

Emergent arboviruses in Brazil

Arboviroses emergentes no Brasil

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ABSTRACT

Brazil is a large tropical country (8,514,215km²) with 185,360,000 inhabitants. More than one third of its territory is covered by tropical forests or other natural ecosystems. These provide ideal conditions for the existence of many arboviruses, which are maintained in a large variety of zoonotic cycles. The risk that new arboviruses might emerge in Brazil is related to the existence of large, densely populated cities that are infested by mosquitoes such as *Culex* and the highly anthropophilic *Aedes aegypti*. Infected humans or animals may come into these cities from ecological-epidemiological settings where arbovirus zoonoses occur. This study analyzes the risk of emergence of the alphaviruses Mayaro, Venezuelan equine encephalitis, Eastern equine encephalitis and Chikungunya; the flaviviruses yellow fever, Rocio, Saint Louis encephalitis and West Nile; and the orthobunyavirus Oropouche.

Key-words: Emergent arboviruses in Brazil. Alphavirus. Flavivirus. Orthobunyavirus.

RESUMO

O Brasil é país tropical de grande extensão territorial (8.514.215km²) e com 185.360.000 habitantes. Mais de 1/3 deste território é recoberto por florestas tropicais ou outros ecossistemas naturais com condições ideais para a ocorrência de diversas arboviroses as quais são mantidas em uma grande variedade de ciclos zoonóticos. O risco para a emergência de novos arbovirus no Brasil relaciona-se à existência de cidades grandes, populosas e infestadas por mosquitos *Culex* bem como o altamente antropofílico *Aedes aegypti*. Nas cidades poderiam ser introduzidos seres humanos ou animais infectados oriundos de sítios eco-epidemiológicos onde existem zoonoses arbovíticas. Neste trabalho, analisa-se o risco de emergência dos alphavirus Mayaro, da encefalite equina venezuelana, da encefalite equina do leste e Chikungunya, dos flavivirus, da febre amarela, Rocio, da encefalite de Saint Louis e do Nilo Ocidental, e do orthobunyavirus Oropouche.

Palavras-chaves: Arbovírus emergentes no Brasil. Alphavirus. Flavivirus. Orthobunyavirus.

Arboviruses (arthropod-borne viruses) are zoonotic RNA viruses (*Togaviridae*, *Flaviviridae*, *Bunyaviridae*, *Reoviridae* and *Rhabdoviridae*) that are maintained in nature in complex cycles involving arthropod vectors (mostly mosquitoes and ticks) that, after infection, transmit these microorganisms by feeding on animal blood (mostly from birds and mammals). The cycle is completed by infection of new arthropods that feed upon viremic animals. Vertical transmission can also occur, by a transovarial route, in which the parent arthropod passes the arbovirus to its progeny. Recently, large portions of *Flaviviridae* genomes were observed within *Aedes* mosquitoes, thus giving the idea that these latent viruses might emerge from there⁸. However, this is a supposition that still requires confirmation.

The emergence and reemergence of arboviruses are natural phenomena related to species evolution and adaptation. During the infection of multiple and distinct organisms, the virus may be selected by the host, which may produce more virulent or

better-adapted strains. RNA viruses have high error rates that can produce genomic mutations during RNA transcription, caused by mistakes made by the viral polymerase. The population that results is often referred to as a *quasispecies*. Another cause of RNA virus mutation is genome recombination or drifting, which can occur if there is simultaneous infection of the animal by more than one virus of the same family or genus⁹.

Ecological changes produced by man may increase vector prevalence, create new reservoirs or induce arboviruses to adapt to new maintenance cycles. Furthermore, because arboviruses can travel large distances and move into new countries or even continents, they have the potential for pandemic spreading.

Brazil is a large tropical country (8,514,215km²) with a population of 185,360,000 in 2006, mostly living in large cities in the northeast and southeast of the country. Despite the continually high rate of deforestation, more than one third of Brazilian territory is still covered by rainforests and other natural

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ecosystems, which have an extremely diverse flora and fauna (IBGE, Brazilian Government, 1996). These ecosystems provide ideal conditions for the existence of many arboviruses, which are maintained in a large variety of zoonotic cycles. In fact, more than 200 different arbovirus species have been isolated in Brazil, and about 40 of them cause human diseases²⁵.

The risk that new arboviruses might emerge in Brazil is related to the existence of large, densely populated cities that are infested by mosquitoes such as *Culex* and the highly anthropophilic *Aedes aegypti*. Infected humans or animals may come into these cities from ecological-epidemiological settings where arbovirus zoonoses occur.

Although recognizing that dengue is today the most important emerging arboviral disease in Brazil, it was not the intention of the present article to undertake an analysis on dengue. Rather, the intention was to focus on other arboviruses that have been less discussed in the medical literature. Forecasts and related data on the emergence or reemergence of nine arboviruses are presented here. The arboviruses presented from the *Alphavirus* genus (*Togaviridae*) are: Mayaro (MAYV), Venezuelan equine encephalitis (VEEV), Eastern equine encephalitis (EEEV) and Chikungunya (CHIKV), which are 70-nm enveloped viruses that have an icosahedral capsid and single-stranded positive-polarity RNA of 11.8 kilobases, including eight genes, five of them from structural proteins (capsid, E3, E2, 6K and E1)¹⁹. The arboviruses presented from the *Flavivirus* genus (*Flaviviridae*) are: yellow fever virus (YFV), the Japanese encephalitis complex viruses (Rocio; ROCV), Saint Louis encephalitis (SLEV) and West Nile (WNV), which are 60-nm enveloped viruses that have an icosahedral capsid and single-stranded positive-polarity RNA of 10.5 kilobases, including ten genes, three of them from structural proteins (C, prM and E)⁵. The arbovirus presented from the *Orthobunyavirus* genus (*Bunyaviridae*), Simbu serogroup, is the Oropouche virus (OROV), which is an 80 to 120-nm enveloped virus that has three single-stranded negative-sense RNA segments that are termed large (L), medium (M) and small (S)²⁶.

The Mayaro virus has been responsible for outbreaks of acute febrile illness in the Amazon region and on the Central Plateau of Brazil, as well as in other South American countries (Peru, Bolivia and Venezuela). MAYV strikes people who work or live in the Amazon forest. The three to five-day course of illness is characterized by fever, headache, myalgia, rash, prominent pain in the large joints and, less frequently, arthritis. Convalescence from MAYV fever usually takes a couple of weeks²⁴. The arboviral cycle for MAYV is similar to the cycle for sylvan yellow fever and includes monkeys as reservoirs and tree canopy *Haemagogus* mosquitoes as vectors³⁴. In fact, 18 years ago, MAYV fever outbreaks were followed by the appearance of yellow fever cases in Santa Cruz de la Sierra, Bolivia^{15,33}. MAYV also infects birds and two of these infected animals were found recently in southern Brazil (Araujo AA: personal communication, 2005).

Considering that MAYV can be transmitted by *Aedes* mosquitoes, this virus could move to cities in viremic birds or human travelers (recently, three fishermen were reported

infected in São Paulo State) and could adapt to a new cycle that could involve man as reservoir^{7,31}. Finally, airborne transmission of MAYV, which was previously reported as the causative agent for an accidental laboratory infection, could potentially become a natural transmission route, thereby facilitating spreading of the virus in large epidemics¹⁸.

Venezuelan equine encephalitis virus subtype IF occurs in southeastern Brazil and causes febrile illness and diarrhea in individuals who visit the Atlantic rain forest¹⁶. VEEV has also been isolated in the Amazon region²⁵. The 1C subtype of VEEV occurs endemically in Colombia and Venezuela and is a cause of epizootics and epidemics. VEEV 1C is maintained in a cycle involving rodents, birds and *Culex* mosquitoes that may occasionally transmit the virus to humans³⁹. However, this virus can adapt to a new cycle that induces secondary amplification involving equines and some mosquito species (*Aedes*, *Psorophora*, *Mansonia* and *Deinocerites*). The adaptation of enzootic strains requires mutations that allow for efficient production of viremia. In fact, Ser substitution for Asn in the E2 envelope glycoprotein gene is the major determinant of increased infectivity of VEEV 1C to both equines and mosquito vectors⁴. The 1969-1972 VEEV 1C epidemic/epizootic, which was one of the largest that has ever occurred, started in Colombia and spread northwards through Central America, to Mexico and the southern United States. It caused tens of thousands of human cases with hundreds of deaths. Thousands of equines also died, with important economic losses⁴. In 1995, an outbreak of VEEV 1C affected individuals in Venezuela and Colombia, causing 1,300 human encephalitis cases with a 10-15% case fatality rate²².

Communications and trading between Brazil and the northern countries of South America have increased over the last few years. Thus, a road has been constructed from Manaus (Brazil) to Caracas (Venezuela) and this has significantly increased trade between the two countries. However, this new road may also offer a new route for VEEV 1C to spread in future epizootics/epidemics. Furthermore, the scenario of such outbreaks could be worsened by *Aedes albopictus*, a rural mosquito that has expanded fast since its first detection in 1986 and is now reported in all regions of Brazil. *Aedes albopictus* has been found to be susceptible to VEEV 1C and could become a vector for it¹¹.

Eastern equine encephalitis virus has been isolated in the northern, northeastern and southeastern regions of Brazil, where it has caused equine epizootics³⁷. EEEV is a causative agent for severe human encephalitis in North America³⁸. In Brazil, only one human case of EEEV encephalitis has been reported and this was more than fifty years ago. Three lineages of EEEV have been recognized in South America and all of them are found in Brazil, where the virus is maintained in a cycle involving wild birds and rodents as reservoirs, and with *Culex pedroii* as the enzootic and *Aedes taeniorhynchus* as the epizootic vector^{3,37}. Ten years ago, EEEV was isolated from mosquitoes captured during a dengue outbreak in the northeast, in Ceará State (Rosa APAT, personal communication, 2004). The three viral lineages circulate practically throughout country and have been associated with sporadic small outbreaks of encephalitis in horses.

In 2003, two horses with EEEV encephalitis were reported in the southeast². There are concerns that a more virulent form of EEEV could be selected or become well adapted to cycles that allow its emergence as an important veterinarian and human public health problem in Brazil.

Chikungunya virus is an African alphavirus that belongs to the same SF genotype as MAYV. CHIKV, which was first described in 1952, has spread over the Indian Ocean islands (Reunion, Madagascar, Mauritius, Seychelles and Mayotte) since 2005, causing explosive large outbreaks of acute febrile illness with prominent arthralgia and some cases of meningoencephalitis³⁰ (WHO report on outbreaks of Chikungunya, 2005-2006). To date, no death has been directly attributed to acute CHIKV infection. Like dengue, CHIKV is transmitted to humans by the bites of infected *Aedes aegypti* and *A. albopictus*, thus forming virus reservoirs. Mother-to-child transmission of the virus has also been reported. Considering that an outbreak of CHIKV has been recently reported in Andhra Pradesh State (India) and that imported cases of CHIKV fever were reported in many European countries during 2006, this viral disease represents a worrisome emerging worldwide health problem (WHO report on outbreaks of Chikungunya, 2005-2006). Thus, CHIKV could be introduced into large Brazilian cities that are infested with *Aedes aegypti* and *A. albopictus*, by human or mosquito travelers.

The yellow fever virus is the causative agent for severe hepatitis, followed by hemorrhagic fever in about 10% of infected individuals³⁴. Based on the high genome similarity between Western African and South American isolates, it has been suggested that YFV, which was originally from Africa, was introduced into the Americas on more than one occasion during the last 500 years⁶. YFV was introduced into Brazil by slave-trading ships from Africa and other trading ships from North America and the Caribbean. YFV caused large outbreaks along the coast of Brazil, particularly during the 19th century. It became a severe public health problem in Rio de Janeiro, where the virus killed about 50,000 people between 1850 and 1909, and was only definitively eradicated in 1930¹⁴.

It has been hypothesized that, after reaching the Americas and causing notable urban outbreaks, YFV adapted to a sylvan cycle involving primates and *Haemagogus* mosquitoes from the tree canopy as its vectors²⁸. From 1950 onwards, YFV became a mobile zoonosis that now circulates in the Brazilian Amazon, Chaco and Central Plateau regions. The traffic of virus variants across large geographic areas via the migration of infected people may be an important mechanism for virus dispersal³⁷. After 1999, monkey epizootics and human outbreaks of YFV began to occur close to highly populated regions of southeastern Brazil. Outbreaks occurred in Goiás State in 1999 and in Minas Gerais State, close to the City of Belo Horizonte, in 2001, 2004 and 2005. The virus has infected ecotourists, fishermen, agricultural workers and truck drivers (Brazilian Ministry of Health, 2005).

The urban YFV cycle has not been reported in Brazil since 1942¹⁴. However, urban transmission of YFV probably occurred close to the Brazilian border, in Santa Cruz de la Sierra (Bolivia) less than 10 years ago³³. Thus, there is a risk of urbanization of

YFV through movements of infected people into cities where *Aedes aegypti* is disseminated¹⁵.

To fight YFV there is a powerful weapon: a vaccine composed of the attenuated and highly immunogenic 17D YFV. This vaccine has been used in Brazil for 65 years and more than 212 million vaccine doses have been administered. After 1999, in order to control sylvan YFV outbreaks, it was decided to vaccinate the whole Brazilian population. About sixty million people were vaccinated up to 2001, when three immunocompetent individuals died as a consequence of severe disease caused by 17D YFV³⁶. These deaths forced the Brazilian Ministry of Health to stop mass vaccination. However, the 17D YFV vaccine is part of the national program for children older than six months and for travelers visiting endemic yellow fever areas, which cover more than half of Brazil (Brazilian Ministry of Health, 2005).

The Rocío virus was firstly isolated in 1975, from a fatal case that occurred during an encephalitis outbreak in a limited area of the Atlantic forest, in the Ribeira Valley, São Paulo State²⁰. The outbreak started in 1973 and finished in 1980. About 1000 encephalitis cases were reported, with a 10% case fatality rate, and among the survivors, 200 suffered motility or equilibrium sequelae¹⁷.

On the basis of virus isolation and serology data, ROCV is believed to be maintained in a cycle in which wild birds, including some migratory species, are the reservoirs and *Aedes* and *Psorophora* mosquitoes are the vectors³¹. It is still unknown how this new flavivirus appeared in 1973 and disappeared seven years later from the Ribeira Valley. However, the presence of neutralizing antibodies for ROCV has been detected in people living in rural areas of southeastern and northeastern Brazil^{12,29}. Likewise, in 2004, two birds were found presenting antibodies to ROCV in the southern region (Araujo AA: personal communication, 2005). It is possible that this virus circulates in distinct regions of Brazil and the reemergence of ROCV with ensuing severe encephalitis outbreaks represents a permanent threat.

The Saint Louis encephalitis virus is widely distributed in the Americas, from Canada to Argentina. The first Brazilian SLEV isolate was obtained in 1960 from a pool of *Sabethes belisarioi* captured along the Belém-Brasília highway. The reservoirs for SLEV are wild birds, primates, sloths, armadillos and marsupials and *Culex declarator* and *C. coronator* are its vectors³⁷. Long-distance migratory birds probably disperse the virus across the Americas, as observed with the Brazilian SLEV 68 strain, which, despite where it was isolated, clustered phylogenetically with North American strains³². Along with the extensive spreading of SLEV across the Americas, there have been viral mutations caused by simultaneous infections with distinct strains, as observed in the Guatemala 69 isolate, which showed a combination of Argentinean and North American nucleotide sequences in the E protein gene³². In 2004, SLEV was isolated in southeastern Brazil from a patient with acute febrile illness who presented severe headache and had been thought to have dengue²⁷. Analysis of this strain showed that it was phylogenetically distinct from all previously characterized Brazilian SLEV, and that it clustered with an Argentinean strain (Santos CL: personal communication, 2005).

On the basis of a close genetic relationship, the WNV strain isolated in New York in 1999 had probably moved from the Middle East to the Americas. In North America, WNV has caused huge encephalitis epidemics and horse epizootics. It is remarkable how WNV, a virus from the Old World, has become adapted to an unprecedented American cycle⁴⁰. The reservoirs for WNV are wild birds, and many of them are long-distance migratory species. This is probably how the virus has spread so rapidly across the continental United States and into Canada and Mexico. Six years later, WNV could be found practically everywhere in North America⁴⁰. Thus, the virus has been moving southwards across the Americas. It was detected in the Cayman Islands in 2001, in the island of Guadeloupe and in Mexico in 2002, and in El Salvador and Cuba in 2003 and 2004. In 2005, WNV reached South America and was detected in horses in Colombia that were found having neutralizing antibodies²¹. In 2006, WNV was isolated from the brains of two horses with encephalitis in Argentina (Levis S: personal communication, 2006).

The emergence of WNV in Brazil is highly likely, considering that many of the reservoir birds migrate from the Northern Hemisphere to Brazil. Brazil also has a huge variety of bird species including some that have previously been found to be WNV reservoirs, such as *Passer domesticus*, which is abundant in urban areas, alongside *Culex* mosquitoes^{21 40}. However, a serological survey of 5,000 wild birds from different Brazilian regions in 2004 did not detect animals infected by WNV (Araujo AA: personal communication, 2005).

The Oropouche virus causes outbreaks of acute febrile dengue-like illness including some meningitis cases. It was first isolated in 1955, from a febrile forest worker in Trinidad¹. The first urban outbreak of OROV fever was reported in Belém (Brazil) in 1961, with approximately 11,000 cases. Subsequently, more than 30 outbreaks have been reported in the Amazon and Central Plateau regions, reaching in some cases up to 100,000 human infections. OROV has become the second most frequent arbovirus in terms of numbers of reported cases in Brazil, only supplanted by dengue. OROV fever outbreaks have also been reported in other countries, such as Panama in 1989 and Peru in 1992³⁷.

The original sylvan cycle of OROV includes sloths as reservoirs and *Aedes serratus* and *Culex quinquefasciatus* as vectors. Curiously, this virus has adapted to an urban epidemic cycle that involves man as the reservoir and *Culicoides paraensis* (*Ceratopogonidae*) as the vector³⁷.

The Oropouche virus can mutate in nature and may also be responsible for new viruses such as the Jatobal virus, which was isolated in the Amazon Region from *Nasua nasua*. This virus, which has never been reported to infect man, has an S-RNA segment that is very similar to that of OROV and an M-RNA segment that is probably from another Simbu serogroup, *Orthobunyavirus*. Thus, the Jatobal virus is probably a natural mutant that originated by rearrangement of the OROV genome with that of another *Orthobunyavirus*²⁶. This rearrangement mechanism might generate highly virulent mutants.

The Oropouche virus has also been found circulating outside of the Amazon region. In 2003, OROV was isolated from a *Callithrix*

primate captured on the Brazilian Central Plateau, in the southeastern region, not far from large cities such as Belo Horizonte and Brasília (the capital of Brazil)²³. Previously, in 1985, individuals presenting neutralizing antibodies for OROV were reported in the area. Moreover, OROV antibodies were also observed in two wild birds captured in the southern region (Araujo AA: personal communication, 2005). Considering that *Culicoides paraensis* is present in low-altitude areas of the whole country, as well as in most of the Americas, there is a risk of OROV emergence on the heavily populated northeastern and southeastern coasts of Brazil, thus causing epidemics¹⁰.

The ten arboviruses mentioned above have the potential to become important public health problems in Brazil over the coming years and deserve surveillance as part of effective control programs for humans and domestic animals. This surveillance needs to be able to detect the first cases of these emerging arboviruses, and rapid laboratory diagnosing of suspected cases followed by control measures is fundamental for this. Without a vigilant surveillance system, these pathogens could go unnoticed until they cause large outbreaks.

In cases of acute febrile illness outbreaks of MAYV, SLEV, CHIKV and OROV, laboratory diagnosing of suspected cases is fundamental because these viruses cannot easily be differentiated from other viral diseases, such as dengue, and may remain unknown.

Chikungunya virus surveillance should be carried out at Brazilian seaports and international airports, to search for suspect cases and eliminate imported mosquitoes.

West Nile virus in Brazil could remain silent because of cross-immune protection of native birds due to previous native flavivirus infection or because of lack of an enabling bridge vector that feeds on the blood of birds, humans and horses. The virus could produce a small number of human cases and remain undetected, or it could cause large human outbreaks and epizootics among horses. For early detection of the introduction of WNV, in addition to wild bird surveillance, efficient and active surveillance of central nervous system infections of humans and horses needs to be implemented throughout the country. SLEV, VEEV IC and EEEV may also produce human and horse meningoencephalitis and surveillance of central nervous system infections, in both species, is necessary to detect these viruses. ROCV deserves surveillance for human meningoencephalitis only.

Aedes aegypti control is important for combating the urbanization of YFV. However, *Aedes aegypti* control has not been very successful in many parts of the country. Thus, the reason why YFV has not become reurbanized in Brazil may be the high level of immunized people acting as a barrier. However, it is important to continuously vaccinate, especially for children, in order to obtain complete protection against YFV for next generation of Brazilians.

Finally, the threat of outbreaks of ROCV, SLEV and WNV should stimulate the development of a broad-reactive Japanese encephalitis complex vaccine that offers protection in relation to all these viruses.

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