SHORT COMMUNICATION

Ovarian follicular cycle of *Tropidurus hispidus* and *Tropidurus semitaeniatus* (Squamata: Tropiduridae) in a semiarid region of Brazil

Hellen S. Santos¹, Jamile M.S. Santos¹, Maria H.T. Matos¹, Naisandra B. Silva², Eliza M.X. Freire³ & Leonardo B. Ribeiro¹

ABSTRACT. The reproductive cycle of Squamata reptiles is often associated with environmental conditions, such as rainfall. In this respect, seasonal variations may affect the morphology of the ovarian follicles, which are associated with vitellogenesis. The present study describes histological alterations in the ovarian cycle of two lizard species, *Tropidurus hispidus* (Spix, 1825) and *Tropidurus semitaeniatus* (Spix, 1825), which inhabit a caatinga region in the state of Rio Grande do Norte. Our goal was to identify morphological differences in the ovarian follicles at each phase of vitellogenesis and to ascertain if they are associated with rainfall. Three follicular phases were identified in both species: previtellogenesis, vitellogenesis and follicular atresia. An additional phase, the luteal, was found only in *T. hispidus*. During the development of these phases, vitellus was deposited inside the oocyte and there were identifiable alterations in the granulosa and thecal layers. Rainfall was found to influence the gonadal cycle.

KEY WORDS. Ovarian stages; reproductive cycle; semiarid; vitellogenesis.

A wide range of reproductive strategies occur among Squamata (Zug et al. 2001), and these strategies vary within and between species. These differences are due to phylogenetic history, the morphological characteristics of the different lineages and their adaptive responses to environmental conditions (Adolph & Porter 1993, Ramírez-Bautista et al. 1998). The temporal pattern of reproduction in Squamata is often associated with limiting environmental conditions. In temperate regions, reproductive activity is seasonal and is governed by temperature and day length (Meshaka et al. 2006). In tropical regions, by contrast, where limiting environmental factors are not always easy to identify, Squamata exhibit a wide variety of reproductive patterns, from continuous reproductive cycles to strictly seasonal reproduction (Clerke & Alford 1993, Vitt 1992). However, in tropical environments that exhibit seasonal variation, the reproductive cycles of lizards are often correlated with rainfall (Ávila et al. 2008, Van Sluys et al. 2002): the reproductive activities of a large number of tropical lizards decrease or come to a halt during the dry season (FITCH 1982).

Traditionally, two hypotheses have been advanced to explain reproductive seasonality in tropical lizards: 1) microhabitats with adequate humidity for egg development become

limited (Wiederhecker et al. 2002), and 2) food resources for reproduction and/or offspring development become scarce (Vrcibradic & Rocha 1998) during certain periods. Furthermore, a series of studies have revealed the influence of temperature, rainfall and day length on lizard reproduction – e.g., *Tropidurus torquatus* (Wied-Neuwied, 1820) (Wiederhecker et al. 2002); *Eurolophosaurus nanuzae* (Rodrigues, 1981) (Galdino et al. 2003); *Cercosaura schreibersii* Wiegmann, 1834; and *Contomastix lacertoides* (Duméril & Bibron, 1839) (Balestrin et al. 2010).

The reproductive cycle of *Tropidurus* (Tropiduridae sensu Frost et al. 2001), a genus that includes oviparous species that are primarily insectivores and heliophiles (Van Sluys 1992, Vitt 1995) and which occur in open habitats of South America (Frost et al. 2001, Rodrigues 1987), follows a seasonal pattern. The seasonal reproductive cycle of the following species has been documented *Tropidurus spinulosus* (Cope, 1862) (Cruz et al. 1997), *Tropidurus itambere* Rodrigues, 1987 (Van Sluys 1993), *Tropidurus montanus* Rodrigues, 1987 (Van Sluys et al. 2002) and *T. torquatus* (Wiederhecker et al. 2002).

Folliculogenesis in both oviparous and viviparous species is characterized by changes in the layers that surround the oocyte (granulosa and thecal layer), as well as in the ooplasma,

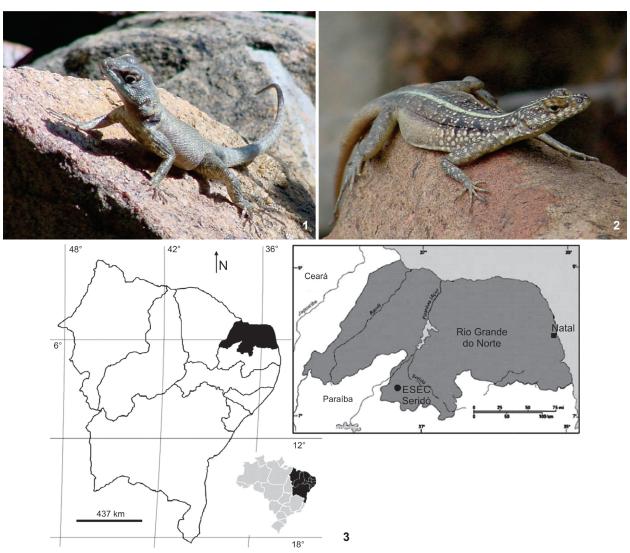
¹Universidade Federal do Vale do São Francisco. Campus Ciências Agrárias, BR 407 km 12, Lote 543, Distrito de Irrigação Senador Nilo Coelho, 56300-990 Petrolina, PE, Brazil. E-mail: leonardo.ribeiro@univasf.edu.br

²Departamento de Morfologia, Centro de Biociências, Universidade Federal do Rio Grande do Norte. Campus Universitário Lagoa Nova, 59072-970 Natal, RN, Brazil.

³Departamento de Botânica, Ecologia e Zoologia, Centro de Biociências,Universidade Federal do Rio Grande do Norte. Campus Universitário Lagoa Nova, 59072-970 Natal, RN, Brazil.

during vitellus deposition (Manes et al. 2007, Moodley & Van Wyk 2007). To better understand the influence of seasonality on the reproductive activity of lizards, ovarian histological studies seek to characterize the phases of folliculogenesis in different seasons (Goldberg 1970, Manes et al. 2007). In a previous study we conducted seasonal analyses of the reproductive activity and fat body mass in females and males of *T. hispidus* and *T. semitaeniatus* (Ribeiro et al. 2012). Histological and cytological descriptions of the reproductive activity of Brazilian lizards, particularly those inhabiting the Caatinga, are scarce. In the present study we describe folliculogenesis in *T. hispidus* and *T. semitaeniatus*, two lizard species that inhabit the caatinga of northeastern Brazil.

The study of the ovarian follicles of T. hispidus and T. semitaeniatus (Figs. 1 and 2) was conducted at the Cell Biology/Cytology and Histology Laboratory of the Agrarian Sciences Campus of the Universidade Federal do Vale do São Francisco, Petrolina, state of Pernambuco, between August 2013 and February 2014. A total of 60 lizards, $34\ T$. hispidus (dry, n=22; wet, n=12) and $26\ T$. semitaeniatus (dry, n=12; wet, n=14), were collected from the Ecological Station of Seridó (ESEC Seridó), Serra Negra do Norte, state of Rio Grande do Norte (Fig. 3), between October 2006 and May 2008. The climate there is semiarid (AB'SABER 1974), with a short wet season between March and May and average annual rainfall ranging between 500 and 700 mm.



Figures 1-3. (1-2) Specimens of *Tropidurus hispidus* (1) and *Tropidurus semitaeniatus* (2) at the Ecological Station of Seridó, Brazil. (3) Location of the Ecological Station of Seridó (black circle = ESEC Seridó) in the southwest portion of the state of Rio Grande do Norte, Brazil.

88 H.S. Santos et al.

Gonads previously embedded in paraffin blocks were sectioned at 5 µm thick. Next, slides were prepared using the hematoxylin-eosin (HE) staining technique. Slides were analyzed under an optical microscope for morphological characterization of the ovarian follicles. Structures such as the granulosa and thecal layer cells, the vitelline membrane and the vitelline reservoir in the ooplasma were observed. The arrangement of these structures allowed us to determine the phases of folliculogenesis in these lizards. Images of these follicular phases were photographed with a digital camera coupled to a microscope and were labeled with the season in which the animals were collected.

Clutch size was estimated consistent with a previous study (see Ribeiro et al. 2012) by counting the number of vitellogenic follicles or eggs in the oviducts. In the case of females with simultaneous occurrence of vitellogenic follicles and eggs in the oviducts or corpora lutea, clutch size was estimated only by the number of oviductal eggs. However, given that the folliculogenesis of tropical lizards, particularly in phylogenetically related species of Tropidurus, is poorly known, we had to compare our results with data on evolutionarily distant species, such as teiids, gekkonids and mabuyids. The rainfall data were obtained from the Laboratório de Recursos Hídricos e Saneamento Ambiental (LARHISA), the Federal University of Rio Grande do Norte, Natal, Rio Grande do Norte. The relationship between number of reproductive lizards and monthly rainfall was tested using linear regression analysis (ZAR 1999). Statistical analysis was conducted using SPSS 13.0 and the significance level adopted was 0.05.

The histology of the ovary of *T. hispidus* and *T. semitaeniatus* revealed three gonad phases that are common to both species: pre-vitellogenic (Figs. 4 and 5), vitellogenic (Fig. 6) and follicular atresia (Figs. 7 and 8). An additional phase, corresponding to the post-ovulatory or luteal phase, was observed only in *T. hispidus* (Figs. 9 and 10). In *T. semitaeniatus*, luteal cell mass was not visualized in any section of the gonad. The snout-vent length (SVL) of females and sample size for

each reproductive condition, and a description of the folliculogenesis, are in Table I.

The pre-vitellogenic phase preceded the reproductive activity, with little deposition of vitellus granules in the cytoplasm of the oocyte (Fig. 4). The granulosa layer was formed by cuboid follicular cells that stratified and became polymorphic with their development, increasing the thickness of the granulosa. Pyriform cells were the largest granulosa cells, exhibiting a voluminous nucleus and thin, long apex facing the vitelline membrane of the oocyte. In this phase, small cells and the vitelline membrane can be observed (Fig. 5). While the exact function of the granulosa layer, in relation to pyriform cells, is uncertain, some authors consider that these cells play a role in vitellus production (Betz 1963, Goldberg 1970, Saha et al. 1984).

The vitellogenic phase (Fig. 6) was characterized by intense vitellogenesis with a large number of vitellus granules filling the oocyte cytoplasm. The granulosa layer became thinner, with a single layer of cuboid cells, contrasting with the thecal layer, which became hypertrophied. Vitellus granules accumulated in the vitellogenesis phase will feed the future developing embryo (Varma 1970, Uribe et al. 1995). Vitellogenic ovarian hypertrophy marked the onset of the ovarian cycle of both species of *Tropidurus*. This observation is consistent with previous studies on *Hemidactylus mabouia* (Moreau de Jonnès, 1818) (Moodley & Van Wyk 2007).

The origin of the cells of the granulosa layer during folliculogenesis has been widely questioned. According to Betz (1963) and Boyd (1940), intermediate and pyriform cells emerge from the differentiation of small cells, each from a different lineage. On the other hand, Neaves (1971) and Van Wyk (1984) suggested that pyriform cells are derived from intermediate cells, which in turn, derive from small cells. Given that the cytological features of all three types of cells are similar, they may represent a sequence of development (Goldberg 1970). In the progression from the pre-vitellogenic to the vitellogenic phase there is a decrease in the size of the granulosa layer. In

Table I. Folliculogenesis in *Tropidurus hispidus* and *Tropidurus semitaeniatus*, indicating snout-vent length (SVL) of the females and sample size for each follicular phase with the basic description of the histological changes.

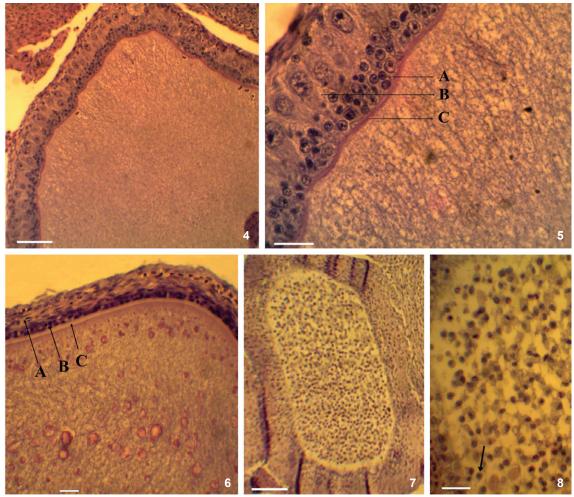
Vitellogenesis phases	SVL (mean ± standard deviation; range)		
	Tropidurus hispidus (N = 35)	Tropidurus semitaeniatus (N = 27)	Histology
Pre-vitellogenic	N = 24/84.1 ± 12.5; 56.1-103.6	N = 17/61.0 ± 8.8; 38.3-70.0	Little deposition of vitellus granules in the cytoplasm of the oocyte. Granulosa layer formed by cuboid follicular cells that stratify and become polymorphic with their development.
Vitellogenic	N = 8/89.0 ± 15.0; 66.5-104.0	N = 9/65.4 ± 3.0; 59.0- 69.0	Large number of vitellus granules fill the oocyte cytoplasm. Granulosa layer thin with a single layer of cuboid cells.
Atresia*	N = 1/90.7	N = 1/64.0	Polymorphic granulosa constituted of large, irregular cells with circular to oval nuclei. Numerous amoeboid macrophages indicate phagocytary activity.
Luteal	$N = 2/94.5 \pm 12.0$; 86.1-103.0	N = 0	Presence of a central mass of heterogeneous or luteal cells invaded by collagen fibers and fibroblasts.

^{*} Follicular atresia identified in the pre-vitellogenic phase.

H. mabouia, the granulosa becomes drastically reduced prior to the onset of the vitellogenesis (Moodley & Van Wyk 2007). It has been suggested that this reduction in size is associated with programmed cell death (apoptosis) (Motta et al. 1996).

Follicular atresia was characterized by a polymorphic granulosa layer, which consisted of large, irregular cells with circular to oval nuclei. With the progression of atresia, the granulosa hypertrophied and began to invade the oocyte. Although this phase can occur in both follicles during pre-vitellogenesis and vitellogenesis (Moodley & Van Wyk 2007), it is more common during pre-vitellogenesis (Gomez & Ramirez-Pinilla 2004). In our results, atresia was present only in the pre-vitellogenic phase of both species. Within the atresic follicle there are numerous amoeboid macrophages, indicating

phagocytary activity, thereby increasing vacuolization (Figs. 7 and 8). The hypertrophied theca and thin strands of thecal conjunctive tissue penetrated the granulosa tissue. Follicular atresia was completed with a mixture of granulosa layer cells, connective tissue of the thecal layer, fibroblasts and phagocytary cells distributed throughout the oocyte (see Goldberg 1970). The role of atresia can include limiting the number of eggs during a particular reproductive cycle through digestion and/or removal of ooplasma content (Hernandez-Franyutti et al. 2005). At ESEC Seridó, the average clutch size of *T. hispidus* was 8.1 ± 2.0 eggs, whereas that of *T. semitaeniatus* was 2.1 ± 0.6 eggs (Ribeiro et al. 2012). *Tropidurus semitaeniatus* individuals are dorsoventrally flattened and are morphologically and behaviorally adapted to utilize rock crevices to es-



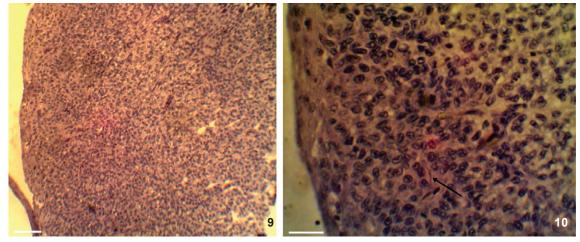
Figures 4-8. Follicular phase. (4-6) *Tropidurus semitaeniatus*: (4-5) pre-vitellogenic: small cells (A), granulosa layer with the presence of pyriform cells (B), vitelline membrane (C); (6) vitellogenic: thecal layer (A), note the thickness of the granulosa layer with a single strand of cuboid cells (B), pellucid zone around the radiate zone (C); (7-8) *Tropidurus hispidus*, follicular atresia, showing hypertrophy in the granulosa layer. Presence of amoeboid macrophages (arrow) and significant vacuolization. Scale bars: 4, 6, $7 = 100 \mu m$, 5, $8 = 30 \mu m$.

90 H.S. Santos et al.

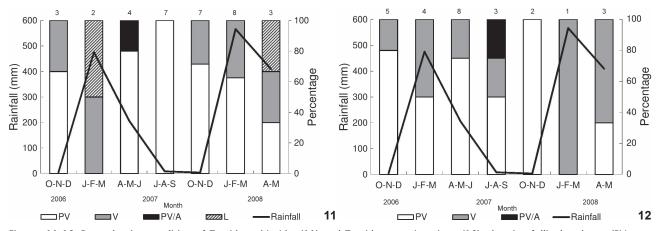
cape predation. According to Vitt (1981), if a species is relatively more adapted to crevices than a closely related species, as *T. hispidus*, its relative clutch mass should be correspondingly lower.

The post-ovulatory or luteal phase identified in *T. hispidus* was characterized by granulosa cells filling the follicular cavity forming a central mass of heterogeneous or luteal cells. This is consistent with observations made on *Salvator merianae* (Duméril & Bibron, 1839) (Manes et al. 2007). These cells exhibit basophil nuclei and their morphology varies from circular to oval. The difference between the inner and outer theca was not evident and collagen fibers and fibroblasts started to invade the center of the luteal cell mass (Figs. 9 and 10). Stud-

ies with reptiles have suggested that the role of the corpus luteum is to maintain embryonic development through the secretion of progesterone (GoMEZ & RAMÍREZ-PINILLA 2004, XAVIER 1987). Most reproductive activity of T. hispidus and T. semitaeniatus at ESEC Seridó occurred after the middle of the dry season and during the rainy season. This was confirmed by histological analyses showing the greater occurrence of ovarian follicles in the vitellogenesis phase (Figs. 11 and 12), corresponding to cyclical reproduction. The regression analysis indicated a relationship between the number of reproductive individuals and rainfall regimen at ESEC Seridó for T. hispidus (R = 0.561, df = 1, p = 0.01) and T. semitaeniatus (R = 0.637, df = 1, p = 0.003). Seasonal changes in ovarian folliculogenesis are



Figures 9-10. Follicular phase of *Tropidurus hispidus*, corpus luteum showing a mass filled with luteal cells. Cells with basophil nuclei and shapes varying from circular to oval. Presence of collagen fibers from the thecal layer (arrow). Scale bars: $9 = 100 \mu m$, $10 = 30 \mu m$.



Figures 11-12. Reproductive condition of *Tropidurus hispidus* (11) and *Tropidurus semitaeniatus* (12), showing follicular phases (PV: previtellogenic, V: vitellogenic, PV/A: pre-vitellogenic in atresia, L: luteal) in association with rainfall between October 2006 and May 2008 at the Ecological Station of Seridó, Brazil. Numbers above bars indicate sample size.

commonly reported in studies of temporal changes in the reproductive cycles of both oviparous (H. mabouia, S. merianae) and viviparous (Mabuya brachypoda) lizards (Moodley & Van Wyk 2007, Manes et al. 2007, Hernandez-Franyutti et al. 2005). Inasmuch as descriptions of cytological changes during the ovarian cycle have received little attention, the present study provides an unprecedented contribution to the histological characterization of the ovarian follicles of two species of lizards that are widely distributed in the semiarid region of Brazil. Furthermore, it revealed the existence of seasonal variation in the ovarian folliculogenesis of T. hispidus and T. semitaeniatus, in agreement with the results of other studies on Squamata reptiles. Modifications in the granulosa and thecal layers allowed a better understanding of the different phases of folliculogenesis. This folliculogenesis of the ovaries of both species of Tropidurus correspond to the general pattern described for oviparous lizards.

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92 H.S. Santos et al.

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