

Table S1 Vital sign, mood, emotion and cognition changes in each MDMA session, measured with the Subjective Units of Distress Scale (during), and the Mystical Experience Questionnaire (after)

	MDMA sessions		
	First	Second	Third
Patient 1			
Subjective Units of Distress Scale			
-60 min	6	5	5
0 min	5	6	6
60 min	5	6	7
120 min	4	5	7
180 min	7	5	7
240 min	NA	5	5
300 min	7	6	5
360 min	5	NA	NA
Mystical Experience Questionnaire			
1 Mystical	3.5	4	3.3
2 Positive mood	2.7	4	2.3
3 Transcending time and space	3	4.3	4
4 Ineffability	4.3	5	5
Mystical	no	yes	no
Vital signs			
Temperature (max, Celsius)	36.8	36.5	36.8
Blood pressure (max, systolic/diastolic, mmHg)	14.4/8.1	16.1/8.6	14.9/8.3
Heart rate (max, bpm)	90	99	97
Patient 2			
Subjective Units of Distress Scale			
-60 min	4	5	1
0 min	4	5	3
60 min	5	1	5
120 min	6	2	5
180 min	7	3	7
240 min	6	2	5
300 min	6	2	2
360 min	6	2	2
Mystical Experience Questionnaire			
1 Mystical	1.9	2.3	3.7
2 Positive mood	3.3	3.3	3.8
3 Transcending Time and Space	2.3	2.5	2.8
4 Ineffability	2.3	3.3	2.7
Mystical	no	no	no

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3,4-methylenedioxymethamphetamine (MDMA)-assisted psychotherapy for victims of sexual abuse with severe post-traumatic stress disorder: an open label pilot study in Brazil - Jardim A et al.

Vital physiologic signals

Temperature (max, Celsius)	36.5	36.5	36.4
Blood pressure (max, systolic/diastolic, mmHg)	13.3/8.0	15.4/10.1	16.8/7.7
Heart rate (max, bpm)	104	116	136

Patient 3

Subjective Units of Distress Scale

-60 min	2	2	3
0 min	3	2	2
60 min	2	2	2
120 min	2	2	2
180 min	2	2	2
240 min	2	2	2
300 min	NA	2	2
360 min	2	2	2

Mystical Experience Questionnaire

1 Mystical	0.9	0.5	0.4
2 Positive mood	1.8	1.3	1.7
3 Transcending Time and Space	0.3	0.3	0.2
4 Ineffability	1.7	1.3	1.7
Mystical	no	no	no

Vital signs

Temperature (max, Celsius)	36.6	36.7	36.7
Blood pressure (max, systolic/diastolic, mmHg)	16.7/8.6	14.9/8.8	15.4/9.3
Heart rate (max, bpm)	118	86	96

NA = not available.

Reference

Schenberg EE, Tófoli LF, Rezinovsky D, da Silveira DX. Translation and cultural adaptation of the States of Consciousness Questionnaire (SOCQ) and statistical validation of the Mystical Experience Questionnaire (MEQ30) in Brazilian Portuguese. *Arch Clin Psychiatry (São Paulo)*. 2017;44:1-5. <http://dx.doi.org/10.1590/0101-60830000000105>