COMUNICAÇÃO

HTLV-I/II SEROPREVALENCE IN 55 BRAZILIAN PATIENTS WITH IDIOPATHIC UVEITIS

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Human T-cell lymphotropic virus type I has been associated with adult T-cell leukemia and lymphoma, neurological disease (tropical spastic paraparesis or HTLV-I associated myelopathy) and, more recently, uveitis. This virus is highly endemic in some regions of the world, especially in southwest Japan, Caribbean islands, South America and parts of Central Africa¹. The presence of HTLV-I/II in Brazil varies according to the geographical area, with seroprevalence in healthy blood donors ranging from 0.08 to 1.35% in studies conducted by the Ministry of Health⁵. In Belo Horizonte, the capital of Minas Gerais State, a seroprevalence of 0.32%⁴ has been observed in eligible blood donors.

In Japan, seroprevalence for HTLV-I antibodies among patients with idiopathic uveitis ranges from 35.4 to 44.8%. In Brazil, to our knowledge, there is no data on HTLV-I seroprevalence among individuals with this diagnosis.

From March to September of 1994, we tested 55 patients with idiopathic uveitis for the presence of antibodies to HTLV-I/II by using an ELISA (Ortho Diagnostic Systems, New Jersey, USA). Positive tests were confirmed by Western blot (Cambridge Biotech, Maryland, USA). None of the patients presented clinical or laboratorial evidence of systemic disease related to other uveitis types such as toxoplasmosis, syphilis, tuberculosis, ankylosing spondylitis, sarcoidosis, Behçet's disease or Vogt-Koyanagi-Harada's disease. The patients'age ranged from 9 to 78 years (mean, 36.2, SD, 17.52). Thirty-six (65.4%) were females and 19 (34.6%) were males. The distribution of the anatomical types of uveitis

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were as follows: 28 (51.0%) intermediate, 21 (38.2%) anterior, 3 (5.4%) posterior, 2 (3.6%) posterior scleritis and 1 (1.8%) diffuse uveitis.

Two (3.6%) patients (a male and a female, with ages of 19 and 62, respectively) with unilateral anterior uveitis were seropositive for HTLV-I/II. Their major complaint was ocular hyperemia and visual acuity was slightly lower than normal. Both had discrete iritis with less than 20 cells in a field and mild flare in the anterior chamber with fine keratic precipitates. There were no nodules in the iris and in the trabecular meshwork. The vitreous body had only a moderate reaction, with less than 10 cells in a field. The ophthalmoscopy was normal in both cases. Both patients were treated with local corticosteroids and improved in about four weeks.

Compared to data from Japan, we found a relatively low seroprevalence of HTLV-I/II antibodies in patients with idiopathic uveitis in Belo Horizonte. However, it was about ten times higher than that of eligible blood donors from the same area. In our patients, the clinical presentation differred considerably from other reports, where intermediate uveitis² or anterior granulomatous uveitis³ were more common.

Although limited to selected sites and sample, these results suggest a different epidemiological pattern of HTLV-I/II infection in this geographical region, which needs to be confirmed by further studies.

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