR (CI95%)
Vegetation						
Yes	358	82(86.3)	0.45	1.34		
No	72	13(13.7)		(0.77-2.82)		
Access to the street						
Yes	292	74(77.9)	0.02	1.89		
No	138	21(22.1)		(1.10-3.32)	0.78	
Domestic animals						
Yes	340	78(82.1)	0.49	1.27		
No	90	17(17.9)		(0.75-2.46)		
Trees in the yard						
Yes	194	54(56.8)	0.01	1.83	0.02	1.68
No	236	41(43.2)		(1.13-2.98)		(1.05-2.69)
Livestock						
Yes	163	40(42.1)	0.40	1.25		
No	267	55(57.9)		(0.79-1.99)		
LVH neighborhood*						
Yes	47	14(14.7)	0.24	1.58		
No	383	81(85.3)		(0.75-2.90)		
LVC neighborhood*						
Yes	56	22(23.2)	0.002	2.66	0.004	2.43
No	374	73(76.8)		(1.47-4.75)		(1.33-4.44)
Vector*						
Yes	21	4(4.2)	0.48	0.82		
No	409	91(95.8)		(0.17-2.07)		
Know disease*						
Yes	298	75	0.02	1.88	0.11	
No	132	20		(1.09-3.24)		
Insecticide use						
Yes	66	19(20)	0.20	1.53	0.08	
No	364	76(80)		(0.81-2.70)		

*Knowledge reported by pet owner; OR – Odds Ratio; *chi-square with Yate's correction and Fisher's exact test; **logistic regression model.

mode of life of animals as one of the most important aspects to acquire CVL infection. In the present study, the statistical univariate analysis showed that guard role, free access to the street and living around the exterior of the house were factors associated to dog infection with risks 1.78, 1.89, 3.19 times higher for acquiring the disease, respectively. Such characteristics expose the animals to a bigger contact with the vector and, consequently, to the infection (AMORA et al., 2006; RONDON et al., 2008).

Environments degraded by disordered occupation have been described as another risk factor that facilitates the occurrence of CVL (MISSAWA; BORBA, 2009; MARZOCHI et al., 2009). The highest indexes of IFAT seropositive animals were observed in the neighborhoods located in rural environments and in the Jardim União neighborhood, which presented severe natural ecotopes changes and where human cases of the disease were reported (personal communication). The Jardim União neighborhood is located next to a forest region; however, this variable was not considered as a risk factor for CVL in this study. In addition, the occurrence of the disease in men was statistically associated with

cases where the dogs remained inside the home (GAVGANI et al., 2002; BORGES et al., 2009) and the presence of livestock in the property; such relation was not found here, though. In contrast, the presence of agriculture crops around the household was associated to canine leishmaniasis infection with a 1.68 risk of disease occurrence. This characteristic can stimulate the establishment of sand flies in these environments (MARZOCHI; MARZOCHI, 1994).

Although cases of human and canine VL were previously reported in this area (MESTRE et al., 2011), the knowledge about these cases by the owners interviewed did not indicate a protection factor, on the contrary, it doubled the chances of their dogs acquire the infection. The lack of garbage collection represented a risk factor (OR 4.53) for the occurrence of dog infection in the Barreiro Branco neighborhood when compared to Coxipó do Ouro, where such service is provided. As observed by Moreno et al. (2005), the lack of public garbage collection tends to predispose the occurrence of infection by contributing to the proliferation of the *L. longipalpis*.

Although CVL autochthony is known in Cuiabá (ALMEIDA et al., 2010, 2011), the maintenance of high levels of seropositive dogs in areas with occurrences of the disease reinforces the importance of epidemiological surveillance, as well as the knowledge of the risk factors associated to the canine infection, as a way to clarify the gaps that may be involved in the maintenance of the transmission cycle. In this study, despite the fact that the inhabitants know about the leishmaniasis control, no measure has been adopted by the government. This study contributes to the knowledge on the aspects of canine visceral leishmaniasis in Cuiabá and indicates the need to start educational and sanitary programs in this city.

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