ZOOLOGIA 28 (1): 45–52, February, 2011 doi: 10.1590/S1984-46702011000100007

Atol das Rocas: an oasis for *Octopus insularis* juveniles (Cephalopoda: Octopodidae)

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ABSTRACT. The habitat, population density, distribution and diet of *Octopus insularis* Leite & Haimovici, 2008 were studied in the Atol das Rocas Biological Reserve, based on visual census carried out in fixed quadrants. For each octopus den, we collected data on octopus size, substrate, type of den, and food remains around it. A total of 100 octopus dens were found within the fixed quadrants. The highest density occurred at Mapas area (0.30 inds/100 m²) and the lowest at Crista Algálica (0.07 inds/100 m²). The preferred den type was the one on the reef bed (69%), reinforcing the importance of rocky substrates for this species. A total of 454 food items, classified into 22 distinct taxa, were collected. The class Crustacea was best represented, accounting for 70.5% of the total prey, followed by Gastropoda (22.4%), Bivalvia (6.4%) and Cephalopoda (0.7%). Five species represented more than 80% of all findings: the crabs, *Xanthodius denticulatus* White, 1848 (38.5%), *Microphrys bicornutus* (Latreille, 1825) (18.5%) and *Mithrax forceps* Milne-Edwards, 1875 (7.0%); and the gastropods *Hipponix* sp. (9.3%) and *Collisella* sp. (8.4%). The overwhelming preference for small crabs shows that *O. insularis* is a specialized predator. The strong presence of juveniles inside the ring reef indicates the importance of this location for the development of this octopus species in northeastern Brazil.

KEY WORDS. Diet; habitat; oceanic island; octopus.

Octopuses are soft-bodied epibenthic animals without external protection. Because they are vulnerable, the substrate where these animals choose to settle on, and the den they select for shelter after the paralarval planktonic period (Cushing 1982) have a significant influence on their distribution and survival (Hanlon & Messenger 1996).

Studies on habitat preferences of octopuses in tropical reefs have shown that a number of characteristics, such as den availability (Aronson 1986) and preference for reef edges (Forsythe & Hanlon 1997) affect octopus distribution. These animals are normally solitary and use cracks or crevices in rocks, empty shells, holes in reefs or even sandy-muddy bottoms as refuge sites where they feed and rest (Boycott 1954, Woods 1965, Altman 1967, Mather 1994).

In addition to substrate, den type and the availability of dens, the presence and abundance of suitable prey is another environmental factor that may influence the distribution, abundance and habitat preference of octopuses. Although these cephalopods are able to feed on a wide diversity of prey and are frequently considered generalist predators, studies have shown that the diet of octopuses may be influenced by both food preference and prey availability (HARTWICK *et al.* 1981, AMBROSE 1984, SCHEEL *et al.* 2007).

Studies using midden analysis have shown that, regard-

less of local prey diversity, only a few species are represented in the diets of octopuses. For instance, the analysis of middens of *Enteroctopus dofleini* (Wulker, 1910) in Alaska revealed that only five species accounted for more than 80% of the prey ingested (Vincent *et al.* 1998). These results are in agreement with those of Lette *et al.* (2009b) for the Fernando de Noronha Archipelago, which revealed that only two species of crabs represented more than 50% of the prey consumed, by *Octopus insularis* Leite & Haimovici, 2008, despite the large number of prey species (48) at the remains. This octopus species demonstrated a strong preference for small crustaceans, using a foraging strategy known as "time minimizing" (Stephens & Krebs 1986).

Although several studies in natural environments, mainly off islands of the Caribbean (Mather 1991), Pacific (Ibanez & Chong 2008) and Alaska (Scheel et al. 2007), have provided interesting and original results on the ecology and behavior of octopuses, this type of research in Brazil only began in1998, with the Cephalopoda Project. This project conducts research off oceanic islands such as those in the archipelagos of Fernando de Noronha, São Pedro and São Paulo Archipelago, and Atol das Rocas Biological Reserve. The main goal of the project is increasing our knowledge of the diversity, ecology, behavior and conservation of cephalopods that occur in these regions (Lette et al. 2008a, 2009a,b).

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Octopus insularis is the most common octopus species in shallow waters around these oceanic islands and at rocky beaches and reef systems along the northeast coast of Brazil (Lette *et al.* 2008b). It is a medium-sized octopus with mean mantle length of 120 mm and total weight of 1.5 kg. Live specimens vary from yellow to reddish brown.

In the present study, which is part of the Cephalopoda project, we analyze the distribution, abundance and diet of *O. insularis* (Lette *et al.* 2008a) at the Atol das Rocas Biological Reserve, the only atoll in the South Atlantic, and assess the importance of the Atol das Rocas for the development and life cycle of this species.

MATERIAL AND METHODS

The Atol das Rocas is a Biological Reserve that belongs to the state of Rio Grande do Norte (RN). It is located 144 nautical miles (267 km) to the east-northeast of the city of Natal, RN, and 80 nautical miles (148 km) to the west of the Fernando de Noronha Archipelago, in the state of Pernambuco (03°50'30"S and 33°49′29″W) (Fig. 1). The area of the Biological Reserve covers 360 km², including the atoll and surrounding waters up to the 1000 m isobath (Soares-Gomes et al. 2001). The atoll is composed mostly of coralline algae, represented mainly by Porolithon cf. pachydermum Foslie, 1909 (Soares et al. 2009). Vermitid gastropods and hermatypic corals also occur, the latter represented mainly by Siderastrea stellata Verrill, 1868 (Gherardi & Bosence 2001). During high tide, the entire atoll is covered with seawater, except for two small islands (Farol and Cemitério). During low tide, the reef flat is exposed, and several pools are formed (PAIVA et al. 2007). These pools consist of depressions in the reef and can reach lengths of 150 m and depths of 7 m. Their bottoms normally consist of carbonate sands. The climate is equatorial, with southeast trade winds and mean temperature of 26°C. The rainy season extends from March to July, similar to the Fernando de Noronha Archipelago (Gusmão 2005).

Data on distribution and abundance of *O. insularis* were collected using the method of visual censuses for fixed quadrants (Krebs 1999) in six areas of the Atoll (Farol, Cemitério, Mapas, Salão, Crista Algálica and Âncoras) (Fig. 2). Sampling was conducted during six expeditions to Atol das Rocas: September, 2003; January and November, 2004; April, 2005; November, 2007; and July, 2008.

Sampling was conducted in 50 x 50 m (2500 m²) quadrants, marked with buoys and subdivided into 25 smaller quadrants measuring 10 x 10 m (100 m²) (Lette *et al.* 2009a). Octopus dens, identified by the simultaneous presence of octopuses and food remains, were marked with numbered buoys.

The octopuses were classified into one of four size categories based on the length of the mantle (ML): extra-small (ES), ML less than or equal to 50 mm; small (S), ML between 51 and 80 mm; medium (M), ML between 81 and 100 mm; and large (L), ML greater than 100 mm. The ES and S octopuses were

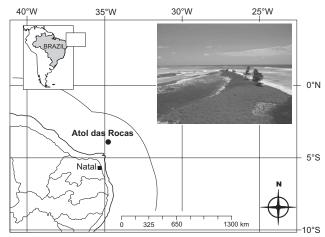


Figure 1. Location of Atol das Rocas, Rio Grande do Norte, Brazil.

considered juveniles, at gonadal stage I (ML < 65 mm) or subadults, at stage II (ML up to 80 mm) (T.S. Leite unpubl. data).

The occupied dens were classified into one of four categories: 1) Den on reef bed, octopus sheltered in a natural hole on reef bed without modification; 2) Horizontal Crevice, octopus sheltered in a crevice on hard substrate with signs of modification, like sand or rubble around it; 3) Vertical Crevice, octopus sheltered in a crevice perpendicular to the hard substrate; and 4) Unconsolidated Substrate, octopus sheltered between rock and sand (Lette et al. 2009a). Sampling took place only at low tides, due to better den visibility.

In the diet analysis, we considered the middens found in the dens occupied by octopuses both inside and outside the fixed quadrants (Lette *et al.* 2009a). The items were preserved in formaldehyde for subsequent identification at the lowest possible taxonomic level. Only recent remains, which had no algae growing on the inner surfaces of shells and carapaces, were taken into account.

The remains collected were analyzed in the laboratory with the help of a loupe and identified based on reference texts (Rios 1994, Melo 1996). The lengths and widths (in millimeters) of the bivalve, gastropod shells and crab carapaces were measured with a pachymeter.

Statistics 7 and SPSS software were used for data analysis and statistical testing. The following statistical tests were performed: Student's t-test, one-way ANOVA, with post hoc tests (Unequal N) when necessary, contingency tables (contingency coefficient) and normality test. All the statistical tests were considered significant with p < 0.05.

RESULTS

Octopus insularis was found on the reef ring of the Atol das Rocas or in inner pools whose high tide did not exceed 2.6 m. The substrates where the octopuses occurred were char-

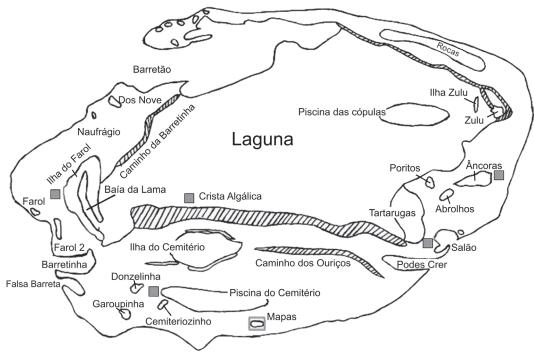


Figure 2. Map of the Atol das Rocas, with squares indicating the location of the sample areas.

acterized by the presence of calcareous algae and corals, the main atoll-forming organisms (Kikuchi 2002) (Tab. I).

Sampling yielded a total of 133 octopuses, of which 100 (16 extra small, 59 small, 14 medium and 11 large) occurred in the quadrants. Other 33 were observed outside the quadrants during walks on the reef ring or in the tide pools formed during low tide.

The mean density inside the sampled areas ranged from 0.07 individuals/100 m² (Crista Algálica) to 0.30 individuals/ 100 m² (Mapas), with an over-all mean of 0.18 ind/100 m² (Tab. II). The mean density varied from 0.16 to 0.36 ind/100 m² in the rainy season (M = 0.24 ind/100 m²) and from 0.04 to 0.24 ind/100 m² (M = 0.15 ind/100 m²) during the dry season (Tab. II), but these variations were not statistically significant (t-test, p > 0.05).

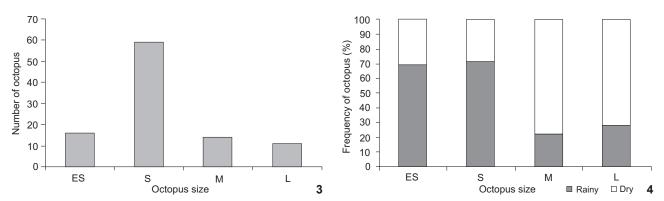
Considering the four size categories, overall distribution was normal, with most octopuses classified into the intermediate category, defined as small (S) (χ^2 = 50.80, df = 3, p < 0.0001) (N = 59) (Fig. 3).

The small and extra-small octopuses occurred with more frequency in the rainy season, when 90% (N = 53) of the animals were classified into these two categories. The medium and large octopuses were most frequent in the dry season (76%, N = 19) (Contingency table: Contingency coefficient = 0.381 (4 x 2); df = 3; p < 0.05) (Fig. 4).

Among the four den types, the vertical crevice was the least occupied (N = 4), whereas the den on the reef bed was the most (N = 69), with no differences in relation to [octopus] size (Contingency table, p > 0.05). There was also no significant correlation between size and sample areas (Contingency table, p < 0.05).

Table I. Description of habitats of the six sampled areas in Rocas Atoll.

Area	Description		
Âncoras	Reef bed containing tidepools with hard substrate bottoms, presence of algae		
Cemitério	Reef bed containing tidepools with sandy bottoms		
Crista Algálica	Relatively dry reef bed, presence of numerous algae		
Farol	Reef bed, very rocky and tidepools containing sandy bottoms		
Mapas	Reef bed near the edge of the ring, presence of numerous algae and tidepools with sandy bottoms		
Salão	Reef bed with tidepools and numerous algae		



Figures 3-4. (3) Total number of *Octopus insularis* found on Atol das Rocas, distributed among the four size categories. (4) Frequency of octopuses in the four size category (*Octopus insularis*) in relation to season of the year sample areas of Atol das Rocas.

Table II. Mean density of *O. insularis* by sample area and by season of the year, between 2003 and 2008, in the Rocas Atoll Biological Reserve.

Area	Mean (ind/100 m²)	Rainy (ind/100 m²)	N	Dry (ind/100 m ²)	N
Cemitério	0.20	0.25	3	0.10	2
Crista Algálica	0.07	0.12	1	0.04	2
Âncoras	0.24	0.24	1	0.24	1
Farol	0.18	0.28	2	0.12	3
Mapas	0.30	0.36	1	0.24	1
Salão	0.17	0.16	2	0.18	3
Mean	0.18	0.24		0.15	

A total of 454 items were found in the middens of 110 dens and classified into four taxa: Crustacea (70.5% N = 320), Gastropoda (22.5% N = 102), Bivalvia (% N = 6.3%, N = 29) and Cephalopoda (0.7% N = 3). Only five species accounted for more than 80% (N = 371) of all findings: the crabs *Xanthodius denticulatus* White, 1848 (38.5%), *Microphrys bicornutus* (Latreille, 1825) (18.5%) and *Mithrax forceps* Milne-Edwards, 1875 (7%), and the gastropods *Hipponix* sp. (9.3%) and *Collisella*

sp. (8.4%) (Tab. III). With respect to the relative presence of prey classes in each area, the Crustaceans were more common at Crista Algálica (38.75% of N = 320) followed by Cemitério (22.5%), whereas Bivalvia and Gastropoda were found mainly at Cemitério (Bivalvia, 62.07% of N = 29 and Gastropoda, 39.21% of N = 102) (Fig. 5). Cephalopoda was not included in this analysis because it was represented by only a few individuals (N = 3).

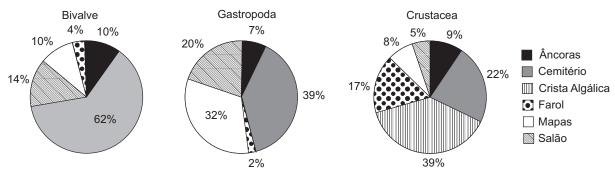


Figure 5. Frequency of occurrences of the food remains (Crustacean, Gastropoda and Bivalve) identified in the dens of *Octopus insularis*, in relation to the sample areas of Atol das Rocas.

Taxon **Species** Total number % Occurrence in dens % occurrence Crustacea Xanthodius denticulatus 175 38.5 58 53.2 Crustacea Microphrys bicornutus 84 18.5 36 33.0 Gastropoda Hipponix sp. 42 9.3 17 15.6 Gastropoda Collisella sp. 38 8.4 22 20.2 Crustacea Mithrax forceps 32 7.0 15 13.8 Bivalvia 18 4.0 5 Chione intapurpurea 4.6 Crustacea Mithrax verrucosos 14 3.1 9 8.2 Crustacea 10 2.2 7 6.4 Teleophrys pococki Gastropoda Fissurella rósea 9 2.0 7 6.4 Gastropoda Astraea tecta olfersii 6 1.3 2 1.8 Bivalvia Brachidontes exustus 5 1.1 2 1.8 Bivalvia 4 0.9 2 1.8 Species 1 Crustacea Calappa ocellata 3 0.7 3 2.7 3 0.7 3 2.7 Gastropoda Leucozonia nassa Cephalopoda 3 0.7 3 27 Octopus sp. Bivalvia Codakia orbicularis 2 0.4 2 1.8 0.9 Crustacea Calappa gallus 1 0.2 1 Crustacea Carpilius corallinus 1 0.2 1 0.9 0.9 Gastropoda Cypraea cynerea 1 0.2 1 Gastropoda Species 1 1 0.2 1 0.9

1

1

0.2

0.2

Table III. Prey of O. insularis (n = 473) found in the middens on Rocas Atoll, between 2003 and 2008.

The total number of prey remains in octopus dens per expedition varied from 1 to 66 – Mean (M) = 18.16 and Standard Deviation (SD) = 18.21 – among the sample areas. The greatest mean value was found for dens at Crista Algálica (M = 31 from 14 dens) and the smallest at Salão (M = 9.5, from 13 dens).

Nassarius albus

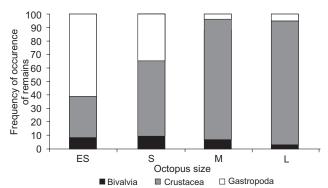
Volvarina sp.

Gastropoda

Gastropoda

The number of prey species identified per den (richness) among the sampling areas varied from 1 to 10, and the total density of prey per den ranged from 1 to 37 (M = 4 and SD = 4.7). The large octopuses left the largest number of remains (M = 9.9 remains/octopus), followed by medium-sized individuals (M = 7.9 remains/octopus), small (M = 3.3 remains/octopus) and finally extra-small animals (M = 2.4 remains/octopus). With the exception of the extra-small octopuses, crustaceans were the prey most consumed by octopuses in all size categories: small (56.4%), medium (90.0%) and large (92.5%). Only the extra small octopuses consumed more gastropods (61.5%) (Fig. 6).

Only two main species were used in the analysis of prey size variation in relation to octopus size, *X. denticulatus* and *M. bicornutus*, given that these species accounted for more than 50% of the total remains. These two crab species showed significant differences in carapace width (CW) (*X. denticulatus*:



1

1

0.9

0.9

Figure 6. Frequency of occurrences of the food remains (Crustacean, Gastropoda and Bivalve) identified in the dens of *Octopus insularis*, in relation to the four octopus sizes categories.

CW, 4 to 34 mm; M = 18.5 mm; N = 175; and M. bicornutus: CW, 8 to 23 mm; M = 14.1 mm; N = 84) (t-test, p < 0.05). The greatest size frequency found for M. bicornutus was between 10 and 16 mm wide, whereas most of the X. denticulatus had carapace width between 16 and 22 mm (Fig. 7).

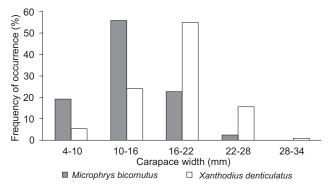


Figure 7. Carapace size distribution of the two main prey species (*Xanthodius denticulatus* and *Microphrys bicornutus*) identified in the food remains of *Octopus insularis* dens, at Atol das Rocas.

The mean width of *X. denticulatus* carapaces in relation to octopus size (Extra Small, M = 19.2 mm; Small, M = 17.1 mm; Medium, M = 18.9 mm; Large, M = 20.0 mm) was significantly different when small and large octopuses were compared (ANOVA, F = 647.39; df = 1; p < 0.05; Post hoc test, df = 171.00; MS = 19.714). For *M. bicornutus*, a slight increase in average prey carapace width was not associated with a significantly greater octopus size (Extra Small, M = 12.5 mm; Small, M = 13.2 mm; Medium, M = 14.00 mm; Large, M = 16.0 mm) according to the results of the post hoc test. This relationship, however, was significant based on the ANOVA (F = 1577.49; df = 1; p < 0.05).

DISCUSSION

The abundance of juveniles of *O. insularis* inside the ring of the Atol das Rocas indicates that this environment offers plenty of shelter for the development of the early life stages of this octopus. The substrate of the reef bed has many natural holes and dens (Kikuchi 2002, Paiva *et al.* 2007) that can be used for that purpose. Additionally, the great numbers of juveniles inside this biological reserve may also be a result of the abundance of favorite food items, such as the small crustaceans that live inside the reef's hard substrate.

Two other factors may also account for the strong presence of *O. insularis* juveniles inside the Atol das Rocas. First, the area surrounding the entire Atoll is protected and fishing is forbidden (Law 83.549, of July 5, 1978); second, other octopus species are rare in the area, decreasing competition for resources and habitat (Lette & Haimovici 2006). The Atoll has been described as a breeding and nursery ground for different marine species, such as the lemon shark (Wetherbee *et al.* 2007) and the green turtle (Marcovaldi & Marcovaldi 1999), in addition to sheltering the largest marine bird population in the country (Schulz Neto 1998). According to this study, Atol das Rocas can also be considerate a nursery for *O. insularis*.

The relative abundance of O. insularis found for the fixed quadrants of the Atol das Rocas was similar to that found for Fernando de Noronha (0.12 to 0.88 ind./100 m²) (Lette et al. 2009a), confirming that O. insularis is relatively more abundant than other octopus species (LEITE & HAIMOVICI 2006) in the shallow warm waters of northeastern Brazil. The elevated density of this species in tropical islands can be confirmed when compared with other studies from subtropical and temperate regions, such as E. dofleini in Alaska (0.072 to 0.085 ind/100 m²) (Scheel et al. 2007) and Octopus vulgaris Cuvier 1797, in Greece (0 to 0.34 ind/100 m²) (Katsanevakis & Verriopoulos 2004). This difference could be associated with a restricted availability of the preferred substrates and niche restrictions off oceanic islands, which may increase the concentrations at the available habitats. Another explanation, as mentioned above, is the presence of protected areas around the Fernando de Noronha Archipelago and Atoll das Rocas

The small variations in density among the sampled areas within the reef ring of the atoll is likely due to the relatively homogenous substrate, with slight variations only in the number and size of crevices and tide pools that serve as shelter. The slightly greater number of individuals observed at the Mapas, Âncoras and Cemitério areas could reflect the deeper tide pools, which provide more water-filled dens, thereby reducing the possibility of den exposure at low tide. By contrast, the lower population densities at Crista Algálica area may result from its greater distance from the edge of the ring, and sun exposure for longer periods, what causes tide pools and crevices to dry out.

Although relative abundance of *O. insularis* did not vary between the two sampling seasons, consistent with the results obtained by Lette *et al.* (2009a) for the same species in Fernando de Noronha, smaller individuals were more common in the rainy season, whereas medium-sized and large individuals were more frequent in the dry season. This difference may be related to favoring the rainy season for reproduction. Rain is also cited as probable factor that could affect benthonic larval supply and attachment to the substrate at tropical environment (LOPEZ & COUTINHO 2008).

The concentration of octopuses in dens on the reef bed confirms the importance of rocky substrates for the distribution of juveniles of *O. insularis* (Lefte *et al.* 2009a). It is important to consider that adult octopuses often modify their dens, collecting shells and rocks (Woods 1965, Mather 1994), whereas juvenile octopuses prefer dens that are ready-to-use, such as the crevices found on the reef bed.

Octopus insularis in Atol das Rocas favored small crabs and mollusks, confirming that this species uses the foraging strategy known as "time minimizing" (Stephens & Krebs 1986), as described by Lefte *et al.* (2009b) for this octopus at the Fernando de Noronha Archipelago.

A preference for crustaceans was also observed in other species of octopus, such as *Octopus maorum* Hutton, 1880, in Tasmania (Grubert *et al.* 1999), and *E. dofleini*, in Alaska (Dodge

& Scheel 1999). This preference may reflect both the ease with which octopuses manage to open shells of small crustaceans and their high energy content (Scheel *et al.* 2007). Shells of bivalves and gastropods, on the other hand, cannot be opened as easily by octopuses and require more handling time (Steer & Semmens 2003).

Similar to the results found for *O. vulgaris* in South Africa (SMITH 2003), *Enteroctopus megalocyathus* (Gould, 1852) in Chile (IBANEZ & CHONG 2008) and *O. insularis* at the Fernando de Noronha Archipelago (Lette *et al.* 2009b), the size of the crustaceans preyed by *O. insularis* in Atol das Rocas varied only by a few millimeters in relation to the size of the octopus. The extra-small octopuses preferred smaller gastropods, whereas octopuses from other size categories preferred crustaceans. Small gastropods can be more easily captured by smaller octopuses because they do not move with the same agility as crustaceans.

The total number of prey species (N = 22) found in the middens is low when compared with the results of other studies: 48 species are consumed by *O. insularis*, at the Fernando de Noronha Archipelago (Leite *et al.* 2009b); 34 species by *E. dofleini*, in Alaska (Vincent *et al.* 1998); and 39 species by *O. vulgaris*, in South Africa (Smith 2003). This difference was probably due to the use of more than one food analysis technique (Smith 2003), or because samples were taken at different depths (Vincent *et al.* 1998, Leite *et al.* 2009b) Moreover, the atoll covers a small area compared with the areas of other study sites.

Although prey preference seems to be one of the factors influencing octopus distribution and abundance (Guerra 1981, Lette et al 2009a,b), our results do not indicate that the density of *O. insularis* among the sampled areas varied significantly with prey availability. For instance, Crista Algálica had the lowest octopus densities, even though it had the second greatest amount of remains. Because this area is located in the central portion of the atoll, it is more exposed to drying and does not have a constant current, a factor that causes midden piles to be carried away, far from the dens (Ambrose 1983, Mather 1991).

On the other hand, substrate uniformity in the inner area of the atoll, composed basically of incrusting coralline algae and, to a lesser extent, foraminifers, gastropod shells and corals (OLIVEIRA FILHO & UGADIM 1976), could offer an explanation for the low prey diversity in the dens of the different areas sampled.

ACKNOWLEDGMENTS

The co-authors dedicate this paper in memoriam of the biologist Helena F. Bouth. This testifies our gratitude to her hard work and dedication to marine biological research. We thank Maurizélia Brito and IBAMA for the logistical support at Atol das Rocas; Risonaldo Dantas for helping during the research; Breno Dutra for helping at the very beginning of this study; and Jennifer Mather, for careful review of this manuscript.

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Submitted: 12.I.2010; Accepted: 13.XI.2010. Editorial responsibility: Paulo da C. Lana